



**VIRGINIA ACADEMY  
OF  
FAMILY PHYSICIANS**

**2017  
ANNUAL REPORT**

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## 2017 ANNUAL BUSINESS MEETING AGENDA

- I. Call to Order  
Lindsey D. Vaughn, MD, FAAFP  
VAFP President
- II. Welcome and Introductions
- III. President's Report
- IV. Election of 2017-18 VAFP Officers and Directors
- V. Legislative Report  
Hunter Jamerson, JD, MBA  
VAFP General Counsel & Legislative Consultant
- VI. Adjournment

### **VIRGINIA ACADEMY OF FAMILY PHYSICIANS**

#### **VAFP Vision Statement**

The vision of the VAFP is for Virginia to be the best place for our citizens to receive their healthcare and for family physicians to practice medicine.

#### **VAFP Mission Statement**

The mission of the VAFP is to empower its members to be personal physicians who provide high quality, accessible health care, dedicate themselves to the well-being of the citizens of Virginia, and are guided by the principle that the family physician is the specialist of choice for lifelong health care.

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## 2016-2017 OFFICERS, DIRECTORS AND EX OFFICIO MEMBERS

### PRESIDENT

Lindsey D. Vaughn, MD, FAAFP  
Suffolk

### PRESIDENT ELECT

Rupen S. Amin, MD, MBA, FAAFP  
Harrisonburg

### FIRST VICE-PRESIDENT

Delmas J. Bolin, MD, PhD, FAAFP  
Roanoke

### IMMEDIATE PAST PRESIDENT

Charles O. Frazier, MD, FAAFP  
Williamsburg

### TREASURER

Dena R. Hall, MD  
Suffolk

### SECRETARY

Robert I. Elliott, MD, FAAFP  
Hurt

### EXECUTIVE VICE PRESIDENT

Mary Lindsay White, MHA  
Richmond

### 2017 DIRECTORS

Susan D. Hundley, MD  
Clarksville  
Brian K. Unwin, MD, FAAFP  
Roanoke  
Michelle E. Kingsbury, MD, FAAFP  
Virginia Beach

### 2018 DIRECTORS

Jerome A. Provenzano, MD  
Newport News  
Emmeline C. Gasink, MD, FAAFP  
Newport News  
J. Scott Litton, MD, FAAFP  
Pennington Gap

### 2019 DIRECTORS

David S. Gregory, MD, FAAFP  
Lynchburg  
Neeta Goel, MD  
Leesburg  
Daniel F. McCarter, MD  
Nellysford

### AAFP DELEGATES

Sterling N. Ransone, Jr., MD, FAAFP  
Deltaville  
Jesus L. Lizarzaburu, MD, FAAFP  
Grafton

### AAFP ALTERNATE DELEGATES

E. Mark Watts, MD, FAAFP  
Vinton  
Kent E. Willyard, MD  
Newport News

### MSV DELEGATE

Lindsey D. Vaughn, MD, FAAFP  
Suffolk

### MSV ALTERNATE DELEGATE

Rupen S. Amin, MD, MBA, FAAFP  
Harrisonburg

### EX OFFICIO MEMBERS

Brian A. Dickens, DO  
Salem  
Michael P. Jeremiah, MD, FAAFP  
Roanoke  
Anton J. Kuzel, MD, FAAFP  
Richmond  
Christine C. Matson, MD, FAAFP  
Norfolk  
M. Norman Oliver, MD  
Charlottesville

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## **2017-2018 NOMINEES FOR OFFICERS, DIRECTORS AND AAFP & MSV REPRESENTATIVES**

