Who Should Attend?

Physicians, registered nurses, nurse practitioners, physician assistants, pharmacists, social workers and other clinicians who work with older adults, and/or desire information about advances in treatments for our aging population.

April 24-26, 2015

Hilton Richmond Hotel
Short Pump / Richmond, Virginia

From the Greatest Generation
to Baby Boomers:
Practical Pointers and
Preventing Pitfalls

Jointly provided by Postgraduate Institute for Medicine and Virginia Geriatrics Society.

This program is endorsed by the Virginia Center on Aging (VCoA), Virginia Geriatric Education Center (VGEC), Hunter Holmes McGuire VA Medical Center, VCU Partnership in Geriatric Education, Virginia Health Quality Center (VHQC).

The Virginia Geriatrics Society -- Dedicated to advancing health care for the elderly -- www.VirginiaGeriatricsSociety.org

This program was made possible in part by Geriatric Training and Education (GTE) funds appropriated by the General Assembly of Virginia and administered by the Virginia Center on Aging at Virginia Commonwealth University.
April 24-26, 2015-- The 26th Annual Virginia Geriatrics Society Conference

The 26th Annual Virginia Geriatrics Society Conference

Hilton Richmond Hotel (Short Pump)
The Hilton Richmond Hotel & Spa will welcome our guests with charming Southern comforts and hospitality. Accommodations at the hotel will be available at reduced rates starting at $149 per night.

Reservations may be made by calling the Hilton directly at 1-800-445-8667 or online (Please mention you are with the Virginia Geriatrics Conference). Conference rates are available through Thursday, April 2, 2015.

Friends & Fun
From shopping at the nearby Short Pump Towncenter to dining in the historic Shockoe Slip district to visiting one of the many world-class museums in the area, there's something for everyone in Richmond. Learn more about things to do by visiting: www.visitrichmondva.com.

Richmond
As the capital of Virginia, Richmond invites the world to come explore her beauty, history and culture. Richmond abounds with opportunities for fun, recreation and relaxation.

Please plan to attend the Friday afternoon cocktail reception, immediately following the lectures. Saturday allows plenty of time to experience all the beauty, culture, history and atmosphere of Richmond.

Friday Reception
Join us Friday at 6:15 p.m. after the last general session to help kick-off the conference. We will enjoy the musical stylings of Martin Cruz on the keyboard and have light hors d’oeures during this one-hour reception.

This is the perfect opportunity to meet with the vendors whose support helps make the conference possible and network with attendees and speakers who work in the field of geriatric care.

Exhibitor Bingo
Don’t forget to visit each exhibitor booth while you’re at the conference and complete your exhibitor BINGO card. All completed cards will be entered in a drawing to win prizes at the meeting! Take advantage of scheduled times with exhibitors during breakfast and/or breaks on Friday through Sunday.
Course Description
This program has been designed to meet the educational needs of Physicians, Registered Nurses, Nurse Practitioners, Physician Assistants, Pharmacists, and Social Workers in the fields of geriatrics, family medicine and primary care and involved in the care of older patients.

Topics will include the latest information on diagnosis, management, treatment and health policy for common problems in the aging population. With its theme of “The Greatest Generation to Baby Boomers: Practical Pointers and Preventing Pitfalls”, the 26th annual meeting of the Virginia Geriatrics Society meeting will provide information designed for frontline care providers, including insight from experience and review of recent research which will help participants to improve their care of older adults.

Course Objectives
By the conclusion of this conference, attendees should be able to:
1. Discuss current management issues for individuals with dementia and implement an appropriate treatment plan.
2. Develop strategies to improve medication adherence in the older adult
3. Assess patients who would benefit from interventional pain management and initiate the referral.
4. List 3 changes in practice he/she will make as a result of attending this conference.
5. Provide accurate and appropriate counsel as part of the treatment team
6. Provide appropriate care and counsel for patients and their families

Educational Credit
Further information regarding educational credit will continue to be updated on the VGS website www.virginiageriatricssociety.org

Physician Continuing Medical Education
Accreditation Statement
This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine and Virginia Geriatrics Society. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation
The Postgraduate Institute for Medicine designates this live activity for a maximum of 20.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Pharmacist Continuing Education
Accreditation Statement
Postgraduate Institute for Medicine is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

Credit Designation
Postgraduate Institute for Medicine designates this continuing education activity for 20.0 contact hour(s) (20.0 CEUs) of the Accreditation Council for Pharmacy Education.

