

The VIRGINIA

family physician

SPRING 2023



VAFP

VIRGINIA'S FAMILY PHYSICIANS

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VAFP 2023 ANNUAL MEETING & EXPOSITION

JULY 13-16, 2023

MARRIOTT VIRGINIA BEACH OCEANFRONT

VIRGINIA BEACH, VIRGINIA



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SPRING • 2023

VAFP MISSION STATEMENT

The mission of the VAFP is to empower its members to be physicians who provide high quality, accessible health care, dedicate themselves to the well-being of the people of Virginia, and are guided by the principle that the family physician remain the specialist of choice to guide lifelong health care.

VAFP VISION STATEMENT

The vision of the VAFP is for Virginia to be the best place for our people to receive their health care and for family physicians to practice medicine.

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dbrown@pcipublishing.com



For advertising info contact
Nancy Montgomery • 1-800-561-4686 ext. 106
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David S. Gregory, MD, FAAFP



“THANKS FOR ‘NAVIGATING THE RIVERS’ WITH THE VAFP”

I think everyone – especially right now - can use a bit of good news...

You may have heard of an analogy to population healthcare – it’s like water following in a river. When healthcare needs are manageable – highly satisfying, efficient, safe and effective - the river flows freely, with little turbulence or risk to those navigating in the rafts and canoes – our teams. The highly experienced river guides piloting a craft in the river leads teams safe from point to point.

I think we can agree – presently - healthcare is, however, not serene. It is rather high flow and high turbulence. I think we can also agree not every proposed river guide leading a raft or canoe is a highly experienced river guide, nor is every craft safe, nor does everyone on those teams have effective paddles. Some are ending up in the river, at risk of drowning. Additionally, the dams and canals around them are not enough to control flow for safe river travel.

My message is that this year, your VAFP is providing opportunity for safer healthcare river travel, through:

- Better communication among river guides on how to navigate a turbulent river.
- Providing virtual floatation devices for those who may end up in the water.
- Ensuring high quality river guides are piloting the rafts and canoes.
- Ensuring those responsible for the dams and canals understand that highly experienced river guides – those who know the way of the river - are needed to best control the flow

How is the VAFP helping to better communicate turbulent healthcare river navigation?

- Your VAFP Winter Meeting in Wintergreen Resort was an absolute success! With high numbers of attendees, record numbers of residents and medical students, our topics were highly practical and relevant, speakers were well received, and perhaps most importantly, many wonderful moments were made possible to connect with one another, in the ways of the river. Thank you to everyone who attended and contributed. We have many expert river guides among us.
- A new VAFP Program Director list serve is allowing networking among our residency programs on issues of mutual need and interest. In the “high class rapid” section of our rivers, the residency programs are often those most at risk, and yet are often those most isolated to find solutions. In addition to a list serve, we are working to support moments when program

leadership can gather and develop more input for VAFP support for helping with our next generation of highly experienced river guides, and to reduce the risk of the high class rapids these programs navigate.

- We are seeking input in all committees, from all parts of our rivers, including those Family Physicians in rural locations and tough to find far Southwest Virginia, to better speak to the full experience of us river guides. We do not know the rivers in all parts of Virginia, but really need and want to.

How is the VAFP helping to provide virtual floatation devices for those who may end up in the water?

- Our new Wellbeing Committee has surveyed our membership, is analyzing the results and will soon be providing specific recommendations to the VAFP Board.
- This feedback will be prioritizing our efforts in further ways to help each of us, and our teams remain out of the water. For those responding to our Wellbeing Survey – thank you. If you see more surveys on this in the future, please do your best to share your perspectives.

How is the VAFP helping to ensure that highly experienced river guides are piloting the rafts and canoes?

- The VAFP “Choose Virginia” conference for medical students to showcase our Virginia Family Medicine residencies is being resurrected this year. All programs have been encouraged to bring faculty and residents to show “hands on” what family medicine is about. The response has been tremendous from all Virginia medical schools and residencies. We all need future river guides, and this opportunity is to see if we can have them gain their high level of experience on Virginia’s rivers.
- With VAFP Legislative Committee, we have had several successes at the Capitol this year. Family Physician of the Day involvement, along with a small but mighty Advocacy Day event in Richmond, saw increases in relationships being built for our very clear messages – river guides do not get paid enough to stay navigating turbulent rivers, we do not want to be responsible for supervising ill prepared river guides, nor too many of them, and we do not need to be distracted by paperwork and more turbulence when attempting to navigate.

Continued on page 6

NEW FROM CDC

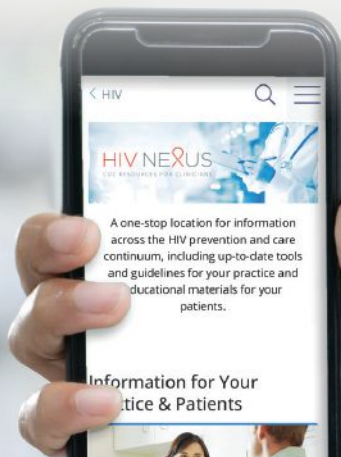
HIV NEXUS

CDC RESOURCES FOR CLINICIANS

*Introducing the new **HIV Nexus.***

Stay up-to-date with CDC's guidance on HIV care and services.

Visit HIV Nexus for answers to your questions about HIV screening, prevention, and treatment. Make it your go-to source for the latest information and tools across the HIV prevention and care continuum.



Visit *HIV Nexus* to access resources from the Centers for Disease Control and Prevention: cdc.gov/HIVNexus.