### **PRESIDENT ELECT**

Delmas J. Bolin, MD, PhD, FAAFP  
Roanoke

### **AAFP DELEGATE**

Sterling N. Ransone, Jr., MD, FAAFP  
Deltaville

### **FIRST VICE PRESIDENT**

Emmeline C. Gasink, MD, FAAFP  
Newport News

### **AAFP ALTERNATE DELEGATE**

E. Mark Watts, MD, FAAFP  
Vinton

### **SECRETARY**

Charles O. Frazier, MD, FAAFP  
Williamsburg

### **MSV DELEGATE**

Rupen S. Amin, MD, MBA, FAAFP  
Harrisonburg

### **2018 DIRECTOR**

Robin N. Anderson, MD  
Virginia Beach

### **MSV ALTERNATE DELEGATE**

Delmas J. Bolin, MD, PhD, FAAFP  
Roanoke

### **2020 DIRECTORS**

Amber Fedin, DO  
Danville

Jeffrey B. Roberts, MD  
Richmond

Sebastian Tong, MD, MPH  
Richmond

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## COMMITTEE CHAIRS

### CME/PROFESSIONAL DEVELOPMENT

Mitchell B. Miller, MD, FAAFP

Kurtis S. Elward, MD, MPH, FAAFP

### EXECUTIVE

Lindsey D. Vaughn, MD, FAAFP

### FINANCE

Dena R. Hall, MD

### HEALTH OF THE PUBLIC

Christine C. Matson, MD, FAAFP

### NOMINATING

Rupen S. Amin, MD, MBA, FAAFP

### LEGISLATIVE

Jesus L. Lizarzaburu, MD, FAAFP

### PRACTICE ENHANCEMENT & QUALITY

Kurtis S. Elward, MD, MPH, FAAFP

Anton J. Kuzel, MD, MHPE, FAAFP

### RESIDENT, STUDENT & FACULTY

Emmeline C. Gasink, MD, FAAFP

## TASK FORCE CHAIR

### Graduate Medical Education

Roger A. Hofford, MD, CPE, FAAFP

## POLITICAL ACTION COMMITTEE CHAIR

### FAMDOCPAC

Sean W. Reed, MD

## PRESIDENT'S MESSAGE

LINDSEY D. VAUGHN, MD, FAAFP

### SUFFOLK

Dear Colleagues,

Representing the VAFP as its 70th President has been one of the greatest privileges in my career as a Family Physician and I am honored to have served the Academy. I truly believe the mission to make Virginia the best place to receive healthcare and for Family Physicians to practice, continues to be the primary focus of, and advanced by, the VAFP.



As we meet in Northern Virginia for the first time in many years, I look forward to getting together with my fellow Family Physicians, spending time on the beautiful grounds of Lansdowne Resort and obtaining invaluable CME. Our last meeting at Wintergreen had great attendance and continues to be a favorite for many of our members. Wintergreen has also become a significant event where students and residents meet and develop as an important part of the VAFP.

I am indebted to our CME Chair, Dr. Mitch Miller, and our VAFP staff, who consistently provide high quality education to meet the needs of our members. I am also grateful for our many members who continue to support VAFP education in a time when many other groups struggle.

Legislatively, the VAFP has had another successful year. Our Academy is fortunate to have the leadership of Dr. Jesus Lizarzaburu, Hunter Jamerson, JD, and the Legislative Committee. The VAFP was instrumental in helping to craft legislation in line with the VAFP mission. While the rapid implementation was not ideal, the newly instituted Virginia Board of Medicine regulations on narcotic prescribing are a far better alternative than the proposed legislation. The recently enacted Direct Primary Care legislation does not significantly alter how our members practice under that model. On a national level, the AAFP continues to advocate for us all. Please consider donating to both the VAFP and AAFP Political Action Committee. If everyone donated \$100 to the AAFP PAC, it would be the largest medical PAC in the country.

Financially, thanks to our Treasurer Dr. Dena Hall, the Finance Committee and our dedicated staff, the VAFP remains very sound. This year the Finance Committee has worked to develop a strategic plan. This plan continues to provide a conservative approach in maintaining the cash base as well as funds to operate during “lean” years. In short, the VAFP is well positioned to meet the future needs of our members while still having one of the lowest dues requirements of all the chapters within the AAFP.

The VAFP has been well represented nationally over the past year. Leadership members attended the Southeastern Family Medicine Forum which is a regional organization that collaborates on legislative issues. These legislative issues and many others were further developed at the AAFP's Legislative Conference in October. The VAFP sent delegates to the Medical Society of Virginia and the AAFP Congress of Delegates. This year is extra special for the VAFP. Past President, Dr. Sterling Ransone, who currently serves on the AAFP Commission on Membership and Member Services, will run for the AAFP Board of Directors and we should all work to support him.

Most recently, the VAFP had a full contingency attend the AAFP National Conference of Constituency Leaders (NCCL). The NCCL is designed to provide International Medical Graduate, Women, LGBT, Minority and New Physicians a larger voice within the AAFP. That same meeting also includes chapter leaders and I find it humbling to learn that issues we have in Virginia are not that different from our colleagues in Alaska and most other states. I always leave this meeting feeling invigorated from the energy of our fellow leaders. I know of no other group that strives to be so inclusive and I am incredibly hopeful for the future of family medicine.

This year has not been without sadness. The VAFP lost a wonderful friend and advocate in our General Counsel of many years, K. Marshall Cook, JD. Marshall had served the VAFP for over 20 years and was always very responsive to the needs of our Academy. Fortunately, another trusted VAFP advocate, Hunter Jamerson, JD, has agreed to be our new General Counsel and should serve us well in continuing Marshall's good work.

I hope that we have been successful this past year in having the VAFP serve as a beneficial resource to its members on the topics of MACRA and Physician Well-Being. While most family physicians in the state are employed and somewhat "insulated" from MACRA, I remain concerned that Virginia's small, independent practices will suffer a "negative payment adjustment." It is predicted that in groups with under 10 providers, about half will receive a negative adjustment. The VAFP has attempted to provide helpful and less confusing information for a program which is extremely complex. All I ask is to stay informed.

I would like to thank our Executive Vice President, Mary Lindsay White and the extremely helpful VAFP staff as well as the dedicated members that serve on the VAFP Board of Directors. I am also very appreciative of my clinical partners who were gracious in my absences this past year. Most importantly, to my incredible wife Sue for her support this year.

