

**VIRGINIA ACADEMY
OF
FAMILY PHYSICIANS**

**2018
ANNUAL REPORT**

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2018 ANNUAL BUSINESS MEETING AGENDA

- I. Call to Order
Rupen S. Amin, MD, MBA, FAAFP
VAFP President
- II. Welcome and Introductions
- III. President's Report
- IV. Election of 2018-19 VAFP Officers and Directors
- V. Convocation of AAFP Degree of Fellow
David A. Ellington, MD, FAAFP
Former Director, AAFP
Past President, VAFP
- VI. Legislative Report
Hunter Jamerson, JD, MBA
VAFP General Counsel & Legislative Consultant
- VII. Adjournment

VIRGINIA ACADEMY OF FAMILY PHYSICIANS

VAFP Vision Statement

The vision of the VAFP is for Virginia to be the best place for our citizens to receive their healthcare and for family physicians to practice medicine.

VAFP Mission Statement

The mission of the VAFP is to empower its members to be personal physicians who provide high quality, accessible health care, dedicate themselves to the well-being of the citizens of Virginia, and are guided by the principle that the family physician is the specialist of choice for lifelong health care.

2017-2018 OFFICERS, DIRECTORS AND EX OFFICIO MEMBERS

PRESIDENT

Rupen S. Amin, MD, MBA, FAAFP
Harrisonburg

PRESIDENT ELECT

Delmas J. Bolin, MD, PhD, FAAFP
Roanoke

FIRST VICE-PRESIDENT

Emmeline C. Gasink, MD, FAAFP
Newport News

IMMEDIATE PAST PRESIDENT

Lindsey D. Vaughn, MD, FAAFP
Suffolk

TREASURER

Dena R. Hall, MD
Suffolk

SECRETARY

Charles O. Frazier, MD, FAAFP
Williamsburg

EXECUTIVE VICE PRESIDENT

Mary Lindsay White, MHA
Richmond

2018 DIRECTORS

Robin Anderson, MD
Virginia Beach
J. Scott Litton, MD, FAAFP
Pennington Gap
Jerome A. Provenzano, MD
Newport News

2019 DIRECTORS

David S. Gregory, MD, FAAFP
Lynchburg
Neeta Goel, MD
Leesburg
Daniel F. McCarter, MD
Richmond

2020 DIRECTORS

Amber Fedin, DO, FAAFP
Danville
Jeffrey B. Roberts, MD, FAAFP
Richmond
Sebastain Tong, MD, MPH
Richmond

AAFP DELEGATES

Sterling N. Ransone, Jr., MD, FAAFP
Deltaville
Jesus L. Lizarzaburu, MD, FAAFP
Grafton

AAFP ALTERNATE DELEGATES

E. Mark Watts, MD, FAAFP
Vinton
Kent E. Willyard, MD, FAAFP
Newport News

MSV DELEGATE

Rupen S. Amin, MD, MBA, FAAFP
Harrisonburg

MSV ALTERNATE DELEGATE

Delmas J. Bolin, MD, PhD, FAAFP
Roanoke

EX OFFICIO MEMBERS

Brian A. Dickens, DO
Salem
Alison E. Dobbie, MD, MRCGP
Norfolk
Michael P. Jeremiah, MD, FAAFP
Roanoke
Anton J. Kuzel, MD, FAAFP
Richmond
Raena M. Pettitt, DO
Evington
Susan Q. Pollart, MD, MS, FAAFP
Charlottesville

2018-2019 NOMINEES FOR OFFICERS, DIRECTORS AND AAFP REPRESENTATIVES

PRESIDENT ELECT

Emmeline C. Gasink, MD, FAAFP
Newport News

FIRST VICE PRESIDENT

Jerome A. Provenzano, MD
Newport News

TREASURER

Charles O. Frazier, MD, FAAFP
Williamsburg

SECRETARY

Lindsey D. Vaughn, MD, FAAFP
Suffolk

2020 DIRECTORS

Denee J. Moore, MD
North Dinwiddie

2021 DIRECTORS

Robin Anderson, MD
Virginia Beach
Isaac D. Spence, DO
Blacksburg
Timothy J. Yu, MD
Fairfax

AAFP DELEGATE

Jesus L. Lizarzaburu, MD, FAAFP
Grafton
E. Mark Watts, MD, FAAFP
Vinton

AAFP ALTERNATE DELEGATE

Kent E. Willyard, MD, FAAFP
Newport News
Rupen S. Amin, MD, MBA, FAAFP
Harrisonburg