This activity will be approved for continuing pharmacy education. Please check the website for further information to be updated for ACPE credit at www.virginiageriatricssociety.org.

For Pharmacists: Upon receipt of the completed activity evaluation form, you will receive an email from the Postgraduate Institute for Medicine within 3 weeks with a link and directions to submit your credit to the NABP CPE Monitor Service.

Nursing Continuing Education
Credit Designation
This educational activity for 20.0 contact hours is provided by Postgraduate Institute for Medicine.

Accreditation Statements
Postgraduate Institute for Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Pharmacotherapy contact hours for Advance Practice Registered Nurses to be determined.

Social Worker Continuing Education
Social Worker Credit Designation
Course meets the qualifications for 20.0 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Science; Provider Number PCE5114.

Disclosure of Conflicts of Interest
Postgraduate Institute for Medicine (PIM) requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to PIM policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

Family Physician Medical Education
Accreditation Statement
This Live activity, The 26th Annual Virginia Geriatrics Society Conference - From the Greatest Generation to Baby Boomers: Practical Pointers and Preventing Pitfalls, with a beginning date of 4/24/15, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>6:30 a.m.</td>
<td>Registration/Exhibits Open</td>
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<tr>
<td>7:00 a.m.</td>
<td>Breakfast with Exhibitors</td>
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<tr>
<td>8:00 a.m.</td>
<td>Sleepless in Virginia - Sleep Disorders in the Older Person</td>
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<tr>
<td>9:00 a.m.</td>
<td>Sitting on the Dock of the Bay - Hypo and Hypernatremia in the Older Adult</td>
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<tr>
<td>10:00 a.m.</td>
<td>Morning Break with Exhibitors</td>
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<tr>
<td>10:20 a.m.</td>
<td>Medication Adherence: Drugs Don't Work for Patients Who Don't Take Them</td>
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<tr>
<td>11:20 a.m.</td>
<td>Sugar, Sugar - Managing the Brittle Diabetic</td>
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<tr>
<td>12:00 p.m.</td>
<td>Lunch with Exhibitors</td>
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<tr>
<td>12:50 p.m.</td>
<td>Douse My Fire - Diseases of the Upper GI Tract</td>
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<tr>
<td>2:50 p.m.</td>
<td>Afternoon Break with Exhibitors</td>
</tr>
<tr>
<td>3:15 p.m.</td>
<td>Enhancing Mobility and Reducing Fall Risk</td>
</tr>
<tr>
<td>4:15 p.m.</td>
<td>A New Approach to Sticky Valves - TAVR</td>
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<tr>
<td>5:15 p.m.</td>
<td>Needle in a Haystack - When and How to Screen</td>
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<tr>
<td>6:15 p.m.</td>
<td>Reception</td>
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<tr>
<td>6:45 a.m.</td>
<td>Breakfast with Exhibitors</td>
</tr>
<tr>
<td>6:45 a.m.</td>
<td>Registration/Exhibits Open</td>
</tr>
<tr>
<td>7:45 a.m.</td>
<td>Twist &amp; Don't Shout - Current Osteoporosis Treatment</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>These Boots Are Made for Walkin' - Managing Peripheral Edema</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Lonesome Days - Mental Health Issues in Older Persons</td>
</tr>
<tr>
<td>10:30 a.m.</td>
<td>Morning Break with Exhibitors</td>
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<td>12:15 p.m.</td>
<td>Lunch with Exhibitors</td>
</tr>
<tr>
<td>12:45 p.m.</td>
<td>Baby, Please Don't Go - Managing Incontinence, Prolapse, and Pelvic Pain</td>
</tr>
<tr>
<td>1:45 p.m.</td>
<td>Walk This Way - Foot Problems That Make a Difference in Staying Mobile</td>
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<tr>
<td>2:45 p.m.</td>
<td>State of the Art Interventional Radiology for the Geriatric Patient</td>
</tr>
<tr>
<td>6:45 a.m.</td>
<td>Breakfast</td>
</tr>
<tr>
<td>7:45 a.m.</td>
<td>Bridge Over Troubled Water - Dealing with the Thorny Side of Dementia</td>
</tr>
<tr>
<td>8:45 a.m.</td>
<td>The Long and Winding Road - Helping Families Cope with Dementia</td>
</tr>
<tr>
<td>9:45 a.m.</td>
<td>Thanks for the Memories: Strategies to Prevent Alzheimer's Dementia Risk</td>
</tr>
</tbody>
</table>