Sincerely,

Lindsey

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## INCOMING PRESIDENT'S MESSAGE

### RUPEN S. AMIN, MD, MBA, FAAFP

### HARRISONBURG

Dear Colleagues,

As the 71st President of the Virginia Academy of Family Physicians, I would like to welcome you to Lansdowne Resort! Our chapter staff has worked very hard to create a robust CME experience coupled with many additional activities to keep you and your family entertained throughout the weekend. Whether you are here to earn CME credits, discover new ideas that enhance patient care, or just catch up with old friends, my hope is that you leave this weekend rested and with a renewed enthusiasm for Family Medicine.



As for myself, I am honored to serve the 3,408 members of the Virginia Academy of Family Physicians as President for this upcoming year. I am truly blessed to be able to practice medicine in the state that I was born and raised. For the past 6 years I have been privileged to provide healthcare to citizens of Virginia. None of this would be possible without the guidance of mentors that steered me down the path of Family Medicine and of course my family which has been a vital support system.

The Virginia Academy is continually active and has many accomplishments to celebrate. Our Academy members are often called upon by state leaders to represent the health interests of the citizens of the Commonwealth. Furthermore, our legislative efforts at the state level have been recognized nationally for advocating for Family Physicians and leading the charge on scope of practice issues. A great representation of our gains is the fact that policymakers are beginning to understand the value of Family Medicine as evidenced by recent health care bills and our continued input on high priority matters. While our Academy has continued to push Family Medicine forward, we have also renewed our commitment to the students and residents of the Commonwealth by contributing to Family Medicine Interest Groups and hosting Students/Residents at all of our conferences and board meetings. I for one remain encouraged by our successes and the future of Family Medicine.

Taking the words of Heraclitus of Ephesus, the only thing that is constant is change. The healthcare landscape is a good example of this principle. Even with recent gains for our specialty, the time is now for all of our members to advocate for Family Medicine and highlight the benefits and cost savings that primary care can deliver to a healthcare system. Looking beyond healthcare reform, Family Medicine Physicians will play an integral role in discussions regarding our national primary care shortage, increasing regulations, and enhanced payer scrutiny to name a few. The next several years have the potential to be an incredible time of change for our specialty.

At a chapter level, our board of directors and chapter committees are hard at work representing Family Physicians in the Commonwealth of Virginia.

Our Legislative committee is led by Jesus Lizarzaburu, MD and the VAFP's General Counsel Hunter Jamerson, JD, MBA. The legislative committee will once again be active this winter as the Virginia General Assembly legislative session is expected to bring many bills that could potentially change the way we practice medicine.

Our Continuing Medical Education Committee led by Dr. Mitch Miller continues to deliver high quality venues such as Lansdowne for our annual CME conference. In addition to our annual and winter conference, the committee works to stay ahead of Board Certification requirements and has been instrumental in hosting KSA/CSA and Part IV Module events throughout the year.

Our Resident, Student and Faculty Affairs Committee led by Dr. Emmeline Gasink has worked over the past several years to enhance the role of our Students and Residents throughout the state. The VAFP is committed to this cause and we hope to positively influence the future Family Medicine Physicians of the Commonwealth. On a side note, if you see a student or resident at our meeting, please take a moment to introduce yourself. I remember how difficult it was deciding my next steps after residency and any input you may provide could make a big impact in a student or resident's life.

I am also excited about our new officers and directors joining the VAFP Board. Drs. Roberts, Tong, Fedin, and Anderson bring a wealth of knowledge and experience from various practice areas across the commonwealth. I would also like to thank Drs. Elliott, Hundley, Unwin, Matson, and Kingsbury for their service to the Board with a special thank you to our out-going president, Dr. Lindsay Vaughn who has done a remarkable job this past year and left big shoes to fill. We also have a fantastic staff made up of Mary Lindsay White, Matt Schulte, Cheryl Modesto, Kristi Reynolds and Kristie Duncan that remain invested in the well-being of our Academy. As you can see there are a lot of individuals that are committed to the success of Family Medicine Physicians throughout the state with a lot of great work currently being done. We are thankful to have such a dedicated group of individuals!

This is an incredibly exciting time to be a Family Medicine Physician in this country and I want to thank you, our members and Family Physicians of the Commonwealth for the excellent care that you deliver on a daily basis. I am constantly reminded of the dedication and passion our specialty has for our craft on a daily basis and am honored to call myself a Family Medicine Physician.

In closing, I am enthusiastic and humbled to have the opportunity to serve as President for the members of the Virginia Academy of Family Physicians.

Sincerely,  
Rupen S. Amin, MD, MBA, FAAFP

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## LEGISLATIVE UPDATE

### HUNTER JAMERSON, JD, MBA

### GENERAL COUNSEL &

### LEGISLATIVE CONSULTANT

The 2017 General Assembly session focused heavily on legislation intended to address the Commonwealth's opioid epidemic. VAFP worked tirelessly to support the appropriate practice of medicine in the context of the opioid epidemic while opposing overreaching efforts to legislate the practice of medicine. VAFP also defended against continuing attempts to encroach on family medicine's scope of practice by mid-level providers. Additionally, VAFP successfully advanced legislation and funding for a statewide ER Care Coordination program in order to improve patient care, provide administrative efficiencies, and push patient information regarding ER encounters to the primary care level.

