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Bright Spot Communities:
Qualitative Interviews on Opioids in Virginia
(Research in Progress)

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Opioid Epidemic in Virginia

**2,226 deaths
in 2021**

**6 Virginians
die per day**



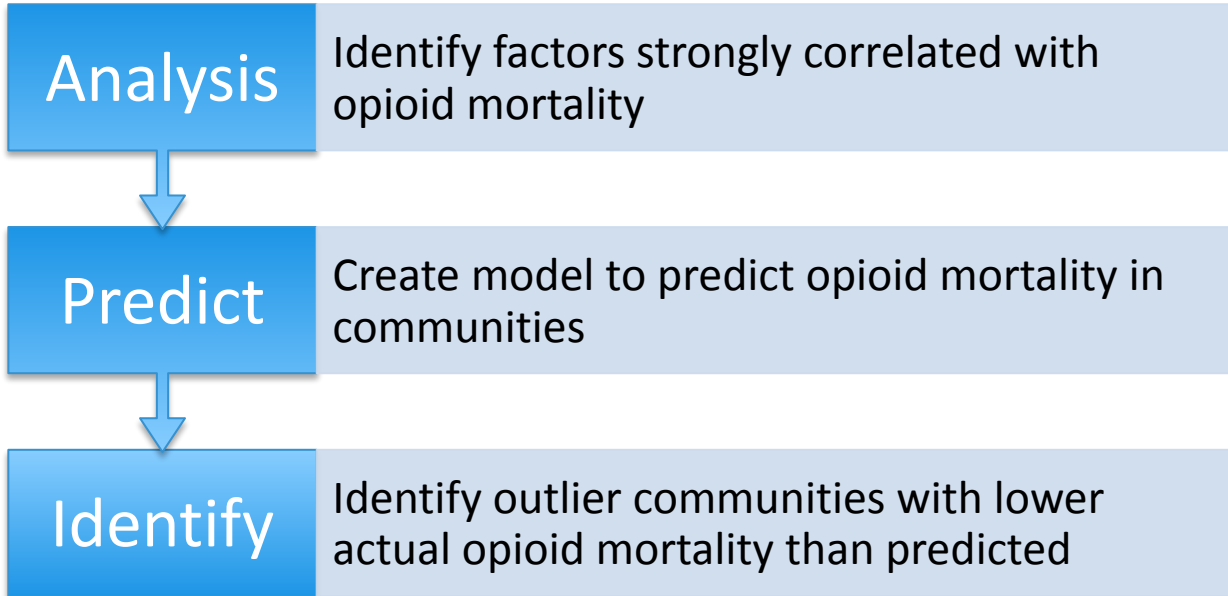
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Identifying bright spot communities: Socioecological, workforce, and healthcare delivery factors influencing opioid mortality

