REGISTER TODAY!

Virginia Academy of Family Physicians
2018 Winter Family Medicine Weekend
January 25-28, 2018
Wintergreen Resort - Wintergreen, Virginia
Objectives
Physicians and other health care professionals attending this program will receive current information on a diversity of subjects pertinent to patient care in daily practice. Subject material was chosen based on accessed needs, future trends, and relevance to quality patient care. At the conclusion of the program, registrants will have a working and applicable understanding of these topics and will be provided written/electronic materials for future reference. This meeting also allows an opportunity for practicing physicians, residents, students and other health care professionals to interact academically, professionally and socially.

CME Accreditation
VAFP 2018 Winter Family Medicine Weekend - An application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Part IV Performance in Practice Module: Critical Thinking for Quality Improvement in Clinical Care - This Live activity, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians and 20 points from the ABFM.

Heart Failure KSA/CSA - This Live activity, has been reviewed and is acceptable for up to 12.00 Prescribed credit(s) by the American Academy of Family Physicians and 15 points from the ABFM.

Exhibits
Each day exhibiting organizations will be available to discuss the latest in medical products and services. Continental breakfasts and coffee breaks will be located in the exhibit areas on Friday, Saturday and Sunday.

Important Date
Reservation cut-off date for Wintergreen Resort is January 5, 2018. “Early Bird” Conference Discount Registration Rate deadline is also January 5, 2018.

Cancellation Information
Cancellation requests must be received by the VAFP by January 5, 2018. After that date no refunds can be given.

Questions?
Please call the VAFP Headquarters office at 804-968-5200 or email registration@vafp.org.
Accommodations at Wintergreen Resort range from studios to nine-bedroom homes featuring comfortable living areas, fully equipped kitchens and a balcony or deck. Most accommodations of one bedroom and larger include a cozy fireplace. For more information please visit www.wintergreenresort.com.

Reservations
To make reservations please call Wintergreen Resort at 1-844-304-4868. The hours for making reservations are Monday through Friday from 9:00 a.m. - 9:00 p.m. and Saturday through Sunday from 9:00 a.m. - 6:00 p.m. The deadline for making reservations is January 5, 2018. If you have any problems, please do not hesitate to call the VAFP Headquarters Office at 1-804-968-5200 or email registration@vafp.org.

Rates

<table>
<thead>
<tr>
<th>Accommodation Type</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Studio</td>
<td>$174</td>
</tr>
<tr>
<td>Lodge Room</td>
<td>$182</td>
</tr>
<tr>
<td>One Bedroom Condominium</td>
<td>$190</td>
</tr>
<tr>
<td>Two Bedroom Condominium</td>
<td>$304</td>
</tr>
<tr>
<td>Two Bedroom House</td>
<td>$316</td>
</tr>
<tr>
<td>Three Bedroom Condominium</td>
<td>$393</td>
</tr>
<tr>
<td>Three Bedroom House</td>
<td>$403</td>
</tr>
<tr>
<td>Four Bedroom Condominium</td>
<td>$474</td>
</tr>
<tr>
<td>Four Bedroom House</td>
<td>$484</td>
</tr>
<tr>
<td>Five Bedroom House</td>
<td>$566</td>
</tr>
<tr>
<td>Six Bedroom House</td>
<td>$624</td>
</tr>
</tbody>
</table>

Rental Rules and Regulations

- Check-in begins after 4 pm or as accommodations become available.
- An advance deposit by approved credit card, equal to one night's rate plus tax is required when booking the reservation. Deposit is non-refundable if reservation is cancelled less than 3 days before arrival; if cancellation is 3 days or more before arrival, deposit is refundable less a $25 processing fee.
- All rates are subject to applicable state and local taxes (currently 10.3%) and resort fee (currently 10%).
- Based on rate and space availability, rooms may be reserved up to 2 days prior and 2 days after the conference dates at the above rates.
- Additional rules and regulations are listed on Wintergreen’s website and in the rental agreement.

Wintergreen Resort Reservations 1-844-304-4868

Make your reservations early as accommodations sell out prior to the reservation deadline of January 5, 2018.

VAFP Attendee Discounted Ski Rates

Rates are valid Monday, January 23 through Sunday, January 28, 2018

VAFP participants will have the opportunity to purchase discounted ski rentals and lifts at the rates listed. Tickets will be available for purchase at the Ski Services Office located on the lower level of the Skyline Pavilion from 8:15 a.m. - 7:00 p.m.