Below is a synopsis of key legislative items and budget amendments passed during the 2017 General Assembly session and signed into law by the Governor effective July 1st.

#### **LEGISLATION:**

##### **HB 2161/SB 1179 – Opioid Prescribing Workgroup**

•**Summary:** Requires the Secretary of Health and Human Resources to convene a workgroup that shall include representatives of the Departments of Behavioral Health and Developmental Services, Health, and Health Professions as well as representatives of the State Council of Higher Education for Virginia and each of the Commonwealth's medical schools, dental schools, schools of pharmacy, physician assistant education programs, and nursing education programs to develop educational standards and curricula for training health care providers, including physicians, dentists, optometrists, pharmacists, physician assistants, and nurses, in the safe and appropriate use of opioids to treat pain while minimizing the risk of addiction and substance abuse. The workgroup shall report its progress and the outcomes of its activities to the Governor and the General Assembly by December 1, 2017.

##### **HB 1750 – Standing Orders for Naloxone**

•**Summary:** Provides that a pharmacist may dispense naloxone in the absence of a patient-specific prescription pursuant to a standing order issued by the Commissioner of Health authorizing the dispensing of naloxone or other opioid antagonist used for overdose reversal in the absence of an oral or written order for a specific patient issued by a prescriber and in accordance with protocols developed by the Board of Pharmacy in consultation with the Board of Medicine and the Department of Health.

##### **HB 2163/SB 1178 - Limitations on Prescribing Mono-Buprenorphine**

•**Summary:** Provides that prescriptions for products containing buprenorphine without naloxone shall be issued only (i) for patients who are pregnant, (ii) when converting a patient from methadone to buprenorphine containing naloxone for a period not to exceed seven days, or (iii) as permitted by regulations of the Board of Medicine or the Board of Nursing.

**HB 2167 – Mandatory Regulations for Prescribing of Opioids**

•**Summary:** Directs the Boards of Dentistry and Medicine to adopt regulations for the prescribing of opioids and products containing buprenorphine. The bill requires the Prescription Monitoring Program at the Department of Health Professions to provide an annual report to the Joint Commission on Health Care on the prescribing of opioids and benzodiazepines in the Commonwealth.

•**Note:** VAFP was successful in lobbying to avoid codification of opioid prescribing standards. The Board of Medicine has taken emergency regulatory action and continues to revise its draft permanent regulations.

**HB 2209/SB 1561 - Emergency Department Care Coordination Program**

•**Summary:** Establishes the Emergency Department Care Coordination Program in the Department of Health to provide a single, statewide technology solution that connects all hospital emergency departments in the Commonwealth to facilitate real-time communication and collaboration between physicians, other health care providers, and other clinical and care management personnel for patients receiving services in hospital emergency departments, for the purpose of improving the quality of patient care services.

•**Note:** VAFP succeeded in advancing this legislation to improve care coordination and to ensure family medicine providers receive necessary information about patients' ER utilization.

**HB 1688 – Commercial Driver License Evaluations by Chiropractors**

•**Summary:** Provides that the practice of chiropractic medicine shall include performing the physical examination of an applicant for a commercial driver's license or commercial learner's permit if the practitioner has (i) applied for and received a certificate as a medical examiner from the Federal Motor Carrier Safety Administration in accordance with 49 C.F.R. Part 390, Subpart D and (ii) registered with the National Registry of Certified Medical Examiners. The bill also provides that it shall be unprofessional conduct for any person to perform the services of a medical examiner as defined in 49 C.F.R. § 390.5 if, at the time such services are performed, the person performing such services is not listed on the National Registry of Certified Medical Examiners or fails to meet the requirements for continuing to be listed on the National Registry of Certified Medical Examiners.

•**Note:** VAFP succeeded in limiting the scope of this bill to a narrowly tailored provision for commercial driver license exams that is consistent with 41 other states and federal law.

**SB 1230/HB 2165 – E-Prescribing of Opiates**

•**Summary:** Requires a prescription for any controlled substance containing an opiate to be issued as an electronic prescription and prohibits a pharmacist from dispensing a controlled substance that contains an opiate unless the prescription is issued as an electronic prescription, beginning July 1, 2020. A workgroup will be convened to identify resources needed to implement this e-prescribing requirement.

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## LEGISLATIVE UPDATE (CONTINUED)

### **SB 1232 - PMP Check Requirements.**

•**Summary:** Requires a prescriber registered with the Prescription Monitoring Program to request information about a patient from the program upon initiating a new course of treatment that includes the prescribing of opioids anticipated, at the onset of treatment, to last more than seven consecutive days and exempts the prescriber from this requirement if the opioid is prescribed as part of treatment for a surgical or invasive procedure and such prescription is for no more than 14 consecutive days. The bill extends the sunset for this requirement from July 1, 2019, to July 1, 2022.