COMMITTEE CHAIRS

CME/PROFESSIONAL DEVELOPMENT

Mitchell B. Miller, MD, FAAFP

Kurtis S. Elward, MD, MPH, FAAFP

EXECUTIVE

Rupen S. Amin, MD, MBA, FAAFP

FINANCE

Dena R. Hall, MD

NOMINATING

Delmas J. Bolin, MD, PhD, FAAFP

LEGISLATIVE

Jesus L. Lizarzaburu, MD, FAAFP

PRACTICE ENHANCEMENT & QUALITY

Kurtis S. Elward, MD, MPH, FAAFP

Anton J. Kuzel, MD, MHPE, FAAFP

RESIDENT, STUDENT & FACULTY

Emmeline C. Gasink, MD, FAAFP

TASK FORCE CHAIR

Graduate Medical Education

Roger A. Hofford, MD, CPE, FAAFP

POLITICAL ACTION COMMITTEE CHAIR

FAMDOCPAC

Sean W. Reed, MD

PRESIDENT'S MESSAGE

RUPEN S. AMIN, MD, MBA, FAAFP

HARRISONBURG

Dear Colleagues,

Representing the VAFP as the 71st President has been one of the greatest privileges of my career as a Family Physician and I am honored to have had the chance to represent all Family Physicians in Virginia. It is with profound gratitude that I write my final letter to our members. This past year has been full of hard work, learning, networking, and most importantly representing the interests of our members at the state and national level.



The year began with a lot of uncertainty as to the future of healthcare delivery. A new Governor was due to be elected as were a multitude of seats in the General Assembly that had the potential to alter the Commonwealth's healthcare landscape significantly. Because of the efforts of the VAFP and particularly our legal counsel Hunter Jamerson and Legislative committee led by Dr. Jesus Lizarzaburu, the VAFP was able to advocate for bills that promoted primary care and protect the specialty of Family Medicine. There is no doubt in my mind that these conversations will continue for years to come but the foundation we have laid on our stance to protect Family Medicine has been recognized and will serve us well for years to come.

The VAFP has also continued with the tradition of spectacular CME programming this past year. The VAFP held our annual meeting at a new location at the Lansdowne Resort in Northern Virginia last July and the feedback was very positive. Many thanks to our CME committee led by Dr. Mitch Miller as they work hard to schedule programs that are beneficial to the majority of our members and have laid the groundwork for exciting venues in the years to come, including a return to the Homestead Resort!

Financially the VAFP remains on very solid footing thanks to our outgoing treasurer, Dr. Dena Hall. Dr. Hall has served the VAFP for many years in various capacities and we are truly grateful for her most recent service as Treasurer. Dr. Hall will hand off her responsibilities to Dr. Frazier this summer and I am confident we are in good hands with Dr. Frazier.

We have also spent much of the year revamping our interactions with Medical Students and Family Medicine Residents across the state. Dr. Emmeline Gasink heads up our Resident, Student and Faculty Committee and does a wonderful job. Given our changes over the past year, I am hopeful that we continue to capitalize on the great wealth of knowledge our Residents and Students bring to the table and how the VAFP interacts with them throughout the Commonwealth.

The VAFP Board of Directors and Executive team have had the opportunity to represent the members of the VAFP at the state and national level. Our desire to provide the best representation for the members of the Academy led us to the Congress of Delegates in San Antonio, Texas; the Annual Chapter Leadership Forum held in conjunction with the National Conference of Constituency Leaders in Kansas City, Missouri; the Southeast Family Medicine Forum in Savannah, GA and the State Legislative Conference in Dallas, Texas to name a few. All of these events provide us the chance to interact with Chapter representatives from other states and identify best practices in the way we represent our members locally.

I would also be remiss not to acknowledge the daily effort put in by the staff of the VAFP. Led by Mary Lindsay White, we could not ask for a better group of individuals to support our mission and values, so a big thank you to Mary Lindsay White, Cheryl Modesto, Matt Schulte, Kristi Reynolds, and Kristie Duncan!

Through all of the work that the VAFP does for its members and the plethora of interactions I have had over this past year, I am constantly reminded of the great potential we have as Family Physicians and the truly remarkable stories that have led us all to this profession. Collectively I would like to thank all of you for the work that you do to promote the health and wellbeing of the citizens of this great Commonwealth!

I cannot reiterate enough the honor I have had to serve as the 71st President of the Virginia Academy of Family Physicians. I know I also speak for the Board of Directors and every committee member when I say that it is our true honor to serve the amazing Family Physicians of the Commonwealth of Virginia. I hope you continue to find value in being a member of the VAFP and thank you again for the opportunity to serve you!