<table>
<thead>
<tr>
<th>Adult Rates</th>
<th>Lift</th>
<th>Rental</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>$44</td>
<td>$30</td>
</tr>
<tr>
<td>Monday - Thursday 8 hour special (Available to Resort Guests only)</td>
<td>$10</td>
<td>$30</td>
</tr>
<tr>
<td>Friday - Sunday 8 hour</td>
<td>$59</td>
<td>$30</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Youth Rates (6-12 years)</th>
<th>Lift</th>
<th>Rental</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Thursday</td>
<td>$34</td>
<td>$25</td>
</tr>
<tr>
<td>Monday - Thursday 8 hour special (Available to Resort Guests only)</td>
<td>$10</td>
<td>$25</td>
</tr>
<tr>
<td>Friday - Sunday 8 hour</td>
<td>$44</td>
<td>$25</td>
</tr>
</tbody>
</table>

Rates do not include taxes. Children under 5 years old receive a free lift ticket and discounted daily rental of $20 with paying adult. Daily rentals are for skis or snowboards.
**Thursday, January 25, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:30 p.m. - 6:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>1:30 p.m. - 4:30 p.m.</td>
<td>Managing Sleep Health in a Primary Care Setting Workshop</td>
</tr>
<tr>
<td></td>
<td>Larry Culpepper, MD, MPH, Paul Doghramji, MD, FAAFP &amp; David Neubauer, MD</td>
</tr>
<tr>
<td>This 3-hour session focuses on gaps in medical knowledge and competence related to sleep health and disorders for the primary care audience. The program features an engaging 60-minute presentation on the importance of sleep, followed by an interactive 2-hour workshop with case studies on diagnosing, treating, and managing common sleep disorders. This session will equip health care professionals to routinely discuss sleep with their patients during regular checkups, and feel more confident in treating and managing sleep disorders.</td>
<td></td>
</tr>
<tr>
<td>6:00 p.m. - 9:00 p.m.</td>
<td>Part IV Performance in Practice Module: Critical Thinking for Quality Improvement in Clinical Care</td>
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<tr>
<td></td>
<td>Kurtis S. Elward, MD, MPH &amp; Mark H. Greenawald, MD, FAAFP</td>
</tr>
<tr>
<td>This module is intended to help physicians improve their clinical critical thinking and quality improvement skills. It is designed in the same manner as the Performance in Practice clinical modules of the ABFM with the exception that a portion of it is an in-person workshop, and the “product of learning” is demonstrating the aptitude to pose and answer well-focused clinical questions using evidence-based methods and on-line information resources at the point of care. Completion of this module will meet the Part IV requirement of the Family Medicine Certification process. You will be responsible for bringing your own laptop. (Limited to 30) For full conference attendees only. AAFP Member - $175.00, Non-Member - $300.00</td>
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**Friday, January 26, 2018**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:00 a.m. - 1:00 p.m.</td>
<td>Registration</td>
</tr>
<tr>
<td>7:00 a.m. - 7:50 a.m.</td>
<td>Breakfast with Exhibits</td>
</tr>
<tr>
<td>7:50 p.m. - 8:00 a.m.</td>
<td>Welcome Rupen S. Amin, MD, MBA, FAAFP, VAFP President &amp; Mitchell B. Miller, MD, FAAFP, VAFP CME Committee Chair</td>
</tr>
<tr>
<td>8:00 a.m. - 8:45 a.m.</td>
<td>How Do We Successfully Help Patients Make Lifestyle Changes In Our Already Packed Office Visits</td>
</tr>
<tr>
<td></td>
<td>Jennifer Barron, MD</td>
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<tr>
<td>8:45 a.m. - 9:30 a.m.</td>
<td>Updates in Contraceptive Prescribing Options as Family Physicians</td>
</tr>
<tr>
<td></td>
<td>Emily Young, DO, MA, MPH</td>
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<tr>
<td>9:30 a.m. - 10:15 a.m.</td>
<td>Update on Diabetic Care</td>
</tr>
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<td></td>
<td>Michael P. Jeremiah, MD, FAAFP</td>
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<tr>
<td>10:15 a.m. - 10:45 a.m.</td>
<td>Break with Exhibits</td>
</tr>
<tr>
<td>10:45 a.m. - 11:30 a.m.</td>
<td>Management of the Stroke Patient</td>
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<tr>
<td></td>
<td>Sandra L. Kimmer, MD, MPH</td>
</tr>
<tr>
<td>11:30 a.m. - 12:30 p.m.</td>
<td>A Master Class in Understanding and Applying New Strategies to Improve Early Recognition and Treatment of Heart Failure in Family Medicine</td>
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<tr>
<td></td>
<td>Garrick Stewart, MD</td>
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<tr>
<td>12:30 p.m. - 1:15 p.m.</td>
<td>Boxed Lunches - Pre order required</td>
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</tbody>
</table>

