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VAFP MISSION STATEMENT

The mission of the VAFP is to empower its members to be physicians who provide high quality, accessible health care, dedicate themselves to the well-being of the people of Virginia, and are guided by the principle that the family physician remain the specialist of choice to guide lifelong health care.

VAFP VISION STATEMENT

The vision of the VAFP is for Virginia to be the best place for our people to receive their health care and for family physicians to practice medicine.

OFFICERS

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• *Virginia Tech / Carilion School of Medicine*

Sarah Edwards
• *VCU School of Medicine*

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• *Yorktown*

Kent Willyard, M.D., FAAFP
• *Newport News*

AAFP ALTERNATE DELEGATES
Emmeline C. Gasink, M.D., FAAFP
• *Newport News*

Delmas J. Bolin, M.D., PhD, FAAFP
• *Salem*

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VAFP PRESIDENT'S MESSAGE

David S. Gregory, MD, FAAFP



As our calendar year comes to a close and each of us prepares for our Holidays, I thought it important to remind ourselves what the VAFP has done in 2022, and remind us of what we can be thankful for and share a tone for the VAFP in 2023.

In 2022, the VAFP emerged from pandemic isolations, alongside its membership to:

- Hold a highly successful Winter Meeting at Wintergreen
- Host many webinars alongside the Virginia Department of Health for members and other Virginia primary care associations, on COVID vaccinations and long COVID
- Join the AAFP Annual Chapter Leadership Forum in Kansas City, working to collaborate with other chapters, and within our own, more effectively
- Attend the AAFP Advocacy Summit in Washington, DC, hearing about and enthusiastically voicing ideas to influence legislators for better practice and care
- Enjoy a Roanoke VAFP Annual Meeting, among the mountains, trails, and rails
- Send a full contingent of delegates to the AAFP Congress of Delegates, advocating for policies and rules that support family physicians and their patients

As an Academy, we are very fortunate to have:

- Highly diverse and engaged membership
- New Committee opportunities to involve our members, like Well-being, Continuing Medical Education, Quality & Practice Enhancement, and Science of the Health & Public
- Incredibly active Legislative Committee work
- Strong financial stewardship

- Well attended, affordable and quality conferences, in settings that are highly desirable for our entire membership
- Highly enthusiastic and creative resident and student membership

In 2023, you can look forward to:

- “Family Physician of the Day” at the Capitol in Richmond, daily throughout the legislative session (come help with legislator health and learn about them and our legislative processes)
- “VAFP Advocacy Day” on January 19 at the Capitol in Richmond, where we hope to have a voluminous voice to insure the best possible practice environment for Virginia, and most beneficial health focus of our legislature
- Our “VAFP Winter Meeting” in Wintergreen January 26-29, with an all-new lineup of high-quality learning and networking
- “Choose Virginia” in the Spring - a highly successful, rejuvenated medical student learning opportunity, involving all Virginia FM residency programs
- Our “VAFP Annual Meeting” back to Virginia Beach July 13-16
- A new “Virginia Family Medicine Training Summit”, at our Annual Meeting, inviting all residency program directors to discuss state-wide and mutually beneficial needs, helping the VAFP know how to better support these crucial incubators for our future

We had a great year, we have much to be grateful for - top of the list is you - and we have a great year ahead. I hope you feel that we want to involve you at one or many of these events. We are a stronger Academy when our membership is more engaged, advocating for keeping “family” in medicine. See you soon!

Dave Gregory

HIV TREATMENT AS PREVENTION

Talk to Your Patients With HIV About the Benefits of Becoming Undetectable.

Getting your patients with HIV on treatment and helping them achieve and maintain an undetectable viral load are critical steps toward ending the HIV epidemic. People with HIV who take antiretroviral therapy as prescribed and become undetectable:

- Can live longer, healthier lives.
- Have effectively no risk of transmitting HIV through sex.

Talk to your patients with HIV about the benefits of becoming undetectable to keep themselves and their partners healthy.



To access resources from the Centers for Disease Control and Prevention on HIV treatment as prevention, visit: [**cdc.gov/HIVCareIsPrevention.**](https://cdc.gov/HIVCareIsPrevention)



Ending
the
HIV
Epidemic

2022 AAFP CONGRESS OF DELEGATES

The AAFP Congress of Delegates was held September 18-21 in Washington, DC. The VAFP was well represented by Past Presidents Drs. Jesus Lizarzaburu, Kent Willyard, Emmeline Gasink and Del Bolin and by VAFP President Dr. Dave Gregory. Drs. Lizarzaburu and Willyard served as Delegates and Drs. Gasink and Bolin served as Alternate Delegates. This was the first time the Congress met in person since the 2019 Congress in Philadelphia. The Delegates and Alternates from the state chapters and member constituency groups not only had to convene the business of the 2022 Congress but also had to address those resolutions that had

been extracted for discussion from the 2021 virtual Congress that was held back in February 2022 after being cancelled in the fall of 2021 due to COVID.

The Congress of Delegates (COD) is the American Academy of Family Physicians' (AAFP) policy-making body. Its membership consists of two delegates and two alternates from each constituent chapter and from the member constituencies including new physicians, residents, students, and other constituency groups represented at the AAFP Leadership Conference. The Congress of Delegates meets annually to address resolutions

brought forward by constituents on topics that are of interest to physician members and the patients they serve.

The Congress elects new officers and members to serve on the Board of Directors during the meeting. The Officers and Board Members elected are noted below.

Steven Furr, MD Jackson, AL -
President-Elect

Russell Kohl, MD Stilwell, KS -
Speaker of the Congress

Daron Gersch, MD Avon, MN - Vice
Speaker



Pictured left to right back row: Del Bolin, MD, Kent Willyard, MD, Jesus Lizarzaburu, MD & Dave Gregory; front row Sterling Ransone, MD, Mary Lindsay White, Emmeline Gasink, MD & Denée Moore, MD.