Ending
the
HIV
Epidemic

- Approved consent agenda items to include:
 - Minutes from the November 5, 2022, Board of Directors Meeting
 - Report from the VAFP CME Committee
 - Report from the VAFP Legislative Committee
 - Report from the VAFP Resident, Student & Faculty Committee
- Reviewed informational items to include:
 - Reports from VAFP physicians serving on AAFP Commissions
 - Thank you note from Rx Partnership
- Heard report from VAFP Treasurer Charlie Frazier, MD on the 2022 financial statements and proposed 2023 budget.
- Approved a motion to accept the 2023 budget as submitted.
- Heard report from VAFP CME Committee Chair Mitch Miller, MD on the proposed dates and locations for 2024 and 2025 CME meetings. Board discussion ensued on future CME events.
- Heard Legislative Committee update from Chair Jesus Lizarzaburu, MD and VAFP General Counsel and Legislative Representative Hunter Jamerson, JD on the 2023 legislative, regulatory and budgetary issues being addressed in the 2023 Virginia General Assembly to include primary care reimbursement, administrative burden, clinically related topics and scope of practice.
- Heard report from Dr. Lizarzaburu on VAFP Advocacy Day held January 19, 2023, in Richmond.
- Heard report from VAFP Resident, Student and Faculty Committee Co-Chair Denee Moore, MD on the activities at Wintergreen and the 2023 Choose Virginia event slated for Saturday, May 20 in Richmond.
- Heard comments from VAFP Resident and Student Representatives Drs. Mohsin Ali and Katelyn Carpenter and Erika Coleman and Sarah Edwards.
- Heard comments from VAFP Well-being Committee Co-Chair Neeta Goel, MD on the well-being survey that was distributed to the membership and on the committee's work to develop initiatives based on the needs of the membership via the survey responses.
- Heard a Graham Center Update from VAFP Board member Alison Huffstetler, MD specifically on the Primary Care Scorecard release, the PCC evidence report and other state/federal initiatives.
- Reviewed proposal from VAFP President-Elect Denee Moore, MD on the VAFP Family Medicine Practice Transformation Grant Initiative.
- Discussed per request from VAFP President Dave Gregory, MD, a program to address FM Resident and FMIG Medical Student Involvement/ Training in Legislative Committee/ Advocacy work.

Continued from page 6



Key Contact

- You can play a role in developing relationships with your Virginia or National legislative representatives, including using your voice to respond to VAFP Speak Out opportunities or even becoming a VAFP Key Contact. How is the VAFP ensuring those responsible for the dams and canals understand how highly experienced river guides - who know the way of the river - are needed to best control the flow? We have many VAFP members representing our mission and voice in places like Virginia's Primary Care Task Force, Department of Medical Assistance Services, Neonatal Perinatal Collaborative and Healthcare Workforce Development Authority.
- We have high quality representation with the Medical Society of Virginia, on AAFP Commissions and at the AAFP Congress of Delegates.
- Our Practice Enhancement and Quality Committee is

still portaging to get in the river but shows promise in developing priorities and means to reduce our shared administrative burdens – insurance, government and otherwise – through non-Legislative means. A more focused and voluminous voice to reduce this turbulence has yet to begin, but we certainly need more river guides like you to join in those efforts.

To my fellow river guides - you are not alone. The VAFP is helping you to connect with each other, to be educated on new and relevant skills, and to advocate for highly experienced river guides, reduced distractions, less turbulence, and improved reimbursement that makes continued navigation possible.

Thank you for your engagement this year. If you have not done so this year, please consider paddling alongside these efforts, coming to future meetings, and contacting your legislators about issues that matter to our specialty and to Virginia's patients.

David S. ("Dave") Gregory, MD, FAAFP
 VAFP President

VIRGINIA MENTAL HEALTH ACCESS PROGRAM



The Virginia Mental Health Access Program (VMAP) is a statewide initiative that helps health care providers take better care of children and adolescents with mental health conditions through provider education and increasing access to child psychiatrists, psychologists, social workers, and care navigators.

OUR SERVICES ARE FREE!

For family physicians treating patients 0-21

THE VMAP LINE

1-888-371-VMAP (8627)

- Real-time consultations with regional child and adolescent psychiatrists & other licensed mental health professionals
- Care navigation services to help with resources and referrals

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- This innovative program increases clinicians' comfort with assessing, diagnosing, and treating pediatric mental health concerns.
- Participants can earn up to 28.25 AMA PRA Category 1 Credits

“

VMAP's REACH PPP training was an incredible experience that dug into pediatric mental health in ways that I haven't had an opportunity before in my training.”

Dr. Joe Fields-Johnson, Family Physician

”

Visit www.VMAP.org to learn more!



A SPECIAL THANK YOU TO THE PHYSICIANS THAT SERVED DURING THE 2023 VIRGINIA GENERAL ASSEMBLY AS FAMILY PHYSICIAN OF THE DAY

Every year during the Virginia General Assembly members of the VAFP volunteer to serve as Family Physician of the Day by providing medical care in the courtesy medical station located in the General Assembly Building.

Robin Anderson, MD

David Gregory, MD

Thomas Ball, MD

Alison Huffstetler, MD

Cynthia Bettinger, MD

Jesus Lizarzaburu, MD

Sarah Day, DO

Denee Moore, MD

Charles Frazier, MD

Lauren Rank, DO

Donate now to FamDocPAC, the Political Action Committee of Virginia's Family Physicians!!