### **SB 1327 – Doctors of Medical Science**

•**Summary:** Establishes criteria for license as a doctor of medical science and establishes the Advisory Board on Doctors of Medical Science. This legislation would allow physician assistants a pathway to independent practice on par with doctors of medicine and osteopathy.

•**Note:** VAFP succeeded in defeating this legislation this year. The concept has been referred for study during the interim. It is likely this bill will be re-filed next session.

### **BUDGET AMENDMENTS:**

#### **Item 300 #3c - Emergency Department Care Coordination System**

•**Summary:** This amendment adds \$370,000 from the general fund and \$3.3 million from nongeneral funds the second year to develop and implement a single, statewide technology solution that connects all the emergency departments in the Commonwealth to enable real time communication and collaboration between physicians, providers and other clinical or care management personnel for patients receiving services in hospital emergency departments for the purpose of improving the quality of patient care services, and lowering costs. The general fund for implementing this program would be matched with \$3.3 million in federal Health Information Technology for Economic and Clinical Health (HITECH) Act funds for a total budget in fiscal year 2018 of \$3.7 million. Implementation of this program is contingent upon the receipt of federal HITECH Act funds.

#### **Item 302 #1c - Prescription Drug Monitoring Program Demonstration**

•**Summary:** This amendment adds \$250,000 from nongeneral funds the second year and language directing the agency to develop and implement a real-time prescription drug monitoring demonstration program with Medicaid prescribers. The source of nongeneral funds is from prescription drug monitoring funds matched with enhanced federal Health Information Technology for Economic and Clinical Health (HITECH) Act funds. Language requires the Department of Medical Assistance Services to apply for up to \$225,000 in federal HITECH Act funds. Language requires the Department of Health Professions to report on increased use of the PMP by prescribers in the demonstration program by July 1, 2018. Language makes the program contingent on the receipt of federal HITECH funds.)

**Item 288 #1c – Physician Loan Repayment Fund**

•**Summary:** This amendment adds \$300,000 from the general fund the second year to restore funding for the Virginia State Loan Repayment Program that was eliminated in the Governor's FY 2017 Savings Plan and House Bill 1500, as introduced. Funding for the program is matched by the federal government to provide student loan repayment on behalf of qualified medical, dental, behavioral health and pharmaceutical (pharmacists) professionals who practice at an eligible site in one of the federally designated Health Professional Shortage Areas in Virginia. There are currently 16 individuals on the waiting list for this program.

**Looking toward 2018...**

VAFP is actively preparing for the 2018 General Assembly session. Mid-level scope of practice is expected to be a primary focus with autonomous practice legislation likely to be advanced by nurse practitioners and academic institutions promoting advanced practice physician assistants. Additionally, VAFP continues to work closely with the Board of Medicine to establish permanent evidence-based opioid regulations. VAFP also continues to work with the Department of Medical Assistance Services to implement major reforms to the Medicaid program, including a new dual-eligible program and a reformed mothers and children program. And VAFP continues to work with the Virginia Department of Health to improve health care information technology and care coordination.

## VAFP CAREER CENTER

The VAFP Career Center is the hub for physician employment opportunities in Virginia and is the premier member resource to explore employment opportunities in Virginia or to recruit for open positions within your practice. The VAFP has discounted rates for members that want to advertise open positions within the Career Center.

To access the Career Center visit [www.vafp.org](http://www.vafp.org) and utilize the Career Center link on the home page. The VAFP Career Center will provide the opportunity to:

**Manage Your Career** - search and apply to multiple family medicine positions that are all located in Virginia, upload your anonymous resume and allow employers to contact you through the Career Center's messaging system, set up job alerts specifying your skills, interests, and preferred location(s) to receive email notifications when a job is posted that matches your criteria.

**Recruit for Open Positions** - promote your jobs directly to VAFP members via the exclusive Career Center email system, search the anonymous resume database to find qualified candidates, manage your posted jobs and applicant activity easily on this user-friendly site.

One of the goals at the VAFP is to provide members with training and tools to advance their career development. Please utilize the VAFP Career Center to find or fill a job in the future. If you have any questions, please do not hesitate to contact the VAFP at 1-800-THE-VAFP or e-mail Matt Schulte at [mschulte@vafp.org](mailto:mschulte@vafp.org).

## MEMBERSHIP

The Virginia Academy of Family Physicians membership continues to increase annually. As of May 2017, total VAFP membership stood at 3,408 which is an increase year to date. Active membership totaled 1,975, resident membership stands at 199 and student membership totaled 960, also an increase year to date. Four additional categories including Life membership totaled 274.

The VAFP continues to offer multiple member benefits including access to the Daily POEMS, the VAFP Career Center and legal resources for employment contract negotiations.

Daily POEMs (Patient Oriented Evidence that Matters) from Essential Evidence Plus provide members with complimentary daily alerts and over 3,000 archived POEMs to help members stay abreast of the latest and most relevant medical literature. Delivered directly to by e-mail every Monday through Friday, Daily POEMs identify the most valid, relevant research that may change the way physicians practice. Since 1996, POEMs editors review more than 1,200 studies monthly from more than 100 medical journals, presenting only the best and most relevant as POEMs. The acclaimed POEMs process applies specific criteria for validity and relevance to clinical practice.