Sincerely,

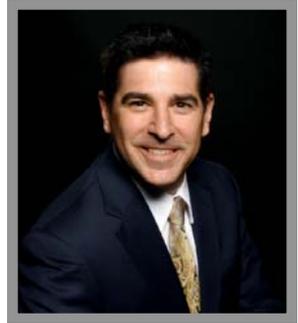
Rupen

INCOMING PRESIDENT'S MESSAGE

DELMAS J. BOLIN, MD, PHD, FACSM, FAAFP, ROANOKE

Dear Colleagues,

As the 72nd President of the Virginia Academy of Family Physicians, it is my privilege to welcome you back to Williamsburg for what promises to be another tremendous Annual Meeting. Dr. Mitch Miller and his team always bring excellent speakers who update us on the latest in Family Medicine. I hope this weekend brings you opportunities to catch up with old friends and make some new ones. Further, I hope that you will leave with new knowledge, tools and renewed enthusiasm for the care that you provide to those who entrust you with their health!



I am honored to be serving as your President, but do so with some surprise and a little trepidation. Having grown up in rural Pennsylvania, I have held family medicine in high esteem for most of my life. My first family doctor was the one who delivered me; in fact, when he moved into the little town of Lock Haven, my uncle was his first patient. My second family doctor also had a profound effect on me; he was my high school team doctor and later my father-in-law.

These doctors demonstrated a breadth of practice not unlike that of the VAFP membership. They were well trained and could practice the full scope of medicine, caring for their patients from the delivery room to the grave, and all points in between. I aspired to be like them, but have seen with time, parts of my practice have ceased – I don't deliver babies; I no longer make rounds in the hospital. I have grown to practice more "academic" medicine, I am keenly aware that I've left a little of my "ideal family doctor" behind. With the increasing emphasis for "high quality primary care" in today's environment, what the nation seems to want is exactly what Virginia's Family Physicians have understood all along; the best care is delivered by those who know and follow the patient throughout their medical (and personal) journeys. The VAFP is fortunate to have been led by many such physicians over the years, and they are doctors I continue to aspire to be like.

While the Family Physician is best suited for the role of “family doctor”, there are others who seek to usurp that role. One of my mentors once told me, “When you see someone do something extraordinary but they make it look easy, that’s called being a professional.” It was true in that case of the professional athlete, and it is true of today’s family medicine; because we can often diagnose the routine easily, it can make others, even legislators, think “anyone can do that”. Our interests are given exceptional representation by our General Counsel, Hunter Jamerson, JD. Hunter continues to articulately represent Virginia’s Family Physician’s interests in Richmond and beyond. Hunter and Legislative Chair Jesus Lizarzaburu, MD keep the Board informed of the rapid changes that occur during the legislative session. We are also fortunate to have a robust FamDocPAC – run by VAFP Past President Sean Reed, MD, which helps make it possible for our voices to be heard. Most of us would prefer to focus on the patient and “medicine.” Continuing to have a strong political presence allows us a seat at the table when important legislative issues come to the front, as they certainly will again in the coming year.

There are many places where Family Doctors can go for continuing medical education. We are pleased that you continue to support your VAFP meetings. Part of my agenda this year will be to use the power of the VAFP and our representatives to the AAFP to lean on the American Board of Family Medicine to limit their incursions into what is appropriate CME for “Board Certification.” As these organizations mandate more of your time and money, there is less autonomy for you to choose how you get to spend your CME dollars or even the focus of your continued learning. Each one of us managed to become physicians without the board’s assistance; we are fully capable of directing our own continued education.

In addition, I want to continue Dr. Amin’s initiative of encouraging medical student and resident members of the VAFP to keep their passion for family medicine. We have strong student interest at our winter meeting and very engaged student and resident interest groups. If you happen to be sitting beside a resident or student, be sure to introduce yourself and help them build their network (and yours!) of family doctors in Virginia.

INCOMING PRESIDENT'S MESSAGE (CONTINUED)

Finally, I have been preceded by some exceptional individuals as President of the VAFP. My thanks to my friend and colleague, Dr. Rupen Amin, for our very productive year during his presidency. The Board of Directors has some new officers and directors that bring great experience and perspective from across the Commonwealth in a variety of practice settings. I am very fortunate that talented Past Presidents Drs. Charlie Frazier & Lindsey Vaughn have accepted leadership roles on the Board as Treasurer and Secretary, respectively. I am very grateful to Past President Dena Hall, who completes her term as Treasurer this year. Joining the board as officers this year are Dr. Emmeline Gasink as President-Elect and Jerome Provenzano, MD as First Vice-President. I am also pleased to have Robin Anderson, MD (Virginia Beach) returning for a full term as director and welcome new directors Timothy Yu, MD (Fairfax) and Isaac Spence, DO (Blacksburg). Denee Moore, MD has graciously accepted the role of Director to fill the unexpired term of Sebastian Tong, MD as he has relocated his practice to New York.