FamDocPAC

The Political Action Committee of Virginia's Family Physicians

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FamDocPAC is the political action committee through which you can support the election or re-election of those candidates for state office who share your commitment to family medicine.



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\$100 to \$174



Jamestown Donor
\$50 to \$99

To donate please visit www.famdoepac.org. You will receive a commemorative lapel pin in recognition of your donation.

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1503 Santa Rosa Road, Suite 207, Richmond, Virginia 23229 Phone: 804-968-5200 Fax: 804-968-4418

MEMBERS VISIT LEGISLATORS DURING THE VAFP ADVOCACY DAY – JANUARY 19, 2023

VAFP members participated in the VAFP's Advocacy Day to voice support for primary care in the areas of scope of practice, immunizations, and increased reimbursement in the Virginia Medicaid program.

VAFP Legislative Committee Chair Jesus Lizarzaburu, MD testified during the House Health, Welfare, and Institutions Sub-Committee #3 in support of continuing the current statute, a 5-year requirement for supervision of a nurse practitioner before applying for independent practice. He noted the importance of health professionals working collaboratively as clinically integrated teams in the best interest of patients and VAFP's support of physician-led team-based care that addresses patients' needs for high quality, accessible health care that reflects the skills, training, and abilities of each of the health care team members to the full extent of their state-based licenses.

VAFP Member Hailey Sparacino, DO also testified during the same sub-committee in support of HB1573 which directs each health regulatory board within the Department of

Health Professions to amend its licensure, certification, and registration applications to remove any existing questions pertaining to mental health conditions and impairment.

VAFP members spoke with individual legislators about the Academy's continued support of the 2020 VAFP sponsored HB1090 (Delegate Patrick Hope) that requires children to be immunized in accordance with the Immunization Schedule developed and published by the Centers for Disease Control and Prevention (CDC), Advisory Committee on Immunization Practices (ACIP), the American Academy of Pediatrics (AAP), and the American Academy of Family Physicians (AAFP).

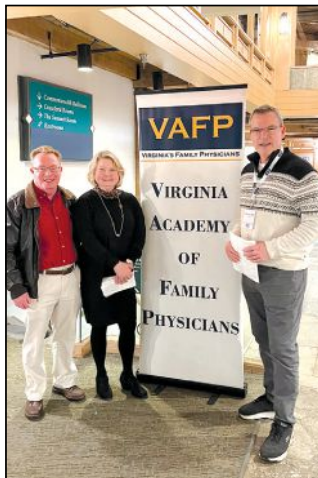
Members and staff in attendance were VAFP President Dave Gregory, MD, VAFP President-Elect Denee Moore, MD, VAFP Legislative Committee Chair Jesus Lizarzaburu, MD, VAFP Members Hailey Sparacino, DO and Kate DiPasquale-Seelig, MD, VAFP Resident Members Sarah Day, DO and Lauren Rank, DO, VAFP Student Members Beck Regan and Ashley Le-Pham, VAFP Staff Mary Lindsay White and Matt Schulte and VAFP Legislative Consultant Hunter Jamerson, JD.

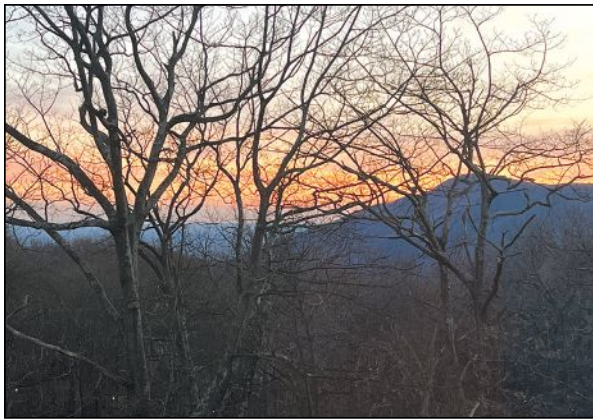
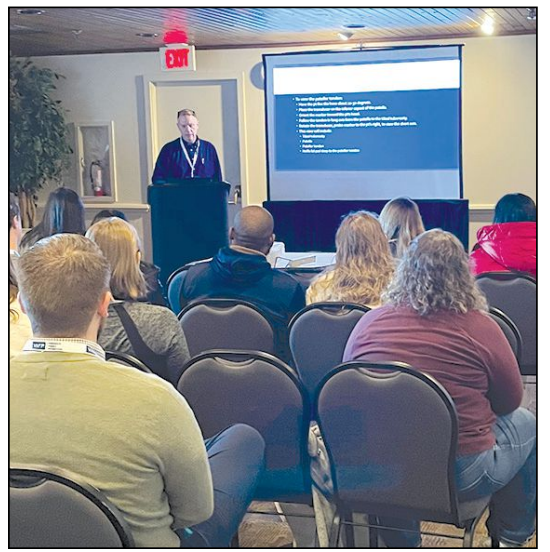


2023 WINTER FAMILY MEDICINE WEEKEND

The VAFP 2023 Winter Family Medicine Weekend was a huge success!
Meeting comments highlighted the outstanding conference at Wintergreen Resort!

- *Great setting. Look forward to this every year. Great that you can couple this with KSA activity.*
- *Great! Always love Wintergreen. Loved the addition of the osteopathic skills lab.*
- *Great experience will be back next year!*
- *Good food; good opportunities for activities; above all good camaraderie!*
- *Great conference!*
- *So great!!!! Really good speakers and topics, love Wintergreen.*
- *Very pleased with applicability for typical practice.*
- *Wonderful conference!*





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ATTENTION STUDENTS



MARK YOUR CALENDARS TO ATTEND CHOOSE VIRGINIA!!