Kisha Davis, MD, MPH Bethesda,
MD - Director

Jay Lee, MD, MPH Costa Mesa, CA –
Director

Teresa Lovins, MD Columbus, IN -
Director

Rupal Bhingradia, MD Jersey
City, NJ - New physician Board
Member

Chase Mussard, MD Portland, OR
- Resident Board Member

Richard Easterling Jackson, MS -
Student Board Member

VAFP Past President Sterling
Ransone, MD, FAAFP assumed the
role of AAFP Board Chair upon
the conclusion of his year as AAFP
President and Tochi Iroku-Malize,
MD, MPH, MBA takes on the role
of Academy President.

AAFP members are welcome
to participate in hearings of the
reference committees: Advocacy,
Cross-Topical, Health of the
Public and Science and Practice
Enhancement. Reference
committees are committees of
the COD that consider business
(resolutions) items referred to
them for recommendation to the
COD for debate and action.

During the meeting (held
prior to AAFP FMX), the Congress
of Delegates agenda includes
addresses from AAFP officers,
resolutions from chapters,
and reports from the Board of
Directors. The Delegates and
Alternates representing the
AAFP constituent chapters,
and the member constituencies
reviewed over 30 resolutions
in reference committees and
discussed over 39 extracted items
of business from the 2021 virtual

Congress. The wide array of topics
included administrative burden/
prior authorization, primary care
investment, health system reform,
insurance plan participation and
scope of practice, reproductive
health related issues, billing and
coding policies, CME and family

medicine certification just to name
a few.

If you are interested in learning
more about the AAFP Congress
of Delegates check it out here:
[https://www.aafp.org/about/
congress-delegates/2022.html](https://www.aafp.org/about/congress-delegates/2022.html)



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THE VAFP 2022 SCHOLARLY SYMPOSIUM WAS A HUGE SUCCESS!!

VIRGINIA ACADEMY OF FAMILY PHYSICIANS 2022 SCHOLARLY SYMPOSIUM SATURDAY, OCTOBER 8

The Virginia Academy of Family Physicians (VAFP) 2022 Scholarly Symposium offered Family Medicine Residents and Medical Students the opportunity to present scholarly work in poster format or as an oral presentation.

Over 40 student, resident and family physician members attended the conference which was approved for 2.00 AAFP Prescribed CME credits.

Seven residents and eleven students presented scholarly activity related to clinical or population health research, medical education research, literature review, case reports, QI/PI projects, clinical successes, patient stories, or educational projects and relevant to family medicine/primary care.

The submissions were original work not yet published or presented at regional or national meetings.

The oral presentations were limited to 5 minutes and the poster presentations limited to 2 minutes.

Each of the presentations were reviewed by three physician judges and scored in the following categories

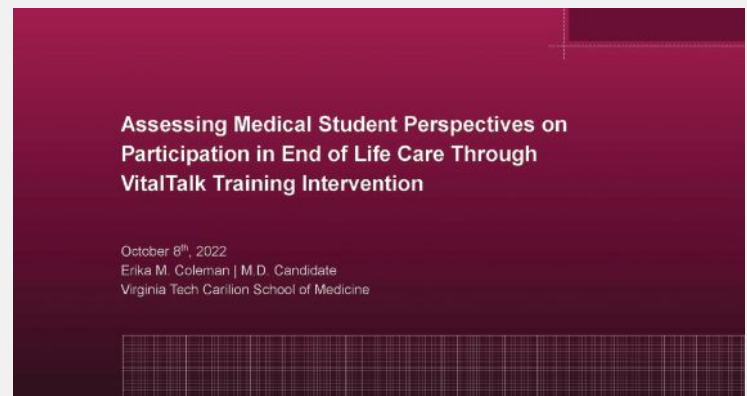
- 1) Quality of research/QI methodology and appropriate use
- 2) Validity of conclusions or anticipated results
- 3) Clarity and cohesive message during presentation
- 4) Relevance of and/or impact on family medicine
- 5) Innovation of research or quality improvement
- 6) Organization/understandability of poster/presentation.

Following the presentation of research, the group was fortunate to hear a wonderful Keynote Address titled “Practice-Based Implementation and De-Implementation to Promote High Value Primary Care” presented by Michelle Rockwell PhD, RD, Assistant Professor in the Department of Family & Community Medicine at Virginia Tech Carilion School of Medicine.

At the conclusion of the morning’s presentations

and question and answer session, the winners were announced in both the resident and student categories, which are noted below. All presentations can be accessed on the VAFP website at: www.vafp.org/2022-scholarlysymposium/.

First Place Student -Erika Coleman • Assessing Medical Student Perspectives on Participation in End of Life Care Through VitalTalk Training Intervention – Lead Author: Erika Coleman, MS3 – Virginia Tech Carilion School of Medicine (Type of Project: Oral Presentation on Work in Progress)



First Place Resident – Noopur Doshi, MD • A Resident-Led Pilot Project to Improve Colorectal Cancer Screening Rates in an Academic Family Medicine Clinic – Lead Author: Noopur Doshi, MD, PGY-3, University of Virginia Family Medicine Residency (Type of Project: Poster on Work in Progress)



There were three additional projects that tied for third place, Louisa Boswell, an MS2 at VCU School of Medicine for her oral presentation work in progress titled, "Bright Spot Communities: Understanding Community-Level Protective Factors and Successful Strategies to Improve Opioid Outcomes in Virginia"

Sarah Beaverson, an MS4 at VCU School of Medicine for her poster titled, "Concordance of Primary HPV Testing among Clinicians and Patients: A Systematic Review"

Michaela Varys, MD, a third-year resident at Bon Secours St. Francis Residency for her oral presentation titled, "GNR Bacteremia: To Reculture?"

Congratulations to all of our residents and students for making this such a successful event!!

Financial support for this program was provided by the FMPC which is funded by members like you! Help programs like this continue to support family medicine by giving to the FMPC. Select "Chapter Grants" when making your gift online (<https://www.aafpfoundation.org/donate.html>)

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For more information on the VAFP Foundation, please visit www.vafpf.org or call 1-800-THE-VAFP. Secure donations can be made online at www.vafpf.org or checks can be mailed to the VAFP office.