This year promises to be another filled with its own successes and challenges. The VAFP remains one of the strongest and fiscally secure state groups in the nation. We are very fortunate to have a strong and dedicated staff led by our outstanding Executive Vice President, Mary Lindsay White and fantastic staff of Matt Schulte, Cheryl Modesto, Kristi Reynolds, and Kristie Duncan. They arrange the meeting spaces and find us excellent venues at extraordinary value. They are committed to the success of Virginia's Family Physicians and work tirelessly to ensure our Academy's success.

I look forward to the coming year. I am humbled to find myself as the President of your Academy and will do my best to serve the interests of the Family Physicians of the great Commonwealth of Virginia.

Sincerely,

Delmas Bolin, MD, PhD

LEGISLATIVE UPDATE

HUNTER JAMERSON, JD, MBA

GENERAL COUNSEL &

LEGISLATIVE CONSULTANT

The 2018 Virginia General Assembly Session proved to be one of the most active in VAFP's history. Scope of Practice, Medicaid Expansion, Physician Reimbursement, Administrative Burdens, and Legislated Practice of Medicine proved to be the dominating topics this year. Despite major political challenges, I am pleased to report that VAFP enjoyed major legislative successes in 2018. Your Legislative Committee continues to work tirelessly to advance the cause of Family Medicine in the General Assembly. Major initiatives this year included:

Nurse Practitioner Scope - Legislation to create a pathway to independent licensed nurse practitioners, House Bill 793, was signed into law by the governor and is now in the regulatory process. VAFP, in collaboration with the Medical Society of Virginia, the Virginia College of Emergency Physicians, and the Virginia Chapter - American College of Pediatrics, succeeded in substituting the introduced legislation (which would have allowed nurse practitioners to practice independently just 6 months after graduation from a Masters-level program) with legislation, patroned by physician-legislator T. Scott Garrett, M.D., which creates the most rigorous pathway to independent practice in the United States. VAFP is proud to say, patients are protected by the legislation which we worked to pass in the face of deeply concerning alternatives.

Emergency regulations implementing House Bill 793 must be in place by early 2019. Depending on the speed with which the Boards and the Governor act on those regulations, they could be in place sooner or much later. Regulatory deadlines are missed all the time. But it is reasonable to assume that there will be regulations in place by 2019, and that sometime in Q2 of 2019 we will see the first NP applicants for independent practice. We do not yet know how long it will take for the first approvals to go through. But by 2020, VAFP expects independent nurse practitioners to be practicing, and possibly as soon as mid-2019. In 2021, the Department of Health Professions must report back to the General Assembly on the impact of licensing independent nurse practitioners.

Doctors of Medical Science - Legislation, Senate Bill 505, to create a new licensed health profession, Doctors of Medical Science, was continued to 2019 in the face of strong VAFP opposition. This bill, supported primarily by Lincoln Memorial University which houses a Doctors of Medical Science program, would have licensed advanced-study physician assistants with a scope of practice tantamount to that of a primary care physician. While physician workforce shortages remain, VAFP continues to promote investment into existing physicians and into medical residency programs in order to meet the needs of Virginia's patients.

LEGISLATIVE UPDATE (CONTINUED)

Medicaid Expansion - The Governor has signed Medicaid Expansion into law. It took a protracted Special Session in order to break budget impasse over Medicaid eligibility, but a deal between key legislators in the House and Senate emerged at the end of May. Effective January 1, 2019, Virginia's Medicaid eligibility limits will expand to 138% of the Federal Poverty Line. The Commonwealth's share will be paid for by a tax on for-profit hospitals, although those hospitals will be partially reimbursed by an increase in Medicaid inpatient reimbursement rates. The enacted Medicaid expansion authorization retains a work requirement provision and a cost-sharing obligation for Medicaid participants. Physicians will have a role in determining when a patient's medical condition exempts them from these requirements.

VAFP significantly engaged in the Medicaid Expansion debate this year, championing the sustainment of key administrative reforms to the Medicaid program necessary for physician participation. VAFP has also advocated, and continues to actively press, for increases to both in-patient and outpatient physician reimbursement. Ultimately, increased physician participation will be necessary to meet the needs of an additional 400,000 newly insured Virginians.

Credentialing – Sponsored by Delegate Chris Head, VAFP successfully advocated for legislation, House Bill 139, ensuring physicians are retroactively reimbursed for services rendered while third-party payer credentialing applications are pending approval. The Governor signed House Bill 139 into law. The legislation, opposed vehemently by Virginia's Association of Health Plans, provides that commercial payers must reimburse physicians retroactive to the date of the credentialing application, if their application is approved, regardless of when the application is approved. This change, a major win for VAFP in the Commerce Committees, took effect July 1, 2018.