Don't Miss Out on Virginia's Family Medicine Day!

Saturday, May 20, 2023

Delta Hotels Richmond Downtown

Richmond, Virginia

The VAFP invites you to join other medical students and discover what Virginia's exceptional family medicine residency programs have to offer. In addition to the Residency Fair, you will have the opportunity to participate in a series of comprehensive clinical and procedural hands-on workshops.

Email mlwhite@vafp.org if you are interested in a complimentary hotel room (out of town students only)!

Visit vafp.org for more information!



“CHOOSE VIRGINIA” SCHOLARSHIPS

“Choose Virginia” Scholarships for Graduating Medical Students and Family Medicine Residents

The Virginia Academy of Family Physicians (VAFP) Foundation is delighted to offer a medical student scholarship and a resident scholarship for assistance with education loan repayment. Many medical students and family medicine residents in Virginia have expressed an interest in staying in Virginia after their graduation to complete a family medicine residency or to practice in a medically underserved area. Over the past two years the VAFP Foundation has received donations to support this effort to keep our own.

This year the Foundation will offer one graduating Virginia medical student a \$1,500 scholarship. The successful candidate will meet the following criteria:

- Graduating Virginia medical student in good academic standing.
- Entering a Virginia family medicine residency program. A letter from the program director is required.
- Will have completed the PGY-1 year successfully and be entering into the PGY-2 year at that program. A letter from the program director is required in order to receive the scholarship check for loan repayment at that time.
- Must submit a 250-500 word letter explaining why he/she wants to practice family medicine in Virginia as a resident and as a family physician.

In addition, we are offering one \$2,000 scholarship for a graduating PGY-3 Virginia family medicine resident who wishes to practice in an underserved area of Virginia. The requirements for this scholarship are as follows:

- Graduating as a PGY-3 Virginia family medicine resident
- Have an up-to-date Virginia medical license.
- Practicing family medicine in an underserved medical area after graduation as designated by United States Human Resource Service Administration (HRSA) and/or Virginia Department of Health. A letter verifying this is required.

- Must submit a 250-500-word letter explaining why they he/she wants to practice in an underserved area of Virginia.
- Practicing at the underserved site for one year. Documentation is necessary to receive the scholarship check for loan repayment after one year of practice in an underserved area.

Application letters may be sent to Mrs. Mary Lindsay White at mlwhite@vafp.org or to Dr. Mark Watts at earlwatts@hotmail.com. The deadline for application letters is June 30, 2021.



AAFP NATIONAL CONFERENCE FAMILY MEDICINE RESIDENTS & MEDICAL STUDENTS WHERE YOUR FUTURE BEGINS

Your future can begin anytime. In fact, it'll probably feel like your first day at several points along your journey. Rather than look at that as overwhelming, we think it's exciting, downright full of possibilities. Let National Conference help you unlock your possibilities.

Three invigorating days where you'll have the opportunity to meet with hundreds of residency programs, network with your peers, listen to inspiring speakers, and engage in one-of-a-kind experiences!

Scan for more information and to register!



Graduating Family Medicine Residents

The Virginia Academy of Family Physicians is pleased to offer all graduating family medicine residents a **complimentary registration fee** (\$285 value) to attend the 2023 VAFP Annual Meeting & Exposition scheduled July 13-16, 2023 at Marriott Virginia Beach Oceanfront in Virginia Beach, Virginia.

Don't miss out on the complimentary registration fee! For additional information, please contact Cheryl Modesto at the VAFP Headquarters Office cmodesto@vafp.org.

FAMILY MEDICINE LEADS SCHOLARSHIPS FOR NATIONAL CONFERENCE AVAILABLE

The AAFP Foundation offers 220 scholarships to help students and residents attend National Conference. This financial assistance, valued at \$600 per award, helps offset expenses, such as registration, travel, lodging, and meals. The application deadline is May 1.

The AAFP is interested in recruiting a diverse group of scholarship applicants, including students and residents from

racial and ethnic groups underrepresented in medicine, as well as from rural communities, lower socioeconomic backgrounds, and those interested in caring for underserved populations.