**Workshops**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:00 p.m. - 5:00 p.m.</td>
<td>Heart Failure KSA/CSA</td>
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<tr>
<td></td>
<td>Kurtis S. Elward, MD, MPH &amp; Mark H. Greenawald, MD, FAAFP</td>
</tr>
<tr>
<td>This group learning session is an innovative program created to help members complete the ABFM’s Family Medicine Certification requirements. The faculty team will present each of the 60 questions for the KSA and discuss the important teaching points, which will facilitate the participants answering of each item. The CSA will also be completed. You will be responsible for bringing your own laptop. (Limited to 30) For full conference attendees only. AAFP Member - $175 Non-Member - $300</td>
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<tr>
<td>1:15 p.m. - 4:15 p.m.</td>
<td>Lifestyle Medicine - A Practical Introduction</td>
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<td></td>
<td>Jennifer Barron, MD &amp; Shannon Green, MD</td>
</tr>
<tr>
<td>This session will focus on evidence based guidelines with regards to nutrition, sleep practices, physical activity, and emotional wellbeing. Learn to assess where your patients are and how to help move them toward behaviors that will impact both their current and future health in a positive way. (Limited to 30)</td>
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<tr>
<td>1:15 p.m. - 3:15 p.m.</td>
<td>Ask the Expert – Hot Topics in Compliance, Risk, and Malpractice</td>
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<td></td>
<td>Jerry Canaan, JD</td>
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<tr>
<td>Mr. Canaan will discuss the latest trends and issues for primary care in the areas of compliance, risk and malpractice. The session will also allow participants the opportunity for an open discussion and questions/answers on issues you or your practice have encountered.</td>
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<tr>
<td>3:30 p.m. - 5:30 p.m.</td>
<td>QPP/MACRA Discussion</td>
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<td>Virginia Brooks, MHA, CPHQ &amp; Kelly Proffit, BS, LPN</td>
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<tr>
<td>The new Value Based Payment models are here - now what? Use this session to discuss strategies that will optimize patient care, while accounting for Medicare's shift to value-based delivery and payment models. This small group discussion will provide the opportunity to compare the two tracks for payment that were created under the law (MIPS and AAPMs) and determine which is best for your practice. Come and get your specific questions answered.</td>
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<tr>
<td>6:00 p.m. - 7:00 p.m.</td>
<td>Welcome Reception</td>
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</table>
**Saturday, January 27, 2018**

7:00 a.m. – 7:45 a.m.
Medical Student Meeting
*Emmeline Gasink, MD, FAFAP, Chair, VAFP Resident, Student and Faculty Committee*

7:00 a.m. - 1:00 p.m.
Registration

7:00 a.m. - 8:00 a.m.
Breakfast with Exhibits

8:00 a.m. - 8:45 a.m.
The Top 10 POEMS in 2017 (Patient Oriented Evidence That Matters)
*Scott M.Strayer, MD, MPH, FAFAP*

8:45 a.m. - 9:30 a.m.
Common Dermatoses for the Primary Care Physician
*Philip E. Wakefield, MD*

9:30 a.m. - 10:00 a.m.
Break with Exhibits

10:00 a.m. - 11:00 a.m.
Improving the Recognition and Management of ADHD in Adults
*Scott H. Kollins, PhD, MS*

11:00 a.m. - 11:45 a.m.
Update on USPSTF Recommendations - Part I
*John Epling, MD, MSEd, FAFAP & Alex Krist, MD, MPH, FAFAP*

11:45 a.m. - 12:30 p.m.
Well Child Exam
*Cormac J. O’Connor, MD, FAFAP*

12:30 p.m. – 1:15 p.m.
Boxed Lunches - Pre order required

Workshops

1:15 p.m. - 3:15 p.m.
Opioids: How We Got Here and Methods of Treatment
*Heidi A. Kulberg, MD, MPH & James E. Thompson, MD*
This session provides the opportunity to learn more about the opioid crisis from the perspectives of public health and addiction medicine. Discussion will focus on the origins of the opioid epidemic and how you can best assist your patients with finding treatment options that will work for their specific needs. (*This session satisfies your BOM Controlled Substances CME requirement*)

3:30 p.m. - 4:15 p.m.
Resident Research Presentations - Part I
Each of Virginia’s Family Medicine Residency Programs will present the best original research or other scholarly paper with an opportunity for questions and answers at the conclusion of the research presentations.