Maintenance of Certification – Legislation to prohibit the Board of Medicine, Hospitals, and Health Plans from requiring maintenance of Board certification as a condition of licensing, privileges, or credentialing failed despite strong VAFP support. The American Board of Medical Specialties retained a lobbying team to aggressively oppose House Bill 157. VAFP has met with the American Board of Medical Specialties to discuss Maintenance of Certification and will work again in 2019 to secure legislative relief from this administrative burden and high-stakes certification process.

Step Therapy – VAFP continues to support initiatives to remove administrative barriers to patients accessing the drug regimen prescribed by their physician. Legislation in the Senate advanced further than ever in 2018. VAFP will continue to advance step therapy and other prior authorization reforms in 2019.

CBD and THC-A Oil – The march toward legal medical marijuana in Virginia continued this year. Senate Bill 726, now signed into law, provides that practitioners may issue a written certification for the use of CBD oil or THC-A oil for the treatment of or to alleviate the symptoms of any diagnosed condition or disease determined by the practitioner to benefit from such use. This is an expansive change from current law limiting the treated disease state to intractable epilepsy. As the Board of Pharmacy issues applications for THC Oil Processors, physicians are carefully considering the balance between Virginia’s prescribing laws and federal law.

Lyme Disease – Legislation to extend the sunset provisions on required Lyme Disease Disclosures did not advance in the General Assembly this year. Accordingly, effective July 1, 2018, physicians will no longer be required to provide handout information to patients regarding Lyme Disease testing.

VAFP CAREER CENTER

The VAFP Career Center is the hub for physician employment opportunities in Virginia and is the premier member resource to explore employment opportunities in Virginia or to recruit for open positions within your practice. The VAFP has discounted rates for members that want to advertise open positions within the Career Center.

To access the Career Center visit www.vafp.org and utilize the Career Center link on the home page. The VAFP Career Center will provide the opportunity to:

Manage Your Career - search and apply to multiple family medicine positions that are all located in Virginia, upload your anonymous resume and allow employers to contact you through the Career Center's messaging system, set up job alerts specifying your skills, interests, and preferred location(s) to receive email notifications when a job is posted that matches your criteria.

Recruit for Open Positions - promote your jobs directly to VAFP members via the exclusive Career Center email system, search the anonymous resume database to find qualified candidates, manage your posted jobs and applicant activity easily on this user-friendly site.

One of the goals at the VAFP is to provide members with training and tools to advance their career development. Please utilize the VAFP Career Center to find or fill a job in the future. If you have any questions, please do not hesitate to contact the VAFP at 1-800-THE-VAFP or e-mail Matt Schulte at mschulte@vafp.org.

MEMBERSHIP

The Virginia Academy of Family Physicians membership continues to increase annually. As of May 2018, total VAFP membership stood at 3,407 with Active membership totaling 1,986, resident membership at 179 and student membership at 957. Four additional categories including Life membership totaled 285.

The VAFP continues to offer multiple member benefits including access to the Daily POEMS, the VAFP Career Center and legal resources for employment contract negotiations.

Daily POEMS (Patient Oriented Evidence that Matters) from Essential Evidence Plus provide members with complimentary daily alerts and over 3,000 archived POEMS to help members stay abreast of the latest and most relevant medical literature. Delivered directly to by e-mail every Monday through Friday, Daily POEMS identify the most valid, relevant research that may change the way physicians practice. Since 1996, POEMS editors review more than 1,200 studies monthly from more than 100 medical journals, presenting only the best and most relevant as POEMS. The acclaimed POEMS process applies specific criteria for validity and relevance to clinical practice.

The VAFP Career Center is housed on the VAFP website and is the career hub for physician employment opportunities in Virginia. The VAFP Career Center is the premier resource for you to explore employment opportunities in Virginia or to recruit for open positions within your practice. The VAFP has discounted member rates for those that want to advertise open positions within the VAFP Career Center.

The VAFP's General Counsel, Hunter Jamerson, JD, MBA, continues to partner with the VAFP to provide a legal resource for flat fee physician employment contract review and negotiations. This service was developed in 2016 by the VAFP's General Counsel K. Marshall Cook, JD and is invaluable to those physicians that are beginning their practice of family medicine after residency completion or those members that are changing employers or hiring partner physicians.

For information on all of these member benefits, please contact the VAFP at admin@vafp.org or 1-800-THE-VAFP.

IN MEMORIAM

James A. Cross, MD - Camden, SC

Lloyd T. Griffith, MD - Richmond

Harry L. Kraus, MD - Rockingham

James T. Luck, MD - Damascus

Joseph W. May, MD - Charlottesville

Jorge A. Naranjo, MD - Richmond

Robert C. Raynor, MD - Afton

VAFP AWARDS

Congratulations to the recipients of this year's VAFP Awards.