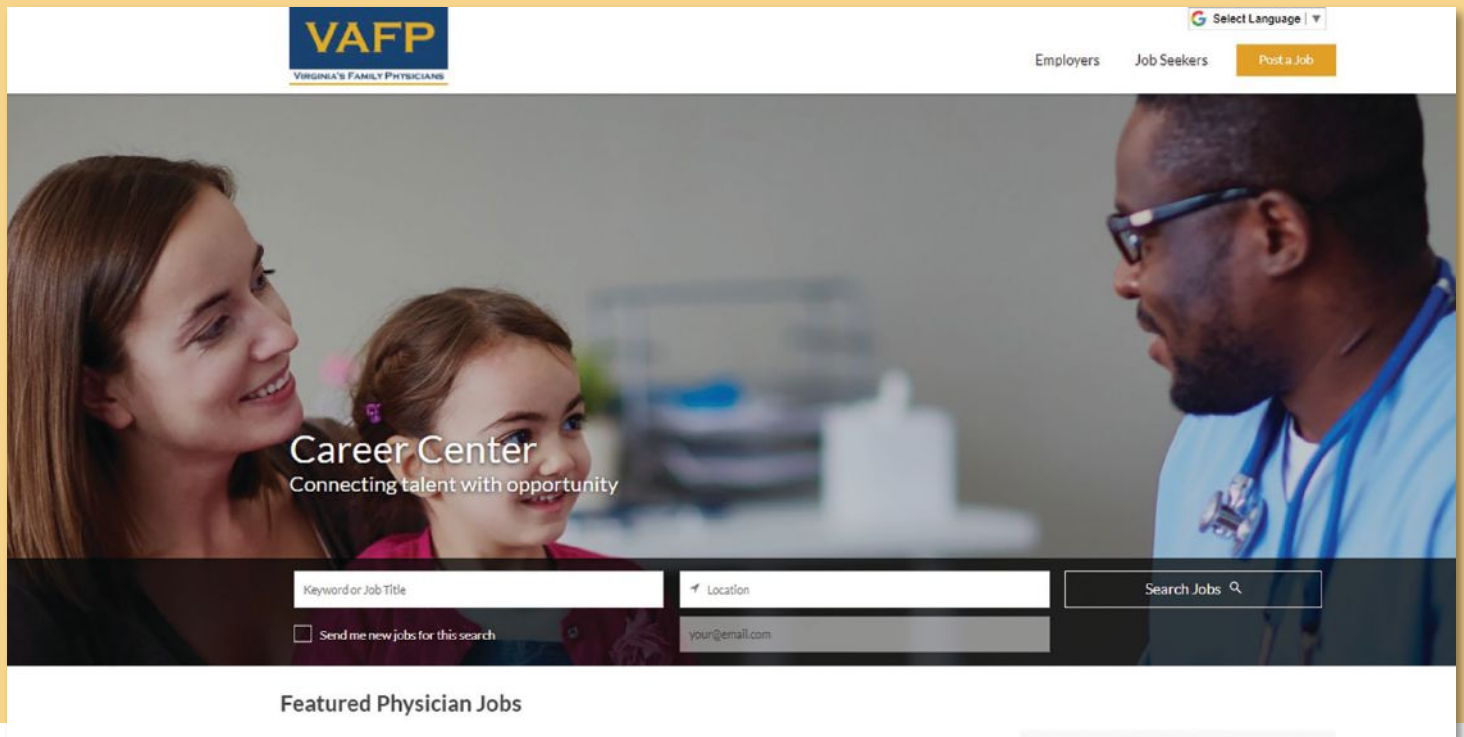
If you have specific questions about National Conference or Family Medicine Leads Scholarships, contact Ashley Herman by email (aherman@aafp.org) or at (800) 274-2237, ext. 6361.



CAREER CENTER CHOOSE VIRGINIA

The premier resource for you to explore employment opportunities in Virginia. Visit <http://careercenter.vafp.org> to access the VAFP Career Center.

If you have any questions, please do not hesitate to contact the VAFP at 804-968-5200 or email Matt Schulte at mschulte@vafp.org



The screenshot shows the VAFP Career Center website. At the top left is the VAFP logo with the tagline "VIRGINIA'S FAMILY PHYSICIANS". To the right are navigation links for "Employers", "Job Seekers", and a "Post a Job" button. Below the navigation is a large banner image featuring a woman, a young girl, and a male doctor. Overlaid on the banner is the text "Career Center" and "Connecting talent with opportunity". At the bottom of the banner is a search bar with fields for "Keyword or Job Title", "Location", and "your@email.com", along with a "Search Jobs" button and a checkbox for "Send me new jobs for this search".

ATTENTION – MEDICAID MANAGED CARE AND FEE-FOR-SERVICE PARTICIPATING PHYSICIANS

In accordance with the federal *21st Century Cures Act*, over the last several months, the Department of Medical Assistance Services (DMAS) and its managed care plans have been notifying providers to enroll as a provider directly with DMAS through the Department's Medicaid Provider Services Solution (PRSS) enrollment portal.

IMPORTANT DEADLINE FOR MANAGED CARE NETWORK PROVIDERS

Effective April 1, 2023, Virginia Medicaid MCOs will be prohibited from paying network providers until the provider is enrolled with the DMAS through the PRSS portal.
Two Action Items:

1. Enroll all National Provider Identifier (NPI) numbers in PRSS for all servicing, billing, ordering, referring, or prescribing providers.

- Providers should initiate their enrollment application in PRSS, via virginia.hppcloud.com now to avoid disruption to claims payments.
- Only one enrollment application per NPI/service location is necessary in PRSS, even if a provider participates with more than one MCO.
- Providers with multiple National Provider Identifier (NPI) numbers must enroll **all** of their NPIs in PRSS.
- Providers with multiple service locations must enroll all service locations.

2. Check your PRSS enrollment status

- MCO network providers who have already enrolled all of their NPIs and all of their service locations with Medicaid fee-for-service do not need to re-enroll in PRSS. Providers who are not certain if all NPIs and service locations are enrolled should verify their enrollment status in PRSS (see #2 below).
- DMAS has posted a spreadsheet that lists all active, PRSS enrolled Virginia Medicaid providers.
- Providers should check their enrollment status for all NPIs and service locations before enrolling in PRSS, including for servicing and billing providers and also for non-billing NPIs, including ordering, referring, and prescribing providers.
- The Virginia Medicaid provider spreadsheet is located at: <https://vamedicaid.dmas.virginia.gov/provider/mco#gsc.tab=0>
- Providers can download the spreadsheet to verify that all of their NPIs and service locations are enrolled.
- If any of the provider's NPIs or service locations are missing from the spreadsheet, the provider must enroll the missing NPIs or service locations using the PRSS portal (see #1 above to enroll).
- Providers can contact the Gainwell helpdesk with any questions they have about the content for their NPIs in the spreadsheet, or about the Virginia Medicaid provider enrollment process, at 1-888-829-5373, or by email: vamedicaidproviderenrollment@gainwelltechnologies.com.