4:30 p.m. - 5:30 p.m.
Resident Research Presentations - Part II
Each of Virginia’s Family Medicine Residency Programs will present the best original research or other scholarly paper with an opportunity for questions and answers at the conclusion of the research presentations.

**Sunday, January 28, 2018**

7:00 a.m. – 7:45 a.m.
Resident Meeting
*Emmeline Gasink, MD, FAFAP, Chair, VAFP Resident, Student and Faculty Committee*

7:00 a.m. - 12:00 p.m.
Registration

7:00 a.m. - 8:00 a.m.
Breakfast with Exhibits

8:00 a.m. - 8:45 a.m.
Adult Immunization Update
*Heidi A. Kulberg, MD, MPH*

8:45 a.m. - 9:30 a.m.
Recognizing Renal Impairment and Family Medicine Management of Renal Insufficiency
*Michael A. Moore, MD, FACP, FAHA, FASH*

9:30 a.m. – 10:00 a.m.
Legislative Update - What’s Happening in the Virginia General Assembly & How It Impacts Your Practice
*Hunter W. Jamerson, JD, MBA*

10:00 a.m. - 10:15 a.m.
Break with Exhibits

10:15 a.m. - 11:15 a.m.
Update on USPSTF Recommendations - Part II
*John Epling, MD, MSEd, FAFAP & Alex Krist, MD, MPH, FAFAP*

11:15 a.m. - 12:00 p.m.
Hard Knocks: Trends in Concussions
*Mark B. Rogers, DO, CAQSM, FAFAP*
Preliminary Faculty

Jennifer Barron, MD
Family Physician
Shenandoah Valley Family Practice Residency
Front Royal, VA

Virginia Brooks, MHA, CPHQ
Vice President of Physicians Services for Health Quality Innovators
Richmond, VA

Jerry Canaan, JD
Partner & Director
Hancock, Daniel, Johnson & Nagle, PC.
Richmond, VA

Larry Culpepper, MD, MPH
Professor of Family Medicine
Boston University School of Medicine
Boston, MA

Sharon Diamond-Myrsten, MD
Assistant Professor
University of Virginia School of Medicine
Charlottesville, VA

Paul Doghramji, MD, FAAFP
Attending Physician
Collegeville Family Practice
Collegeville, PA

Amy Doolan, DO, CAQSM
Attending Physician
Carilion Clinic
Virginia Tech Carilion Family Medicine Residency Program
Roanoke, VA

Kurtis S. Elward, MD, MPH
Family Physician
Family Medicine of Albemarle
Charlottesville, VA

John Epling, MD, MSEd, FAAFP
Professor and Medical Director of Research
Department of Family and Community Medicine
Virginia Tech Carilion School of Medicine
Medical Director of Employee Health and Wellness
Carilion Clinic
Roanoke, VA

Shannan Green, MD
Associate Professor
Department of Family Medicine and Population Health
Virginia Commonwealth University
Family Physician
VCU Student Health
Richmond, VA

Mark H. Greenawald, MD, FAAFP
Chair
Academic Affairs and Professional Development
Carilion Clinic
Department of Family and Community Medicine
Professor and Vice Chair of Family and Community Medicine
Virginia Tech Carilion School of Medicine
Roanoke, VA

Hunter W. Jamerson, JD, MBA
Macaulay & Jamerson, PC.
VAFP General Counsel & Legislative Consultant
Richmond, VA

Michael P. Jeremiah, MD, FAAFP
Chair
Department of Family & Community Medicine
Carilion Clinic and The VTC School of Medicine
Senior Medical Director
Ambulatory Quality
Carilion Clinic
Roanoke, VA

Sandra L. Kimmer, MD, MPH
Faculty
National Capital Consortium
Family Medicine Residency Program
Fort Belvoir Community Hospital
Fort Belvoir, VA

Scott H. Kollins, PhD, MS
Professor in Psychiatry and Behavior Sciences
Professor of Psychology and Neuroscience
Director
Duke ADHD Program
Duke University School of Medicine
Durham, NC

Alexander H. Krist, MD, MPH, FAAFP
Associate Professor
Department of Family Medicine and Population Health
Virginia Commonwealth University
Richmond, VA
Family Physician
Fairfax Family Practice Residency Program
Fairfax, VA
Member
US Preventive Services Task Force

Heidi A. Kulberg, MD, MPH
Family Physician
Health Director
Virginia Beach Department of Public Health
Virginia Beach, VA