The VAFP Foundation would like to thank the following individuals for their support this year and thank you also to those who used AmazonSmile to donate.

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Robin Anderson, MD

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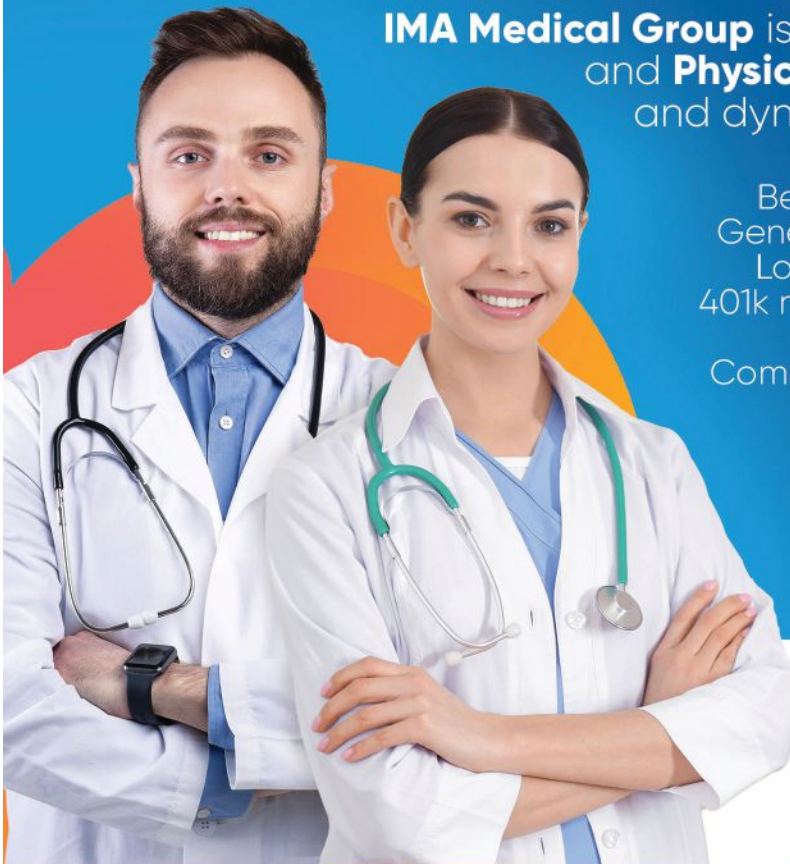
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NOVEMBER 5, 2022

- Welcomed the 2022-23 Resident and Student Directors - Students Sarah Edwards (VCU) and Erika Coleman (VTC) and Residents Ashleigh Powell, DO (St. Francis), Mohsin Ali, MD (St. Francis) and Katelyn Carpenter, MD (Shenandoah).
- A motion was made and seconded to approve items in the consent agenda

including: Minutes from the August 4 & 7 VAFP Board of Directors meetings, Report from the VAFP CME Committee, Report from the VAFP Legislative Committee, Report from the VAFP Resident, Student & Faculty Committee, Minutes from the VAFP Wellness Committee meeting, and Minutes from the VAFP Long COVID Focus Group meeting.

- Reviewed informational items including the VAFP Letter to CMS on the Medicare and Medicaid Programs; CY 2023 Payment Policies under the Physician Fee Schedule, the Reports from Members Serving on AAFP Commissions and the VAFP Members Serving on the Primary Care Task Force and its Sub-Committees.
- Reviewed the calendar of upcoming VAFP and AAFP meetings and events.
- Heard report from VAFP Continuing Medical Education Committee Chair Mitch Miller, MD on the 2023 Winter Family Medicine Weekend.
- Held discussion on the potential dates and venues for the VAFP's 2024 CME Meetings.
- Heard update from VAFP General Counsel Hunter Jamerson, JD, MBA on the 2023 legislative and regulatory issues.
- Heard report from VAFP Representative to the MSV House of Delegates Bobbie Sperry, MD.
- Heard report from Resident, Student & Faculty Committee Co-Chair Dennee Moore, MD on the discussions around hosting a 2023 Choose Virginia Resident and Student event.
- Held discussion on the 2023 Choose Virginia feedback survey and recommendations from the R, S & F Committee.
- Heard comments from VAFP Resident and Student Representatives.
- Report from the AAFP Congress of Delegates meeting held September 19-21 in Washington, DC from VAFP Delegate Jesus Lizarzaburu, MD.
- Heard update from VAFP President Dave Gregory, MD on the VAFP Practice Enhancement and Quality Committee and Health of the Public Task Force specifically encouraging Board members to suggest names of peers that could serve as members.

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2023 VAFP ACADEMY AWARDS

The Virginia Academy of Family Physicians invites you to nominate a VAFP member for one of the Academy's Prestigious Service Awards. These awards were established to recognize members who have distinguished themselves either as an extraordinary teacher, volunteer or exemplary Virginia Family Physician.

JAMES P. CHARLTON, MD TEACHER OF THE YEAR AWARD

In memory of James P. Charlton, MD, a VAFP Past President, the VAFP awards annually the James P. Charlton, MD Award for excellence in teaching in family medicine. Nominees may include teachers of family medicine who participate in teaching at the medical school level, residency faculty level or community preceptorship level. Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium.

F. ELLIOTT OGLESBY, M.D. VOLUNTEER OF THE YEAR AWARD

"The voluntary gift of one's time on behalf of our profession is one of the greatest gifts one can make."

In honor of former VAFP President F. Elliott Oglesby, MD, the Virginia Academy of Family Physicians' Board of Directors has established the "F. Elliott Oglesby, MD Volunteer of the Year Award." The award is designed to recognize annually a Virginia Family Physicians whose service to his or her profession and/or community exemplifies the true nature of volunteerism. Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium. In addition, the

award recipient will be provided a \$1,000 grant to donate in his or her name to the organization of their choice.