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- High Complexity Lab
- X-ray, DEXA Scan, Ultrasound Services
- Care Coordination Team
- Diabetes Education

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Please visit our website for more information at www.cpcva.com
Contact Judy Tetlow, Director of Human Resources at jtetlow@cpcva.com



Richmond Times-Dispatch



THE VAFF WELCOMES NEW MEMBERS

ACTIVE

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 Jeffrey Ashby MD
 Julia D'Amora DO
 David DeWitte MD
 Jasmine Finch MD

Chris Harrington MD
 Chi-Feng Hsieh MD
 Julia Karlsson MD
 Richa Katyal MD
 Sylvia Le MD
 James McGlothlin DO

David McLean MD
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 Reena Rizvi MD
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STUDENT

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 Louiza Azzouz
 James Black III
 Theresa Blickenstaff
 Kimia Booth
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 Emily Clark
 Sarah Cole
 Luz Contreras
 Kaylah Duplain
 Brian Dykstra
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 Thuy Vuong
 YuChia Wang
 Camille Williams
 Tiffany Yip



INOVA PRIMARY CARE IN THE COMMUNITY

THE FRONT DOOR TO HEALTH & WELLNESS

Primary care is often considered the “front door” to Inova, supporting the community with wellness and high-quality healthcare services. In 2021-2022, Inova continued to build its primary care network to provide a patient-centered, high reliability, seamless system of care. With the integration of Fairfax Family Practice Centers (FFPC), services expanded to meet growing and diverse healthcare needs across Northern Virginia. Inova Primary Care now includes 400,000 covered lives, 40+ care sites, and 247 providers.

Improved integration of primary care within Inova’s healthcare system gives patients seamless access to specialists, easier access to hospital care when needed, and a single patient portal for their medical records. Care is safer, with improved communication and handoffs among primary care, specialists, and hospitals.

For more information on open opportunities, or about our health system, please visit <https://www.inova.org/> or email Ethan Shore at brent.shore@inova.org

Inova Primary Care 2022



40+
 care sites in
 Northern Virginia



800,000+
 visits



VMAP REACH PPP Training

Join the REACH Institute for its **Patient-Centered Mental Health in Pediatric Primary Care (PPP) Mini-Fellowship**. This innovative program increases clinicians' comfort with assessing, diagnosing, and treating pediatric mental health concerns. Participants can earn AMA PRA Category 1 Credits*™ by completing the mini-fellowship components:

- A dynamic three-day, 16-hour **interactive course** focused on building skills and confidence in diagnosing and treating pediatric behavioral health problems.
- A six-month, case-based **distance-learning program**. Participants join 12 bi-monthly, 1 hour group conference calls with national primary care and child/adolescent psychiatry experts to learn how to manage pediatric mental health issues encountered in daily practice.
- All participants will receive **custom-designed toolkits** with guides, assessment instruments, dosing and side effect charts, medication comparison tables, and handouts for patients and parents.

Course Goals



In order to effectively use medications for pediatric behavioral health problems, participants learn to:

- **Correctly identify and differentiate among pediatric behavioral health problems** such as childhood depression, ADHD, bipolar disorder, anxiety states (including PTSD), oppositional and conduct disorders, and psychosis.
- **Effectively manage psychopharmacology:** selecting medications, initiating and tapering dosages, monitoring improvements, and identifying and minimizing medication side effects.
- **Create and implement a treatment plan** by mobilizing existing resources like family members, school personnel, and other professional caregivers.




Dates

- March 17-19, 2023 (Virtual)
- May 12-14, 2023 (Richmond)
- August 25-27, 2023 (Virtual)

LEARN MORE & REGISTER www.vmap.org/reach



Virginia Chapter
INCORPORATED IN VIRGINIA
 American Academy of Pediatrics 
DEDICATED TO THE HEALTH OF ALL CHILDREN

**VCU Health Continuing Education designates this live activity for a maximum of 28.25 AMA PRA Category 1 Credits. Successful completion enables the participant to earn 28.25 MOC points in the American Board of pediatrics (ABP) Maintenance of Certification (MOC) Program.*

VAFP 2023 Annual Meeting July 13-16, 2023

Marriott Virginia Beach Oceanfront
Virginia Beach, Virginia



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Celebrate 75 Years!**

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The VAFP is returning to Virginia Beach!!
The Marriott Virginia Beach has so much to offer with oceanfront dining, swimming, and a location like no other hotel in Virginia Beach!

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Room Rates

Oceanview – \$299

Oceanfront – \$329

*Rates do not include local
and state taxes.*

*Conference information and
registration will be available
in early Spring.*





Preliminary Program “At A Glance”

(subject to change)

Thursday, July 13th

1:00 p.m. – 4:30 p.m. Behavioral Health KSA
 3:00 p.m. – 5:00 p.m. Early Bird CME
 6:00 p.m. – 7:00 p.m. Welcome Reception at the
 Historic Cavalier on the Hill (light hors d’oeuvres
 and beverages served)

Friday, July 14th

7:00 a.m. – 8:00 a.m. Breakfast in the Exhibit Hall
 8:00 a.m. – 12:00 noon General Session CME
 12:15 p.m. – 1:30 p.m. CME Lunch
 1:30 p.m. – 4:30 p.m. Care of Women KSA
 1:30 p.m. – 3:30 p.m. General Session CME and
 Workshops
 6:30 p.m. – 9:00 p.m. VAFP Installation and
 Awards Dinner (pre-registration and ticket
 purchase required)