Included in each registrant's conference booklet is information on how to nominate your peers for the 2019 VAFP Awards, The VAFP respectfully requests members to nominate a fellow family physician for one of these outstanding awards.

The 2018 Awards will be presented during the Installation of VAFP Officers & Directors and Academy Awards Dinner on Friday, July 27. Congratulations again to each of the recipients!!



Virginia Family Physician of the Year Award

Mitchell B. Miller, MD, FAFP

Coastal Family Practice
Virginia Beach



James P. Charlton, MD Teacher of the Year Award

Shyam Odeti, MD

Ballad Health
Abingdon



E. Elliott Oglesby, MD Volunteer of the Year Award

Emily Young, DO, MA, MPH

Charlottesville Free Clinic
Charlottesville

FINANCES

The Virginia Academy of Family Physicians continues its tradition of operating under sound financial management. This effort is led by VAFP Treasurer Dena Hall, MD and the members of the VAFP Executive/Finance Committee. The committee meets each year to develop an operating budget that meets the needs of the Academy yet is very mindful of the fiscal responsibility to the Academy.

The VAFP's dues are the second lowest in the country as compared to other AAFP Chapters with an active membership of similar size. Additionally, the VAFP has had only three dues increases in the last 28 years.

Net income for fiscal year 2017 was \$133,597. This is significant given the financial impact of the reduction of outside grant income, challenging exhibit sales and competition from other educational offerings.

The VAFP ended fiscal year 2017 with Unrestricted Net Assets of just over \$1,650,000 and Total Assets of just over \$2,000,000.

FINANCES—STATEMENT OF FINANCIAL POSITION & ACTIVITIES

FOR THE YEAR ENDING DECEMBER 31, 2017

SUPPORT AND REVENUE

Membership dues	\$ 566,631
Annual Meeting	\$ 184,805
CME seminars	\$ 187,471
Interest income	\$ 26,803
Career Center	\$ 8,509
Other	\$ 11,812
Total support and revenue	\$ 986,031

EXPENSES

Program services	\$ 394,846
Supporting services	\$ 457,588
<u>Loss of Disposition of Assets</u>	\$ 0
Total expenses	\$ 852,434

Unrestricted Net Assets, beginning of year	\$1,530,718
<u>Increase in unrestricted net assets</u>	\$ 133,597
Unrestricted Net Assets, end of year	\$1,664,315

ASSETS

CURRENT ASSETS

Cash and cash equivalents	\$1,945,503
Accounts receivable	\$ 129,163
<u>Prepaid expenses</u>	\$ 17,763
Total current assets	\$2,092,429

PROPERTY AND EQUIPMENT

Office furniture and equipment	\$ 42,264
<u>Accumulated depreciation</u>	\$ (32,825)
Net property and equipment	\$ 9,439

Total Assets	\$2,101,868
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LIABILITIES AND UNRESTRICTED NET ASSETS

CURRENT LIABILITIES

Accounts payable	\$ 422
<u>Deferred revenue</u>	\$ 437,131
Total current liabilities and total liabilities	\$ 437,553

<u>Unrestricted Net Assets</u>	\$1,664,315
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Total Liabilities and Unrestricted Net Assets	\$2,101,868
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PRACTICE ENHANCEMENT & QUALITY COMMITTEE REPORT

ANTON J. KUZEL, MD, MHPE, FAAFP & KURTIS S. ELWARD, MD, MPH, FAAFP

Your VAFP has advocated for you in creating the best climate possible for your practice, and supports you in providing the excellent care you desire. With the development of more value-based payment arrangements, equipping family physicians and their staffs is essential.

One major initiative has been the Heart of Virginia Healthcare project, part of a national AHRQ initiative that has helped over 200 primary care practices better deal with cardiovascular risk reduction as part of AHRQ EvidenceNOW initiative. Just as important has been HVH's emphasis on restoring the enjoyment of medicine, and nurturing the family physician team of care.

The key components included a kickoff meeting, personalized practice coaching, a practical set of "tools" and training for practice transformation, and the help of expert physician faculty. The program sought to meet each practice "where they were" and help them get to where they wanted to be, in a sustainable fashion.

Physician and practice-centered measures were tracked, with a focus on what real practices need in real time, and yet how to prepare them for the future.

The Heart of Virginia Healthcare program is now into the data analysis phase. Initial findings are that there was progress on all four measures (aspirin, blood pressure, cholesterol, and smoking), but that better documented attention to smoking was the only one that achieved statistical significance. Another interesting finding is that practices in the second cohort tended to do a bit better than practices in the first cohort, and the third cohort did even better than the second. We are looking for any indication of why we saw this pattern. FQHC and independent practices were more likely to attend the kickoff meetings than system-owned practices. Kickoff meeting attendance was not associated with greater engagement scores from the coaches. Practices made the most progress on team engagement, identifying patient needs, understanding cardiovascular measures, adopting cardiovascular guidelines, managing medications, supporting self-management, coordinating care, optimizing workflow, and organizational learning. Less but still positive progress was made on improving access to care, developing care plans, optimizing visits, optimizing teamwork, optimizing data, and optimizing finances.