VIRGINIA FAMILY PHYSICIAN OF THE YEAR AWARD

Nominees should:

- Provide his/her community with compassionate, comprehensive and caring medical service on a continuing basis.
- Be directly and effectively involved in community affairs and activities that enhance the quality of life of his/her home area.
- Provide a credible role model as a healer and human being to his/her

community, and as a professional in the science and art of medicine to colleagues, other health professionals and especially, to young physicians in training and to medical students.

- Be in good standing in his/her medical community.
- Be a member of the VAFP.

Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium.

Please submit your nomination(s) no later than June 1, 2023

Please visit www.vafp.org/awards or call 1-800-THE-VAFP for more information.



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MEMBERS IN THE NEWS

VAFP STUDENT MEMBER ALLISON SMITH APPOINTED AS AN AAFP FAMILY MEDICINE INTEREST GROUP (FMIG) NETWORK REGIONAL COORDINATOR

Allison Smith, a third year medical student at Liberty University College of Osteopathic Medicine - Center for Medical and Health Sciences (LUCOM) in Lynchburg was selected by the AAFP to serve as a Regional FMIG Coordinator. Allison competed with numerous other medical students for this opportunity. In this role, she will develop in-depth leadership skills and have the opportunity to work with other student leaders to guide the national FMIG Network. The AAFP established the National FMIG Network in 1995 as a way of improving communication between FMIGs around the country. The network consists of one elected national coordinator, five appointed regional coordinators, and local FMIG leaders.

The responsibilities include

- Identify and maintain communication with an FMIG leader at each medical school in the region
- Serve as a resource person for the region in providing information about the resources available through the AAFP
- Gather information about FMIG activities from medical schools in the region
- Assist in developing and executing FMIG network activities and/or workshops at the National Conference
- Participate in a monthly conference call with other regional coordinators, FMIG network national coordinator, and Academy staff

Allison also most recently from 2021-2022 served as the VAFP Student Representative to the VAFP Board. Congratulations Allison!



VAFP STUDENT MEMBER SARAH BEAVERSON HAS BEEN SELECTED AS A 2023 STFM FOUNDATION STUDENT SCHOLARSHIP AWARD WINNER

The Society of Teachers of Family Medicine has selected Ms. Beaverson, a fourth year medical student at Virginia Commonwealth University School of Medicine, as one of the 2023 STFM Foundation Student Scholarship award winners. The scholarship awarded with this honor provides support for her to attend and present research at the 2023 Conference on Medical Student Education that will be held January 26-29, 2023, in New Orleans, LA. This is a highly competitive award, as some of the best and brightest medical students are nominated from across the country!

Sarah also most recently from 2020-2021 served as the VAFP Student Representative to the VAFP Board. Congratulations Sarah!



VAFP PRESIDENT DAVE GREGORY, MD & VAFP DELEGATE TO THE MSV BOBBIE SPERRY, MD SELECTED TO SERVE ON AAFP COMMISSIONS



The American Academy of Family Physicians selected Drs. Gregory and Sperry to serve on the Commission of Continuing Professional Development (COCPD) and Commission on Federal and State Policy respectively. Each

will serve a two-year term with the option to extend for an additional two years followed by the option to apply for the Chair position. They will work with physicians from all over the country and the AAFP staff on many important family medicine issues.

The Commission on Continuing Professional Development works directly to support the AAFP's Strategic Objective on Clinical Expertise (Education) by supporting the lifelong learning of family physician members and other health care professionals. The goals of the commission are to guide the AAFP's Credit System and the AAFP's provision of continuing medical education that helps members and other health care professionals demonstrate continuous improvement in knowledge, competence, practice performance, and patient outcomes, as well as fulfill the educational requirements for licensure and certification.

The Commission on Federal and State Policy informs and guides the Academy's federal advocacy program and its support for constituent chapters in their advocacy efforts before state governments. They routinely perform analysis of state and federal legislative and regulatory policy issues impacting family physicians, patients and the health care system and provide recommendations for potential revisions to state and federal legislative and regulatory policy issues that would have a positive impact on family physicians, patients and the health care system.

In addition to his leadership role with the VAFP, Dr. Gregory is a Professor of Family & Community Medicine at the Virginia Tech - Carilion Family Medicine Residency Program in Roanoke and Dr. Sperry in addition to her role in VAFP leadership is in private practice at Hampton Family Practice.

Congratulations Drs. Gregory and Sperry!

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Marriott Virginia Beach
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CPT® WEBINAR

E/M 2023: Advancing landmark updates across more settings of care

Recorded on Aug. 9, 2022



Attendee Questions and Presenter Answers

The following questions were submitted by attendees during the Current Procedural Terminology (CPT®) Webinar, “E/M 2023: Advancing Landmark Revisions Across More Settings of Care,” on Aug. 9, 2022. Answers have been provided by the American Medical Association’s (AMA) CPT Content Management & Development team and reviewed by webinar presenters Peter Hollmann, MD, AMA/Specialty Society Relative Value Scale Update Committee (RUC) member, and Barbara Levy, MD, CPT Editorial Panel member.

PLACE OF SERVICE WITH INPATIENT/OBSERVATION CODES

- Q** Patients in Observation are typically considered Outpatients for many billing purposes. With the consolidation of Inpatient and Observation E/M codes, when we are reporting 99221, do we change the Place of Service (POS) designation to reflect the patient’s status? IE 99221 POS 21 for IP and 99221 POS 22 for OP?

Yes, when reporting 99221, change the Place of Service (POS) designation to reflect the patient’s status (e.g., for 99221 POS 21 and for 99221 POS 22 for OP). Per the **CPT E/M guidelines**: “The place of service and service type are defined by the location where the face-to-face encounter with the patient and/or family/caregiver occurs. For example, service provided to a nursing facility resident brought to the office is reported with an office or other outpatient code.”