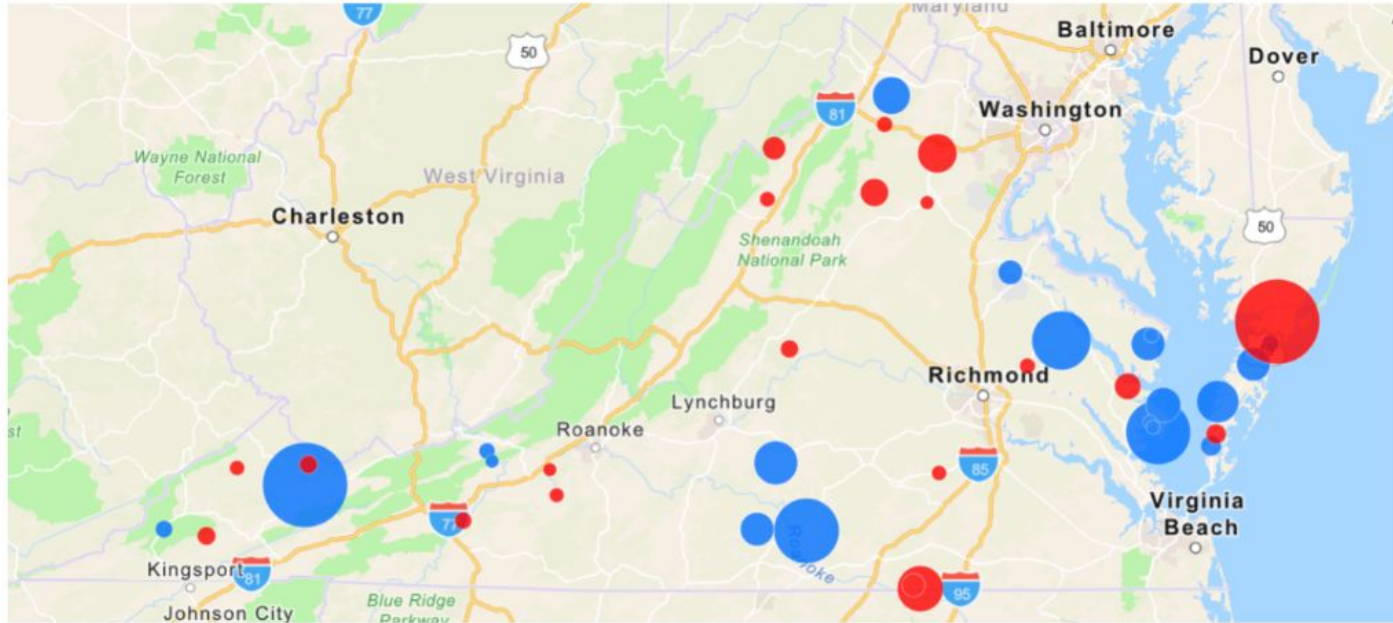
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The Annals of Family Medicine April 2022, 20 (Supplement 1) 2949; DOI: <https://doi.org/10.1370/afm.20.s1.2949>

Identifying Bright Spot Communities



Top 20 Bright and Cold Spots by Residual Size



● Bright Spot
(Better outcomes than predicted)

● Cold Spot
(Worse outcomes than predicted)

Next Steps: Qualitative Interviews and Community Engagement

What is going *right* in Bright Spot communities
and how can we learn from them?

Next Steps: Qualitative Interviews and Community Engagement

(My Role)

- Developing an interview guide
- Preliminary consultations

Common Theme: MAT/MOUD (Medications for Opioid Use Disorder)

- Stigma and community buy-in
 - Recovery organizations
 - AA/NA, abstinence-based programs
 - MARA (Medication-Assisted Recovery Anonymous)
 - Law enforcement
 - Drug courts
 - Incarcerated populations

Common Theme: Integrative Care Models

- OBOT/OBAT (Office-Based Addiction Treatment)
 - Role of family medicine physicians
 - Way of countering stigma
- Addressing mental health
 - Correlation with mortality
 - Interdisciplinary teams

Common Theme: Peer Leadership

- Certified Peer Recovery Specialists (CPRS)
 - Evidence-based tool
 - Ability to work with patients out in the community
 - Potential barrier of billing

Acknowledgements

- Virginia Department of Medical Assistance Services
- Funded by DMAS SUPPORT Act Grant
- DMAS team: Jason Lowe, MSW, CPHQ, Ashley Harrell, LCSW, Christine Bethune, MSW
- VCU Team: Dr. Jacqueline Britz, Dr. Alex Krist, Roy Sabo, PhD, Alicia Richards BA, Jonathan Scheer, Martin Lavalley, Heather Saunders, MSW, Dr. Alison Huffstetler, Dr. Gerry Moeller, Dr. Steve Woolf, Dr. Derek Chapman

DMAS Support Act Grant

The Virginia Department of Medical Assistance Services (DMAS) SUPPORT Act Grant projects are supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$4,997,093 with 100 percent funded by CMS/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS/HHS, or the U.S. Government.



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Questions?

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