**Agenda**

Check for program updates or register online at www.VirginiaGeriatricsSociety.org
# Registration

## 2015 VIRGINIA GERIATRICS SOCIETY CONFERENCE

<table>
<thead>
<tr>
<th>Registration Type</th>
<th>Early Registration (before 3/28/2015)</th>
<th>Late Registration (after 3/28/2015)</th>
<th>Amount Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$500</td>
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</tr>
<tr>
<td>Physician Members</td>
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<td>$500</td>
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</tr>
<tr>
<td>Physicians-in-training</td>
<td>$400</td>
<td>$450</td>
<td></td>
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<tr>
<td>Pharmacists</td>
<td>$400</td>
<td>$450</td>
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<tr>
<td>Nurses / NPs</td>
<td>$400</td>
<td>$450</td>
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<tr>
<td>PAs / Social Workers</td>
<td>$400</td>
<td>$450</td>
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</tr>
<tr>
<td>Non-MD Members</td>
<td>$350</td>
<td>$400</td>
<td></td>
</tr>
</tbody>
</table>

**Daily Registration**

- **Friday** $345
- **Saturday** $255
- **Sunday** $195

**Conference Binder**

Printed conference binder $45 each

**VGS Member Dinner on Friday, April 24**

- Member Attendee Fee $10
- Member Attendee Guest Fee $10

**TOTAL**

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Name: ____________________________

Credentials: ____________________________

Discipline: ____________________________

Institution: ____________________________

**PHARMACISTS ONLY:** NABP ID No.: ____________________________ DOB: ____________________________

Home Address: ____________________________

City: ____________________________ State: ____________________________ Zip Code: ____________________________

Daytime Telephone: ____________________________, Email Address: ____________________________

Will you attend the Friday evening from 6:00 p.m. - 7:00 p.m.?  ✔ Yes  ☐ No

Are you a first time attendee?  ✔ Yes  ☐ No

How did you hear about the conference?  ✔ Postcard  ☐ Email  ☐ Website  ☐ Colleague Referral  ☐ AGS Email  ☐ Other __________

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You spoke, we listened—VGS is going green! In order to save paper and make for a less bulky registration pack, speaker presentations for this conference will be made available and updated for attendees on the conference website prior to the start date of the event. We encourage you to bring your laptops or other devices to the sessions in order to access learning materials, as needed during the conference, without the need for paper copies. Printed conference binders will only be available upon request for a nominal fee. Due to the lead time for printing binders, materials submitted for the print version may not be the most current versions available.

Mail or fax registration form to Sherry Whiting, VGS Conference Coordinator, 250 West Main Street, Suite 100, Charlottesville, VA 22902 or fax to (434) 979-2439. To pay by credit card, registration is available online at www.vgsconference.org.

For phone inquiries or special needs contact Sherry Whiting at (434) 326-9842. No registration refunds will be given after April 3, 2015. Refund requests made before April 3 will be subject to a $50 administrative fee.