INPATIENT/OBSERVATION STATUS TRANSITION

- Q** If a patient’s status is changed from Observation to Inpatient, would the first E/M encounter as inpatient be considered a subsequent visit, or would that encounter be considered an initial visit? Is the reporting the same for a Critical Access Hospital, where observation and inpatient encounters are not combined?

If a patient’s status is changed from Observation to Inpatient, it would be considered as Inpatient subsequent visit because per the guidelines: “For the purpose of reporting an initial hospital inpatient or observation care service, a transition from observation level to inpatient does not constitute a new stay.”

Critical Access Hospitals are designated by CMS; please follow CMS/payer rules as they may have additional information and requirements for reporting these services.

INPATIENT E/M—TIME REPORTING

- Q In prior guidance when counting time for inpatient services, unit/floor time was necessary. With the 2023 changes to the Inpatient codes, will we now be able to count time off the unit/floor? If the provider is completing documentation or reviewing medical records in his/her office and not on the unit/floor, can this time now be counted?**

For coding purposes in 2023, time for these services is the total time on the date of the encounter. It includes **both** the face-to-face time with the patient and/or family/caregiver and non-face-to-face time personally spent by the physician and/or other qualified health care professional(s) on the day of the encounter (includes time in activities that require the physician or other qualified health care professional and does not include time in activities normally performed by clinical staff). It includes time regardless of the location of the physician or other qualified health care professional (e.g., whether on or off the inpatient unit or in or out of the outpatient office). It does not include any time spent in the performance of other separately reported service(s).

INPATIENT/OBSERVATION AND DATA: INITIAL VERSUS SUBSEQUENT VISIT LEVELS

- Q In regards to subsequent hospital visits, how will labs and imaging studies be counted for E/M in terms of Amount and/or Complexity of Data to be Reviewed/Analyzed for daily/Standing orders pertinent to their hospital stay?**

A similar question: Does the addition of parenteral controlled substances count as High complexity only on the day of the encounter where they are initiated? Or will it also count on the subsequent days the patient continues to be on those on these controlled substances?

The code descriptors for subsequent hospital inpatient or observation care codes (99231-99233) have been revised to include MDM levels. For each subsequent day, the patient's condition and any standing orders may be considered when selecting the appropriate level of MDM required in order to support a given code. The MDM table that is current for E/M Services code selection is the best place to review this information. In the example raised regarding parenteral medications, MDM occurs on the day the medication(s) are ordered or initiated. If the physician/QHP is overseeing and monitoring this medication and determining whether or not to continue, it may be counted on subsequent days as well, except if another physician/QHP is managing this aspect of the patient's care. As each patient's condition(s) and the individual clinician's judgement providing treatment will vary, this must be resolved on a case-by-case basis, for each subsequent day that the patient is an inpatient or under observation.

CONSULTATIONS

- Q If my provider is asked to consult on an Observation patient, should the office or other outpatient E/M codes be used to report this activity?**

No, the office or other outpatient services (99202-99205, 99211-99215) would not be reported. Instead, the inpatient or observation consultations services (99252-99255) should be reported, depending on the time threshold specified in the code descriptor. Subsequent consultation services during the same admission are reported using subsequent inpatient or observation hospital care codes (99231-99233).

- Q Please help us better understand the appropriate use of consultation codes when a patient is subsequently admitted, as in the following scenario: A patient is seen by a cardiologist in the office. Two weeks later, the patient is admitted by a physician other than the cardiologist. The cardiologist is contacted for a consult; what would be the appropriate code(s) to report?**

In this scenario, the cardiologist would report the appropriate consultation code (99242-99245), while the admitting physician would report the appropriate inpatient/observation care code (99221-99223). If the patient remains hospitalized, then an appropriate subsequent hospital inpatient/observation care code (99231-99233) may be reported.

PRESCRIPTION DRUG MANAGEMENT

- Q** **Related to MDM: It was discussed and understand that it was intended for clinical judgment by clinicians. problem is, coders/auditors/coding educators are trying to use the tool for consistency. We need a way to insightfully apply the guidelines. Please elaborate on what constitutes Prescription Drug Management—is it enough to simply review a medication list, does there need to be management of the condition, etc.? Also, does a provider stating “there is a moderate risk for an over-the-counter medication” enough to justify a moderate level of risk re: patient management?**

There is no “blanket” guidance for services to represent specific levels of risk. The physician is responsible for assessing (and documenting) the level of risk of the services to be performed including medicine management, (prescription or OTC), based on a specific patient’s risk factors and the risks typically seen with the drug. For example, an NSAID in a person with kidney disease or on anticoagulant is of greater concern than most prescription drugs. Simply reviewing a medication list does NOT constitute prescription drug management. The E/M workgroup will continue to monitor questions and consider clarifications and education to refine the guidance.

PROLONGED SERVICES

- Q** **Are there prolonged services codes to be used with the telephone visit code 99443?**

None of the new prolonged services codes (99417, 993X0) may be used with a telephone call. Code 99443, *Telephone evaluation and management service by a physician or other qualified health care professional who may report evaluation and management services provided to an established patient, parent, or guardian not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment; 21–30 minutes of medical discussion*, was created before most payers allowed telephone calls to be paid and it was felt that calls over 30 minutes should be addressed with an in-person visit. With the Public Health Emergency (PHE), Medicare treats 99441–99443 as substitutes for office visits, so some of the original logic does not apply. Code 99358 is 30 minutes on a single date for non-face-to-face services. It may be allowed instead of 99443 for longer calls. We would be reluctant to suggest it should be used as a prolonged services code for additional time of 30 minutes beyond the 30 minutes of 99443 given the allowed use of 99443 during the PHE and the history of the creation of the telephone codes.

GUIDELINES

- Q** **With the 2023 changes, will the Preventive Medicine Codes use 95/97 guidelines as they are not time-based?**

No, for the 2023 code set, the Preventive Medicine codes (99381–99397) will be reported based upon previous criteria as there were no changes made. The “comprehensive” nature of the preventive medicine services codes 99381–99397 reflects an age- and gender-appropriate history/exam and is not synonymous with the 95/97 guidelines previously required for evaluation and management codes 99202–99350.