The VAFP Career Center is housed on the VAFP website and is the career hub for physician employment opportunities in Virginia. The VAFP Career Center is the premier resource for you to explore employment opportunities in Virginia or to recruit for open positions within your practice. The VAFP has discounted member rates for those that want to advertise open positions within the VAFP Career Center.

The VAFP's General Counsel, Hunter Jamerson, JD, MBA, continues to partner with the VAFP to provide a legal resource for flat fee physician employment contract review and negotiations. This service was developed in 2016 by the VAFP's General Counsel K. Marshall Cook, JD and is invaluable to those physicians that are beginning their practice of family medicine after residency completion or those members that are changing employers or hiring partner physicians.

For information on all of these member benefits, please contact the VAFP at [admin@vafp.org](mailto:admin@vafp.org) or 1-800-THE-VAFP.

## VAFP AWARDS

### **Congratulations to the recipients of this year's VAFP Awards.**

Included in each registrant's conference booklet is information on how to nominate your peers for the 2018 VAFP Awards, The VAFP respectfully requests members to nominate a fellow family physician for one of these outstanding awards.

The 2017 Awards will be presented during the Installation of VAFP Officers & Directors and Academy Awards Dinner on Friday, July 21. Congratulations again to each of the recipients!!



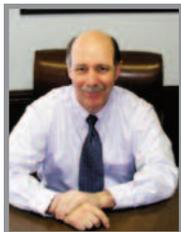
### **Virginia Family Physician of the Year Award**

**Daniel M. Jannuzzi, MD**  
JenCare Senior Medical Center  
Richmond



### **James P. Charlton, MD Teacher of the Year Award**

**Christine C. Matson, MD, FAAFP**  
Chair  
Department of Family and Community Medicine  
Eastern Virginia Medical School  
Norfolk



### **F. Elliott Oglesby, MD Volunteer of the Year Award**

**Thomas M. Hubbard, MD, DDS**  
Virginia Physicians, Inc.  
Ashland Medical Center  
Ashland

## FINANCES

The Virginia Academy of Family Physicians continues its tradition of operating under sound financial management. This effort is led by VAFP Treasurer Dena Hall, MD and the members of the VAFP Executive/Finance Committee. The committee meets each year to develop an operating budget that meets the needs of the Academy yet is very mindful of the fiscal responsibility to the Academy.

The VAFP's dues are the second lowest in the country as compared to other AAFP Chapters with an active membership of similar size. Additionally, the VAFP has had only three dues increases in the last 27 years.

Net income for fiscal year 2016 was \$182,962. This is significant given the financial impact of the reduction of outside grant income, challenging exhibit sales and competition from other educational offerings.

Of special importance is that Support and Revenue for the VAFP resulted in an increase in dues revenue and CME meeting revenue. This is especially important in that the VAFP's expenses including both Program Services and Supporting Services remained essentially the same compared to fiscal year 2015. Of equal importance, the VAFP ended fiscal year 2016 with Unrestricted Net Assets of just over \$1,500,000 and Total Assets of just over \$1,900,000.

# FINANCES—STATEMENT OF FINANCIAL POSITION & ACTIVITIES

FOR THE YEAR ENDING DECEMBER 31, 2016

## SUPPORT AND REVENUE

Membership dues	\$ 570,355
Annual Meeting	\$ 192,281
CME seminars	\$ 188,704
Interest income	\$ 22,901
Career Center	\$ 8,386
Other	\$ 8,195
Total support and revenue	\$ 990,822

## EXPENSES

Program services	\$ 355,624
Supporting services	\$ 450,815
<u>Loss of Disposition of Assets</u>	<u>\$ 1,421</u>
Total expenses	\$ 807,860

Unrestricted Net Assets, beginning of year	\$1,347,756
<u>Increase in unrestricted net assets</u>	<u>\$ 182,962</u>
Unrestricted Net Assets, end of year	\$1,530,718

## ASSETS

### CURRENT ASSETS

Cash and cash equivalents	\$1,785,957
Accounts receivable	\$ 120,299
<u>Prepaid expenses</u>	<u>\$ 12,805</u>
Total current assets	\$1,919,061

### PROPERTY AND EQUIPMENT

Office furniture and equipment	\$ 43,048
<u>Accumulated depreciation</u>	<u>\$ (29,839)</u>
Net property and equipment	\$ 13,209

Total Assets	\$1,932,270
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## LIABILITIES AND UNRESTRICTED NET ASSETS

### CURRENT LIABILITIES

Accounts payable	\$ 346
<u>Deferred revenue</u>	<u>\$ 401,206</u>
Total current liabilities and total liabilities	\$ 401,552

<u>Unrestricted Net Assets</u>	<u>\$1,530,718</u>
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Total Liabilities and Unrestricted Net Assets	\$1,932,270
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## CONTINUING MEDICAL EDUCATION

The Virginia Academy of Family Physicians continues its tradition of offering first class, affordable continuing medical education conferences for Academy members.