Saturday, July 15th

7:00 a.m. – 8:00 a.m. Breakfast in the Exhibit Hall
 8:00 a.m. – 12:00 noon General Session CME
 12:15 p.m. – 1:30 p.m. CME Lunch
 1:30 p.m. – 4:30 p.m. Residency Program Directors
 Meeting
 1:30 p.m. – 3:30 p.m. General Session CME and
 Workshops
 6:30 p.m. – 9:00 p.m. VAFP 75th Anniversary
 Celebration (pre-registration and ticket purchase
 required)

Sunday, July 16th

7:30 a.m. – 11:30 a.m. CME Breakfast and General
 Session CME

AAFP FAMILY MEDICINE ADVOCACY RECAP

FAMILY PHYSICIANS WILL PLAY CRITICAL ROLE IN PHE UNWINDING

Why it matters:

President Biden announced that the public health emergency will end May 11. This will trigger the end of many emergency waivers and flexibilities that physicians, patients, and other stakeholders have become accustomed to. While the AAFP has been expecting and preparing for the end of the PHE, we're committed to working with federal policymakers and our members to ensure the smoothest possible transition.

What AAFP is working on:

The AAFP wrote to President Biden urging the administration to publish a comprehensive plan for unwinding the flexibilities and waiver authorities available under the PHE, and to use its authority to minimize disruption. This includes

- protecting equitable, affordable access to COVID-19 vaccines, treatments, and testing;
- ensuring that physician practices can purchase and stock COVID-19 vaccines once they transition to the commercial market;
- preventing Medicare telehealth coverage and payment disruptions;
- protecting patients' access to lifesaving opioid use disorder treatment via telehealth;
- removing administrative, cost, and other barriers for individuals with long COVID seeking the health care services and federal assistance they need; and
- permanently expanding Medicare resident supervision flexibilities.

AAFP SHARES WORKFORCE RECOMMENDATIONS WITH SENATE HELP COMMITTEE

Why it matters:

Primary care is the only health care component for which an increased

supply is associated with better population health and more equitable outcomes. Despite the significant role that primary care plays in our health system, primary care accounts for a mere 5% to 7% of total health care spending.

We have seen growth in the number of medical students choosing family medicine, but the increase will not be enough to meet the projected need. We will need up to 48,000 additional primary care physicians by 2034. The AAFP has long advocated for policies that target and invest in the primary care workforce to meet the diverse needs of our growing and aging population.

What AAFP is working on:

The AAFP submitted testimony for a Feb. 16 Senate HELP Committee hearing that examined health workforce shortages and solutions to mitigate this troubling trend. The AAFP's testimony outlined several recommendations to invest in the primary care workforce, including:

- strengthening and investing in federal graduate medical education programs;
- diversifying the physician workforce;
- addressing the burden of medical student debt;
- supporting physician-led, team-based care and the integration of behavioral health and primary care;
- enacting telehealth policies that extend the capacity of our health care workforce; and
- stopping anti-competitive contracting practices that harm clinicians and patients.

AAFP ENDORSES KIDS' ACCESS TO PRIMARY CARE ACT, ADVOCATES FOR MEDICAID PARITY

Why it matters:

The AAFP has endorsed the Kids' Access to Primary Care Act, which

would help raise Medicaid payment rates for primary care services to at least those of Medicare. We have long advocated for legislation that would fix inadequate Medicaid physician payment to ensure patients in need have equitable and timely access to needed health care services. Nationwide, Medicaid pays an average of 66% of the Medicare rate, with some states paying as little as 33%.

AAFP CHAMPIONS POLICIES TO ADDRESS SUD

Why it matters:

Family physicians and other primary care clinicians are on the front lines of the opioid and overdose epidemics. The AAFP has long urged Congress and the administration to remove barriers for physicians prescribing medication for opioid use disorder. Among the numerous AAFP advocacy wins in the Consolidated Appropriations Act of 2023 was the elimination of the X waiver — an administrative hurdle the Academy had steadily opposed — that was worsening barriers to substance use disorder treatment. Additionally, new data continue to illustrate that primary care physicians are playing an increasing role in addressing patients' mental health concerns.

What AAFP is working on:

The AAFP wrote to HHS in support of proposed regulations to streamline requirements governing substance use disorder treatment confidentiality in order to facilitate care coordination.

The AAFP submitted comments to the Substance Abuse and Mental Health Services Administration supporting proposals to permanently enable opioid treatment programs to provide substance use disorder treatment via telehealth in certain circumstances and urging the Drug Enforcement Administration to make similar changes for all physicians.

The AAFP remains committed to advancing key pieces of the

administration's Unity Agenda by ensuring that primary care physicians have the resources they need to not only provide mental health care to patients but also lead effective and coordinated care teams with other mental health professionals. This includes appropriate payment, upfront funding, accessible and timely health IT updates, and a sufficient behavioral health workforce.

AAFP SUBMITS COMMENTS ON MEDICARE ADVANTAGE PRIOR AUTHORIZATION RULE

Why it matters:

This proposed rule is an important first step in improving access to behavioral health services in Medicare Advantage and recognizing and reducing the administrative burdens and barriers to care imposed by prior authorization. If finalized, new prior authorization regulations would improve Medicare Advantage clinical coverage policies and reduce inappropriate care denials; however, additional reforms are needed to address the overwhelming volume of prior authorizations and ensure that patients have timely access to care.