95/97 GUIDELINE APPLICABILITY

- Q Do the 2023 guidelines also impact the Transitional Care Management codes, 99495–99496? These codes currently require moderate or high MDM, and we have to use 95/97 guidelines to get that for these codes. Will we now determine MDM for these codes with the new 2023 guidelines instead?**

Yes. The 2023 guidelines rather than the 95/97 guidelines will be used to select the service level for Transitional Care Management codes. The guidelines have been revised and code selection will be determined as follows: *“Medical decision making and the date of the first face-to-face visit are used to select and report the appropriate TCM code. For 99496, the face-to-face visit must occur within 7 calendar days of the date of discharge and there must be a high level of medical decision making. For 99495, the face-to-face visit must occur within 14 calendar days of the date of discharge and there must be at least a moderate level of medical decision making. Medical decision making is defined by the E/M Services Guidelines. The medical decision making over the service period reported is used to define the medical decision making of TCM. Documentation includes the timing of the initial post-discharge communication with the patient or caregivers, date of the face-to-face visit, and the level of medical decision making.”*

EMERGENCY DEPARTMENT

- Q Please elaborate on who would be reporting CPT code 99281; who is performing the service in this case? It would seem that anyone besides the physician or QHP treating the patient would belong to the facility.**

For 2023, code 99281 is defined as an “Emergency department visit for the evaluation and management of a patient that may not require the presence of a physician or other qualified health care professional.” However, similar to Office or Other Outpatient code 99211, code 99281 requires physician supervision. The tasks of code 99281 (e.g., suture removal) may be performed by clinical staff, but the work RVUs of the service are that of the supervision. 99281 has no direct practice expense inputs as the staff are those of the facility. This is unlike 99211, where the staff are those of the physician or qualified health care professional. Only physicians or other QHPs are able to report the service.



Disclaimer: Information provided by the AMA contained within this resource is for medical coding guidance purposes only. It does not (i) supersede or replace the AMA's Current Procedural Terminology manual ("CPT® Manual") or other coding authority, (ii) constitute clinical advice, (iii) address or dictate payer coverage or reimbursement policy, and (iv) substitute for the professional judgment of the practitioner performing a procedure, who remains responsible for correct coding.

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2023 FAMILY PHYSICIAN OF THE DAY

Volunteers Needed!!

Volunteers are needed to serve as Family Physician of the Day during the 2023 Virginia General Assembly.

As Family Physician of the Day, you are asked to provide medical care in the courtesy medical station located in the General Assembly Building from 9:00 a.m. – 3:30 p.m. Monday through Thursday and 9:00 a.m. – 12:00 noon on Fridays. Nursing staff is provided daily by Virginia Commonwealth University. More specific information regarding directions, special parking, etc. will be provided with confirmation of your assigned date. Reimbursement for participation as Family Physician of the Day includes \$100.00 per day per diem and mileage reimbursement. The VAFP requires that any physician serving as Family Physician of the Day in the General Assembly have professional liability insurance coverage that insures this activity.

To sign up, please email Matthew Schulte at mschulte@vafp.org with your preferred date(s). For more information, please call 1-800-THE-VAFP.

JANUARY 2023

WEDNESDAY, JANUARY 11

THURSDAY, JANUARY 12

TUESDAY, JANUARY 17

WEDNESDAY, JANUARY 18

TUESDAY, JANUARY 24

WEDNESDAY, JANUARY 25

THURSDAY, JANUARY 26

FRIDAY, JANUARY 27

MONDAY, JANUARY 30

FEBRUARY 2023

WEDNESDAY, FEBRUARY 1

THURSDAY, FEBRUARY 2

MONDAY, FEBRUARY 6

TUESDAY, FEBRUARY 7

WEDNESDAY, FEBRUARY 8

THURSDAY, FEBRUARY 9

FRIDAY, FEBRUARY 10

MONDAY, FEBRUARY 13

TUESDAY, FEBRUARY 14

WEDNESDAY, FEBRUARY 15

THURSDAY, FEBRUARY 16

MONDAY, FEBRUARY 20

TUESDAY, FEBRUARY 21

WEDNESDAY, FEBRUARY 22

THURSDAY, FEBRUARY 23

FRIDAY, FEBRUARY 24

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Resident & Student Corner

CONGRATULATIONS TO THE NEW RESIDENT AND STUDENT REPRESENTATIVES ON THE VAFP BOARD OF DIRECTORS

The following VAFP members were selected by their peers to serve on the VAFP Board of Directors. They will serve a one-year term which began in November

Student Representatives



Erika M. Coleman
Virginia Tech / Carilion
School of Medicine



Sarah Edwards
VCU School of Medicine

Resident Representatives



Mohsin Ali, MD
St. Francis Family Medicine
Residency



Katelyn Carpenter, MD
Shenandoah Family
Medicine Residency



Ashleigh Powell, DO - St.
Francis Family Medicine
Residency



CHOOSE VIRGINIA SCHOLARSHIPS

"Choose Virginia" Scholarships for Graduating Medical Students and Family Medicine Residents

The Virginia Academy of Family Physicians (VAFP) Foundation is delighted to offer a medical student scholarship and a resident scholarship for assistance with education loan repayment. Many medical students and family medicine residents in Virginia have expressed an interest in staying in Virginia after their graduation to complete a family medicine residency or to practice in a medically underserved area. Over the past few years the VAFP Foundation has received donations to support this effort to keep our own.

This year the Foundation will offer one graduating Virginia medical student a \$1,500 scholarship.

The successful candidate will meet the following criteria:

- 1) Graduating Virginia medical student in good academic standing
- 2) Entering a Virginia family medicine residency program. A letter from the program director is required.
- 3) Will have completed the PGY-1 year successfully and be entering into the PGY-2 year at that program. A letter from the program director is required in order to receive the scholarship

check for loan repayment at that time.