Each year, the Academy sponsors two major CME activities. The Wintergreen Winter Family Medicine Weekend is held over four days in the winter months of January or February annually. This year the conference drew over 225 family physicians, residents, medical students, and other health care professionals. The exhibit portion of the conference was comprised of 39 exhibiting organizations - the maximum number available - and was sold out months in advance of the meeting.

The Academy's Annual Meeting & Exposition is held each summer. This year's conference is taking place July 20-23, 2017 at the Lansdowne Resort & Spa in Leesburg. Academy members will have the opportunity to enjoy all of the activities that the resort and area offer. Approximately 60 exhibiting organizations will be available to discuss with members the newest in product and service developments. CME costs for Academy members' average \$13.00 per credit hour.

The VAFP sponsored numerous group learning sessions to assist VAFP members with the completion of their ABFM Family Medicine Certification Process requirements. Knowledge Self-Assessment (KSA) and Clinical Self-Assessment (CSA) programs were held during 2016 and the first half of 2017. Maintenance of Certification sessions are being held in conjunction with this year's Annual Meeting and there are four more scheduled for the remainder of 2017. These sessions drew maximum attendance and continue to be evaluated very highly.

Continued in 2017, the Part IV Performance in Practice Module: Critical Thinking for Quality Improvement in Critical Care Session is designed to help physicians improve clinical critical thinking and quality improvement skills. Both of these skills benefit all clinicians, regardless of practice setting, and help improve clinical practice performance. Additionally, this module benefits physicians who are not in active clinical practice but are involved in healthcare decision-making, as the ability to think critically about medical questions is relevant in all healthcare-related settings.

The Academy expresses its deep appreciation to the Chair of the Continuing Medical Education Committee, Mitchell B. Miller, MD, FAAFP and his committee for their outstanding work in creating superb CME for VAFP members and to Kurtis S. Elward, MD, MPH, FAAFP, Mark H. Greenawald, MD, FAAFP, Christine Matson, MD, FAAFP, and Margaret Baumgarten, MD for their exceptional work as Family Medicine Certification Session presenters.

## PRACTICE ENHANCEMENT & QUALITY COMMITTEE REPORT

**ANTON J. KUZEL, MD, MHPE, FAAFP &  
KURTIS S. ELWARD, MD, MPH, FAAFP**

The Heart of Virginia Healthcare cooperative has retained 220 practices and, as of August, will complete the support phase for each cohort of practices. There are many stories of practices finding that the strategies the coaches and faculty suggested have improved their workflow, reduced practice stress, and allowed them to pay systematic attention to cardiovascular risk factor reduction. The baseline paper reporting initial results will be in a special issue of the *Annals of Family Medicine* (along with the other six cooperatives and the national evaluation team.) A major issue to overcome was the difficulty in getting accurate cardiovascular measures out of the 24 varieties of EMRs among participating practices. These EMRs were all certified, but their functionality for population health and quality improvement was not nearly as robust as assumed. In the coming year, more information about what differences the support made in the practices will be available. In addition, several qualitative case studies to understand why some practices succeeded even in challenging community environments, while other did not will be conducted.

### IN MEMORIAM

Emerson D. Baugh, Jr, MD  
Kenbridge  
VAFP Past President

S. Lynn Broadfield, MD  
Spotsylvania

Frank A. Carroll, MD  
Alexandria

K. Marshall Cook, Esq.  
Manakin-Sabot  
VAFP General Counsel

Thomas P. Davis, MD  
Christiansburg  
VAFP Past President

Richard W. Elsea, MD  
Churchville

James G. Evans, MD  
Bath

William S. Grabeel, MD  
Gordonsville

Peter S. Ham, MD  
Charlottesville

Martin Lerner, MD  
Suffolk

Ronald E. Miller, MD  
Hopewell

William K. Orr, MD  
Fishersville

Francis J. Stenicka, MD  
Portsmouth

Maurice Wood, MD  
Nellysford

## RESIDENTS & STUDENTS

The Virginia Academy of Family Physicians Board of Directors has one resident representative and one medical student representative who serve on the Board on a rotating basis. Representatives are chosen on a rotating basis by their peers from a subcommittee of residents and students representing all the schools and residency programs in Virginia. These subcommittees meet by phone, have their own VAFP list serve, and gather for an in-person meeting during the Wintergreen conference. The VAFP provides funding for one resident and student to attend each VAFP Board meeting.

The VAFP provides complimentary housing for students and residents to attend the VAFP Winter Family Medicine Weekend held annually at Wintergreen Resort. At the 2017 VAFP Winter Family Medicine Weekend, 14 Family Medicine Residents and 45 medical students were in attendance. In addition, the medical students are offered a student specific educational session at Wintergreen focused on Clinical Decision Making. It is a case-based discussion of the process of clinical decision making and the challenges and pitfalls physicians face while developing differential diagnoses and working to establish a final diagnosis.