Michael A. Moore, MD, FACP, FAHA, FASH
Clinical Professor
Division of Surgical Sciences
Hypertension & Vascular Disease Center
Wake Forest University School of Medicine
Wake Forest, NC
Clinical Professor of Medicine
Edward Via College of Osteopathic Medicine
Blacksburg, VA

David Neubauer, MD
Associate Professor of Psychiatry and Behavioral Sciences
Johns Hopkins University School of Medicine
Baltimore, MD

Cormac J. O’Connor, MD, FAAFP
CDDR MC USN
Faculty
National Capital Region Family Medicine Residency
Fort Belvoir Community Hospital
Fort Belvoir, VA
Assistant Professor
Department of Family Medicine
Uniformed Services University of Health Sciences
Bethesda, MD

Kelly Proffit, BS, LPN
Program Manager
Health Quality Innovators
Richmond, VA

Priscilla Tu, DO, FAAFP, FAOASM, DABMA
Director of Osteopathic Education
Carilion Clinic
Virginia Tech Carilion Family Medicine Residency Program
Roanoke, VA
Director of Student Medical Education- Roanoke Region VCOM
Roanoke, VA
Assistant Professor
Virginia Tech Carilion School of Medicine
Roanoke, VA
Assistant Professor
Edward Via College of Osteopathic Medicine Virginia
Blacksburg, VA

Philip E. Wakefield, MD
Dermatologist
Carilion Clinic
Associate Professor
Virginia Tech Carilion School of Medicine and Research Institute
Roanoke, VA

Emily Young, DO, MA, MPH
Staff Physician
Elson Student Health Center
University of Virginia
Charlottesville, VA

Questions?
Call 804-968-5200
Email registration@vafp.org
REGISTRATION FORM
VAFP 2018 Winter Family Medicine Weekend
January 25-28, 2018
Wintergreen Resort - Wintergreen, Virginia

Registrant Information
Name: _________________________________________
	 MD  DO  PA  NP  RN  Other
Practice name: __________________________________
Address: _______________________________________
City: __________________ State: _____ Zip: __________
Email: _________________________________________

Phone: _________________________________________

Meal Functions

- Friday Boxed Lunch - $15
  (advanced order required) $ __________
- Friday Evening Welcome Reception - Complimentary Number Attending $ __________
- Saturday Boxed lunch - $15
  (advanced order required) $ __________

Afternoon Workshops

Thursday - Registration Required
- 1:30-4:30 p.m. Sleep Workshop No charge
- 6:00-9:00 p.m. Part IV Performance in Practice Module
  (AAFP Member - $175/Non-Member - $300) $ __________

Friday - Registration Required
- 1:00-5:00 p.m. Heart Failure KSA-CSA
  (AAFP Member - $175/Non-Member - $300) $ __________
- 1:15-4:15 p.m. Lifestyle Medicine No charge
- 1:15-3:15 p.m. Ask The Expert No charge
- 3:30-5:30 p.m. QPP/MACRA Discussion No charge

Saturday - Registration Required
- 1:15-3:15 p.m. Clinical Decision Making
  STUDENT WORKSHOP No charge
- 1:15-4:15 p.m. Common Braces/Splints No charge
- 1:15-3:15 p.m. Opioids No charge
- 3:30-4:15 p.m. Resident Research - Part I No charge
- 4:30-5:30 p.m. Resident Research - Part II No charge

Subtotal Column 1: $ __________
Subtotal Column 2: $ __________
Total Registration Fees: $ __________

Payment Information

Registration Fees Total: $ __________

FamDocPAC Donation: $ __________
(I understand that only my name/business will be listed in the Winter edition of the Virginia Family Physician magazine as a donor. If you do not wish to be recognized please check . Virginia law requires donor information to be reported to the State Board of Elections if your contribution is more than $100. Contributions are not deductible as charitable contributions for Federal income tax purposes.)

VAFP Foundation Donation: $ __________
(Contributions are tax deductible as charitable contributions for Federal Income Tax purposes)

Methods of Payment:  □ MasterCard  □ VISA  □ American Express  □ Discover  □ Check (Make payable to VAFP)

Card Number: _________________________________________ Expiration Date: ________ Security Code: ________
Signature: ______________________________________________________________________ Name on Card: ________________________________
Billing Address: __________________________________________________________ City/State/Zip: ____________________________

Mail or Fax to: VAFP, 1503 Santa Rosa Road, Suite 207, Richmond, VA 23229, 804-968-4418
Virginia Academy of Family Physicians
1503 Santa Rosa Road, Suite 207
Richmond, VA 23229

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Register Online
www.vafp.org