- 4) Must submit a 250-500 word letter explaining why he/she wants to practice family medicine in Virginia as a resident and as a family physician.

In addition, we are offering one \$2,000 scholarship for a graduating PGY-3 Virginia family medicine resident who wishes to practice in an underserved area of Virginia.

The requirements for this scholarship are as follows:

- 1) Graduating as a PGY-3 Virginia family medicine resident
- 2) Have an up-to-date Virginia medical license
- 3) Practicing family medicine in an underserved medical area after graduation as designated by United States Human Resource Service Administration (HRSA) and/or Virginia Department of Health. A letter verifying this is required.
- 4) Must submit a 250-500-word letter explaining why they he/she wants to practice in an underserved area of Virginia
- 5) Practicing at the underserved site for one year. Documentation is necessary to receive the scholarship check for loan repayment after one year of practice in an underserved area.

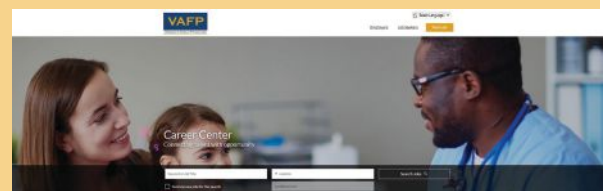
Application letters may be sent to Mrs. Mary Lindsay White at mlwhite@vafp.org. The deadline for application letters is June 30.

CAREER CENTER CHOOSE VIRGINIA

POST YOUR RESUME AT CAREERCENTER.VAFP.ORG

The premier resource for you to explore employment opportunities in Virginia.

If you have any questions, please do not hesitate to contact the VAFP at 804-968-5200 or email Matt Schulte at mschulte@vafp.org



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101 ECHO

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Jan - Nov 2023
4th Thursdays, 12-1 PM

Youth & Young Adult

Northern Region Faculty
Jan - Nov 2023
4th Fridays, 12-1 PM

**Do you see kids with
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www.vmap.org/project-echo

QUESTIONS?
projectecho@vmap.org

Accreditation Information: This program is approved as a Continuing Medical Education (CME) Maintenance of Certification Performance Improvement Project, which qualifies participants to receive up to the following credits: 25 AMA PRA Category 1 credits™; 25 ABMS (Maintenance of Certification) MOC Part II or Self-Assessment credits*; 25 MOC Part IV or Performance Improvement credits*. In order to be awarded credits for participation, all project requirements must be met. The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians. The UVA Office of Continuing Medical Education is an ABMS Multi-Specialty Portfolio Sponsor. *for participating boards



Virginia Chapter

INCORPORATED IN VIRGINIA

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN®





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Join the REACH Institute for its **Patient-Centered Mental Health in Pediatric Primary Care (PPP) Mini-Fellowship**.

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- All participants will receive **custom-designed toolkits** with guides, assessment instruments, dosing and side effect charts, medication comparison tables, and handouts for patients and parents.

Course Goals



In order to effectively use medications for pediatric behavioral health problems, participants learn to:

- **Correctly identify and differentiate among pediatric behavioral health problems** such as childhood depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.
- **Effectively manage psychopharmacology:** selecting medications, initiating and tapering dosages, monitoring improvements, and identifying and minimizing medication side effects.
- **Create and implement a treatment plan** by mobilizing existing resources like family members, school personnel, and other professional caregivers.



Dates

February 3-5, 2023 (Virtual)

March 17-19, 2023 (Virtual)

May 12-14, 2023 (In-Person, Location TBD)

LEARN MORE & REGISTER
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Virginia Mental Health
Access Program

Virginia Chapter

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**In support of improving patient care, this activity has been planned and implemented by the University of Arkansas for Medical Sciences and The REACH Institute. The University of Arkansas for Medical Sciences is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team. Designation. The University of Arkansas for Medical Sciences designates this live activity for a maximum of 28.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

THE VAFP WELCOMES NEW MEMBERS

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IN MEMORIAM

VAFP PAST PRESIDENT ALVIN CICONE, MD

1936-2022

Alvin Ciccone, MD, 85, beloved husband, father, grandfather, uncle, friend, and devoted Family Physician passed away peacefully at his home surrounded by his family on September 17, 2022.

He grew up in Cranford, NJ.

He was a graduate of Emory & Henry College in Abdingdon, VA and the Medical College of Virginia. He completed his internship and residency serving as Chief Resident at Norfolk General Hospital. He served as a captain in the United States Air Force as a medical officer for three years serving as Outpatient Director at Robbins AF Base in Warner Robbins, GA. He began his private medical practice in Norfolk, Virginia in 1967. During this time, he was a founding director of the Student Health Center at Old Dominion University and covered high school football games for Maury High School. He served as the initial Chairperson of Family Practice at the newly established Eastern Virginia Medical School and served for many years as Community Faculty in the Department of Family Practice. He served as Chairperson for the Department of Family Medicine at Sentara Norfolk General and served as President of Medical Staff as well as serving many years on the Hospital Board of Directors. He was one of the founding physicians of the Sentara Medical Group. He served as a delegate for the Medical Society of Virginia and was President of the Virginia Academy of Family Physicians in 1986. He also served a term as chairperson of the Public Relation Committee for the American Academy of Family Physicians. He was voted Virginia Family Physician of the Year in 1988 and was a finalist for National Family Physician of the year that same year. He also served as President for the Seaboard Medical Association in



1992. He was the Medical Director for WVEC and Sentara collaboration Family Health Project which won a National Emmy Award for Community Service and Public Announcement in 1990. In 1994 he received the William and Martha Defriece Award for Distinguished Service from Emory and Henry College. He retired from active practice in 2006.