The VAFP also supports residents with discounted employment contract review by the VAFP's General Counsel and a Career Center that houses multiple job offerings in the Commonwealth. The VAFP supports the Family Medicine Interest Group's at each of the six Virginia medical schools with \$500.00 in funding to develop programs that promote Family Medicine.

The VAFP Foundation offers a graduating medical student that attends a Virginia Residency Program a \$1,000 scholarship as well as a Virginia PGY-3 Graduating Resident a \$1,500 scholarship that chooses to practice in an underserved area of Virginia. The Foundation awarded its first scholarships in 2017.

Academy dues are paid by the VAFP for resident members in their first year of residency and all medical student dues are complimentary.

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## VAFP PAST PRESIDENTS

*William L. Powell, MD, Roanoke	1947-48
*James L. Hamner, MD, Mannboro	1948-49
*James D. Hagood, MD, Clover	1949-50
*Ira L. Hancock, MD, Virginia Beach	1950-51
*John O. Boyd, Jr., MD, Roanoke	1952-52
*Edward S. Haddock, MD, Richmond	1952-53
*Brewster A. Hopkins, MD, Stuart	1953-54
*Richard M. Reynolds, MD, Norfolk	1954-55
*Rufus Brittain, MD, Tazewell	1955-56
*Frank E. Tappan, MD, Berryville	1956-57
*Malcolm H. Harris, MD, West Point	1957-58
*W. Linwood Ball, MD, Richmond	1958-59
*Fletcher J. Wright, Jr., MD, Petersburg	1959-60
*Boyd H. Payne, MD, Staunton	1960-61
*William J. Hagood, MD, Clover	1961-62
*Harry M. Frieden, MD, Norfolk	1962-63
*Frank D. Daniel, MD, Lynchburg	1963-64
*Thomas L. Lucas, MD, Charleston, SC	1964-65
*Russell G. McAllister, MD, Richmond	1965-66
*Robert L. Cassidy, MD, Culpeper	1966-67
J. Powell Anderson, MD, Waynesboro	1967-68
*Howard I. Kruger, MD, Norfolk	1968-69
*A. Epes Harris, MD, Blackstone	1969-70
Clarence W. Taylor, Jr., MD, Shawsville	1970-71
*Thomas H. Jennings, MD, Bedford	1971-72
*Alan Mackintosh, MD, Bristow	1972-73
T. Winston Gouldin, MD, Norfolk	1973-74
William B. Waddell, MD, Galax	1974-75
*Robert S. Smith, MD, Richmond	1975-76
*Levi W. Hulley, Jr., MD, Richmond	1976-77
George Robert Smith, MD, Shawsville	1977-78
*Emerson D. Baugh, Jr., MD, Kenbridge	1978-79
Gene E. Clapsaddle, MD, Moneta	1979-80
Harold M. Horden, MD, Norfolk	1980-81
*James P. Charlton, MD, Virginia Beach	1981-82
*Benjamin E. Norfleet, MD, Newport News	1982-83

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## VAFP PAST PRESIDENTS

J. Francis Amos, MD, Rocky Mount	1983-84
G. Stanley Mitchell, Jr, MD, Newport News	1984-85
*F. Elliott Oglesby, Sr, MD, Richmond	1985-86
Alvin J. Ciccone, MD, Norfolk	1986-87
*Robert F. Baxter, MD, Grundy	1987-88
J. Albert Hagy, MD, Roanoke	1988-89
Harold W. Markham, MD, Virginia Beach	1989-90
Leroy S. McDaniel, MD, Richmond	1990-91
*T. P. Davis, MD, Christiansburg	1991-92
*Charles H. Crowder, Jr, MD, South Hill	1992-93
Stuart M. Solan, MD, Richmond	1993-94
J. Michael Ponder, MD, Franklin	1994-95
Roger A. Hofford, MD, Lynchburg	1995-96
Michelle Whitehurst-Cook, MD, Highland Springs	1996-97
Mitchell B. Miller, MD, Virginia Beach	1997-98
Larry G. Mitchell, MD, Richlands	1998-99
David A. Ellington, MD, Lexington	1999-00
J. Douglas Smith, MD, Harrisonburg	2000-01
Joseph Leming, MD, Colonial Heights	2001-02
Shane J. Kraus, MD, Glen Allen	2002-03
Cynthia C. Romero, MD, Virginia Beach	2003-04
Dena R. Hall, MD, Suffolk	2004-05
Kurtis S. Elward, MD, MPH, Charlottesville	2005-06
Wayne J. Reynolds, DO, Gloucester Point	2006-07
Sterling N. Ransone, Jr, MD, Deltaville	2007-08
E. Mark Watts, MD, Vinton	2008-09
Janice E. Ragland, MD, Herndon	2009-10
Jesus L. Lizaraburu, MD Grafton	2010-11
Kent E. Willyard, MD, Newport News	2011-12
Mark H. Greenawald, MD, Roanoke	2012-13
Sean Reed, MD, Charlottesville	2013-14
Robert I. Elliott, MD, Hurt	2014-15
Charles O. Frazier, MD, Williamsburg	2015-16

\* Deceased