Our Virginia cooperative will be meeting with the other six cooperatives and sharing findings in mid-August and we will convey the conference actions to the VAFP BOD. Looking to the future, Dr. Kuzel intends to submit a grant that would help primary care practices incorporate new approaches to obesity, since the mortality associated with obesity related diseases dwarfs the mortality associated with alcohol, smoking, or opioids.

As we move ahead, we are increasingly confident that this innovative practice support intervention led to improvements in many essential areas. Subsequent analyses will look for associations between these improvements and changes in practice adaptive reserve and performance on selected cardiovascular care metrics. Our work will also help us support many other family physicians in Virginia, and create a more thriving environment for family medicine.

CONTINUING MEDICAL EDUCATION

The Virginia Academy of Family Physicians continues its tradition of offering first class, affordable continuing medical education conferences for Academy members.

Each year, the Academy sponsors two major CME activities. The Wintergreen Winter Family Medicine Weekend is held over four days in the winter months of January or February annually. This year the conference drew over 240 family physicians, residents, medical students, and other health care professionals. The exhibit portion of the conference was comprised of 39 exhibiting organizations - the maximum number available - and was sold out months in advance of the meeting.

The Academy's Annual Meeting & Exposition is held each summer. This year's conference is taking place July 26-29, 2018 at the Williamsburg Lodge in Williamsburg. Academy members will have the opportunity to enjoy all of the activities that the resort and area offer. Approximately over 60 exhibiting organizations will be available to discuss with members the newest in product and service developments. CME costs for Academy members' average \$13.00 per credit hour.

The VAFP sponsored numerous group learning sessions to assist VAFP members with the completion of their ABFM Family Medicine Certification Process requirements. Knowledge Self-Assessment (KSA) and Clinical Self-Assessment (CSA) programs were held during 2017 and the first half of 2018. Maintenance of Certification sessions are being held in conjunction with this year's Annual Meeting and there are four more scheduled for the remainder of 2018. These sessions drew maximum attendance and continue to be evaluated very highly.

Continued in 2018, the VAFP offered at each major CME event an opportunity to attend a pain management continuing medical education session. Physicians who attend these two hour sessions satisfy the Board of Medicine requirements for continuing education in pain management, proper prescribing of controlled substances, and the diagnosis and management of addiction. The Board requires all prescribers licensed by the Board of Medicine to obtain 2 hours of education in the 24 months prior to their next biennial renewal.

The Academy expresses its deep appreciation to the Chair of the Continuing Medical Education Committee, Mitchell B. Miller, MD, FAAFP and his committee for their outstanding work in creating superb CME for VAFP members and to Kurtis S. Elward, MD, MPH, FAAFP and Mark H. Greenawald, MD, FAAFP, for their exceptional work as Family Medicine Certification Session presenters.

RESIDENTS & STUDENTS

The Virginia Academy of Family Physicians Board of Directors has one resident representative and one medical student representative who serve on the Board on a rotating basis. Currently, representatives are chosen on a rotating basis by their peers from a subcommittee of residents and students representing all the schools and residency programs in Virginia. These subcommittees meet by phone, have their own VAFP list serve, and gather for an in-person meeting during the Wintergreen conference. The VAFP provides funding for one resident and student to attend each VAFP Board meeting.

Beginning in the fall of 2018, the above noted process will identify the alternate representative and a voting process will be introduced for the election of the Resident and Student Board representative.

The VAFP provides complimentary housing for students and residents to attend the VAFP Winter Family Medicine Weekend held annually at Wintergreen Resort. At the 2018 VAFP Winter Family Medicine Weekend, 22 Family Medicine Residents and 35 medical students were in attendance. In addition, the medical students are offered a student specific educational session at Wintergreen focused on Clinical Decision Making. It is a case-based discussion of the process of clinical decision making and the challenges and pitfalls physicians face while developing differential diagnoses and working to establish a final diagnosis. The residents are offered a 2.5 hour research session in which they have the opportunity to present case based research they have completed in their respective programs.

The VAFP also supports residents with discounted employment contract review by the VAFP's General Counsel and a Career Center that houses multiple job offerings in the Commonwealth. The VAFP supports the Family Medicine Interest Group's at each of the six Virginia medical schools with \$500.00 in funding to develop programs that promote Family Medicine.

The VAFP Foundation offers a graduating medical student that attends a Virginia Residency Program a \$1,500 scholarship as well as a Virginia PGY-3 Graduating Resident a \$2,000 scholarship that chooses to practice in an underserved area of Virginia. The Foundation awarded its first scholarships in 2017.