VAFP PAST PRESIDENT THOMAS WINSTON MILLER GOULDIN, MD

1928-2022

Thomas Winston Miller Gouldin, MD died peacefully at his home with his family on September 2, 2022. He was born February 27, 1928 in Tappahannock, VA



He received his Bachelor of Science degree in 1950 from Hampden-Sydney College. He continued his studies at the Medical College of Virginia, receiving his Doctor of Medicine degree in 1954. Following a year of internship at the University of Alabama Birmingham, he enlisted in the Navy at Pensacola, FL, where he attended the School of Aviation Medicine and became a Naval Flight Surgeon. After discharge, he set up a family medicine practice in the Ocean View section of Norfolk, VA, where he faithfully and meticulously cared for the community's families for four decades. Winston was an active and selfless leader in his profession and in his community, serving as president of the Virginia Academy of Family Physicians in 1973, president of the medical staff and member of the Board of Trustees at DePaul Hospital, and president of the Virginia Camellia Society. He retired in 1995.

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CME CALENDAR

2023

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January 26-29, 2023
Wintergreen Resort

Hypertension KSA
Friday, January 27, 2023
1:00 p.m. – 5:00 p.m.
Wintergreen Resort
In person and virtual

2023 Annual Meeting & Exposition
July 13-16, 2023
Marriott Virginia Beach Oceanfront

Behavioral Health Care KSA
Thursday, July 13, 2023
1:00 p.m. – 5 p.m.
Virginia Beach
In person and virtual

Care of Women KSA
Friday, July 14, 2023
1:00 p.m. – 5:00 p.m.
Virginia Beach
In person and virtual

Behavioral Health Care KSA
Saturday, November 11, 2023
8:30 a.m. - 12:30 p.m.
Virtual

Care of Women KSA
Saturday, November 11, 2023
1:00 p.m. - 5:00 p.m.
Virtual

*For more information, visit
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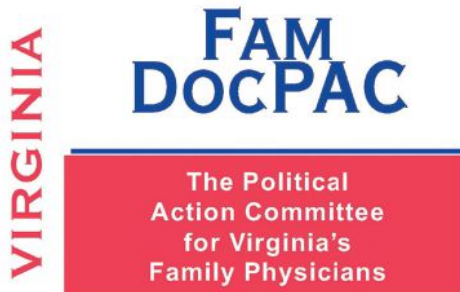
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BECOME A VAFP LEGISLATIVE KEY CONTACT

Make Your Legislative Voice for Family Medicine Heard in the Virginia General Assembly

Become a VAFP Key Contact to actively advocate for the specialty of family medicine. A Key Contact is a VAFP member who is interested in legislative issues who has an established working relationship with a state and/or federal lawmaker or is interested in nurturing one. Key contacts are asked to be active on legislative issues, including sending letters/e-mails, and/or testifying before legislative committees. They play an important role in the Academy's legislative and advocacy processes.

The VAFP maintains a list of "Key Contacts" each year to readily reach out to during legislative sessions for their input on issues. It is very important for family physicians to have personal relationships with legislators so the family physician becomes that legislators trusted source of information as it relates to how they vote on health-related bills.

Would you like to be a Key Contact for your legislator on family medicine issues? If yes, please contact Mary Lindsay White (mlwhite@vafp.org) or complete the short interest form via this QR code.



ATTENTION STUDENTS AND RESIDENTS!



**SAVE THE DATE TO
ATTEND
"CHOOSE VIRGINIA"
SATURDAY,
MAY 20, 2023
RICHMOND**

DON'T MISS THE VAFFP'S 2023 CHOOSE VIRGINIA EVENT. THIS ONE DAY EVENT WILL BE FILLED WITH AN OPPORTUNITY TO LEARN MORE ABOUT VIRGINIA'S FAMILY MEDICINE RESIDENCY PROGRAMS AND PARTICIPATE IN HANDS-ON PROCEDURAL SESSIONS TAUGHT BY FAMILY MEDICINE RESIDENTS AND RESIDENCY PROGRAM FACULTY. REGISTRATION AND ADDITIONAL INFORMATION WILL BE AVAILABLE IN JANUARY 2023. MARK YOUR CALENDARS!

Family Medicine Advocacy Summit

Your Voice can Impact Change!

Save the Date!

Monday, May 22—Tuesday, May 23, 2023

Hyatt Regency Washington on Capitol Hill | Washington, DC

The Family Advocacy Summit is a unique opportunity for family physicians to directly lobby members of Congress and their staff on issues pertaining to primary care.

Questions?

Contact: grassroots@aafp.org



we've got the
RIGHT STUFF

to reach your audience

CONTACT

Nancy Montgomery

at **501.725.3781**

nmontgomery@pcipublishing.com



VAFP FOUNDATION THANKS OUTGOING PRESIDENT ROGER A. HOFFORD, MD, FAAFP, CPE



VAFP Past President Roger Hofford, MD, FAAFP, CPE has graciously served as the President of the VAFP Foundation since 2011 when the VAFP Board voted to reactivate it. Under Dr. Hofford's leadership, the VAFP Foundation has expanded its support of family medicine residents and medical students in the Commonwealth by providing Choose Virginia scholarships to those that stay in Virginia for residency or practice in an underserved area of the state. Many of our family physicians were recipients of these scholarships and have been very appreciative of the work that Dr. Hofford put into this effort. He has been instrumental in leading the Foundations efforts to build increased interest and support in the specialty of Family Medicine in Virginia among medical students and family medicine residents and for the VAFP's continuing medical education activities.

VAFP Past President E. Mark Watts, MD, FAAFP will assume the role of VAFP Foundation President on January 1, 2023, and will continue the good work supporting our future family physicians.



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Through the work of the Inova Pride Team Member Resource Group, Inova received rankings within the Human Rights Campaign Healthcare Equality Index (HEI)



An initiative that challenges leading healthcare organizations to work together to transform diabetes care for Americans across the country. Inova and its Clinically Integrated Network, Signature Partners, were among the four organizations to receive a 2019 Together 2 Goal Award



All five Inova hospitals have again been awarded a grade of "A" for hospital safety by The Leapfrog Group, a national organization that aims to improve healthcare quality and safety

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<https://www.inova.org/locations/inova-primary-care>



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