Academy dues are paid by the VAFP for resident members in their first year of residency and all medical student dues are complimentary.

VAFP PAST PRESIDENTS

*William L. Powell, MD, Roanoke	1947-48
*James L. Hamner, MD, Mannboro	1948-49
*James D. Hagood, MD, Clover	1949-50
*Ira L. Hancock, MD, Virginia Beach	1950-51
*John O. Boyd, Jr., MD, Roanoke	1951-52
*Edward S. Haddock, MD, Richmond	1952-53
*Brewster A. Hopkins, MD, Stuart	1953-54
*Richard M. Reynolds, MD, Norfolk	1954-55
*Rufus Brittain, MD, Tazewell	1955-56
*Frank E. Tappan, MD, Berryville	1956-57
*Malcolm H. Harris, MD, West Point	1957-58
*W. Linwood Ball, MD, Richmond	1958-59
*Fletcher J. Wright, Jr., MD, Petersburg	1959-60
*Boyd H. Payne, MD, Staunton	1960-61
*William J. Hagood, MD, Clover	1961-62
*Harry M. Frieden, MD, Norfolk	1962-63
*Frank D. Daniel, MD, Lynchburg	1963-64
*Thomas L. Lucas, MD, Charleston, SC	1964-65
*Russell G. McAllister, MD, Richmond	1965-66
*Robert L. Cassidy, MD, Culpeper	1966-67
J. Powell Anderson, MD, Waynesboro	1967-68
*Howard I. Kruger, MD, Norfolk	1968-69
*A. Epes Harris, MD, Blackstone	1969-70
Clarence W. Taylor, Jr., MD, Shawsville	1970-71
*Thomas H. Jennings, MD, Bedford	1971-72
*Alan Mackintosh, MD, Bristow	1972-73
T. Winston Gouldin, MD, Norfolk	1973-74
William B. Waddell, MD, Galax	1974-75
*Robert S. Smith, MD, Richmond	1975-76
*Levi W. Hulley, Jr., MD, Richmond	1976-77
George Robert Smith, MD, Shawsville	1977-78
*Emerson D. Baugh, Jr., MD, Kenbridge	1978-79
Gene E. Clapsaddle, MD, Moneta	1979-80
Harold M. Horden, MD, Norfolk	1980-81
*James P. Charlton, MD, Virginia Beach	1981-82
*Benjamin E. Norfleet, MD, Newport News	1982-83

VAFP PAST PRESIDENTS

J. Francis Amos, MD, Rocky Mount	1983-84
G. Stanley Mitchell, Jr., MD, Newport News	1984-85
*F. Elliott Oglesby, Sr., MD, Richmond	1985-86
Alvin J. Ciccone, MD, Norfolk	1986-87
*Robert F. Baxter, MD, Grundy	1987-88
J. Albert Hagy, MD, Roanoke	1988-89
Harold W. Markham, MD, Virginia Beach	1989-90
Leroy S. McDaniel, MD, Richmond	1990-91
*T. P. Davis, MD, Christiansburg	1991-92
*Charles H. Crowder, Jr. MD, South Hill	1992-93
Stuart M. Solan, MD, Richmond	1993-94
J. Michael Ponder, MD, Franklin	1994-95
Roger A. Hofford, MD, Lynchburg	1995-96
Michelle Whitehurst-Cook, MD, Highland Springs	1996-97
Mitchell B. Miller, MD, Virginia Beach	1997-98
Larry G. Mitchell, MD, Richlands	1998-99
David A. Ellington, MD, Lexington	1999-00
J. Douglas Smith, MD, Harrisonburg	2000-01
Joseph Leming, MD, Colonial Heights	2001-02
Shane J. Kraus, MD, Glen Allen	2002-03
Cynthia C. Romero, MD, Virginia Beach	2003-04
Dena R. Hall, MD, Suffolk	2004-05
Kurtis S. Elward, MD, MPH, Charlottesville	2005-06
Wayne J. Reynolds, DO, Gloucester Point	2006-07
Sterling N. Ransone, Jr, MD, Deltaville	2007-08
E. Mark Watts, MD, Vinton	2008-09
Janice E. Ragland, MD, Herndon	2009-10
Jesus L. Lizarzaburu, MD Grafton	2010-11
Kent E. Willyard, MD, Newport News	2011-12
Mark H. Greenawald, MD, Roanoke	2012-13
Sean Reed, MD, Charlottesville	2013-14
Robert I. Elliott, MD, Hurt	2014-15
Charles O. Frazier, MD, Williamsburg	2015-16
Lindsey D. Vaughn, MD, Suffolk	2017-18

* Deceased