What AAFP is working on:

The AAFP urged CMS to finalize proposals strengthening Medicare Advantage network adequacy requirements for behavioral health services, improving transparency of coverage criteria and medical necessity determinations, and protecting enrollees' equitable access to basic Medicare benefits.

The AAFP also recommended that CMS strengthen the proposed rule by expanding new clinical coverage requirements to prescription drug coverage and implementing guardrails to reduce the overall volume of prior authorization requirements in Medicare Advantage.

The AAFP has repeatedly called for streamlined prior authorization to alleviate physician burden and

address care delays. We will be providing comprehensive comments on a related proposal to automate prior authorization processes across payers by 2026.

AAFP'S ROBERT GRAHAM CENTER AUTHORS NEW PRIMARY CARE SCORECARD

Why it matters:

The AAFP's Robert Graham Center authored the first national primary care scorecard, co-funded by the Milbank Memorial Fund and the Physicians Foundation. The scorecard finds a chronic lack of adequate support for the implementation of high-quality primary care across the United States.

This scorecard was developed in response to the challenge issued in a National Academies of Science Engineering and Medicine 2021

report calling for an annual tracking tool to measure improvements in the implementation of high-quality primary care over time.

Informed by the NASEM recommendations and an advisory committee of key stakeholders, the scorecard measures key primary care indicators over the past decade and reveals the urgent need for policies to improve a primary care infrastructure in crisis.

Read the full findings here:



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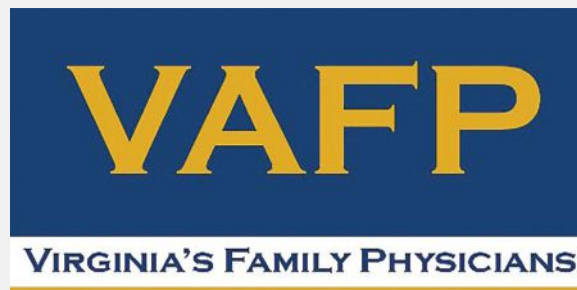
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GET INVOLVED WITH YOUR ACADEMY!

Interested in a VAFP Committee or Task Force,
Representing the VAFP at an AAFP Meeting,
Leadership Opportunities in the Commonwealth?
Complete this short interest form via the QR code
provided.

If you have questions or want to discuss
further, please contact Mary Lindsay White at
mlwhite@vafp.org.



CALL FOR SPEAKERS

The VAFP CME Committee is interested in identifying members of the VAFP that have an interest/expertise in an educational topic for presentation at a future VAFP CME Event. The Committee relies heavily on family physician faculty at our CME events as VAFP members appreciate their colleague's expertise and educational knowledge.

The Committee is always working to grow our pool of presenters and the lenses that we learn from to ensure we represent all of our family medicine colleagues



and the needs of the diverse patient populations in Virginia.

The QR code will take you to a very short survey (2-3 minutes) that will provide the opportunity to submit proposals for future CME topics. If you have more than one topic to submit, you may complete the survey more than once.

The VAFP will contact you if additional information is needed. Thank you in advance for your interest in presenting at a VAFP CME event.



Support a Medical Student to Attend the VAFP's Choose Virginia Symposium!!

The VAFP is hosting *CHOOSE VIRGINIA* on Saturday, May 20, 2023, in Richmond. Medical students from all six Virginia schools are invited to come to Richmond to learn about our wonderful Family Medicine Residency Program options as well as participate in hands-on procedural sessions facilitated by our residency program faculty and residents.

VAFP provides complimentary hotel accommodations to those medical students that live outside the Richmond area. Your support with a \$100 donation to support a student's attendance would be greatly appreciated!

Support our Future Family Physicians – Donate Now!



Note: When donating, please select the donation option "Choose Virginia Symposium"



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compiled and sent for additional summary review. Ongoing since 1996, their editors now review more than 1,200 studies monthly from more than 100 medical journals, presenting only the best and most relevant as POEMs. The acclaimed POEMs process applies specific criteria for validity and relevance to clinical practice. If you want to subscribe, please e-mail the VAFP at cmodesto@vafp.org so your e-mail address can be added to the distribution list.

Please enjoy this complimentary VAFP membership benefit.

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CME CALENDAR

2023

2023 Annual Meeting & Exposition
July 13-16, 2023
Marriott Virginia Beach Oceanfront

Behavioral Health Care KSA
Thursday, July 13, 2023
1:00 p.m. – 5 p.m.
*Virtual and in person in conjunction
with the VAFP Annual Meeting*

Care of Women KSA
Friday, July 14, 2023
1:30 p.m. – 4:30 p.m.
*Virtual and in person in conjunction with
the VAFP Annual Meeting*

Behavioral Health Care KSA
Saturday, November 11, 2023
8:30 a.m. - 12:30 p.m.
Virtual

Care of Women KSA
Saturday, November 11, 2023
1:00 p.m. - 5:00 p.m.
Virtual

*Please scan for more
information and to
register.*



FAMILY MEDICINE ADVOCACY SUMMIT

Your Voice can Impact Change!

Save the Date!

Monday, May 22 – Tuesday, May 23, 2023

Hyatt Regency Washington on Capitol Hill | Washington, DC

The Family Advocacy Summit is a unique opportunity for family physicians to directly lobby members of Congress and their staff on issues pertaining to primary care.

Questions?

Contact grassroots@aafp.org.



Register Now!



VIRGINIA ACADEMY OF FAMILY PHYSICIANS FOUNDATION SUPPORT FAMILY MEDICINE

For more information on the VAFP Foundation, please visit www.vafpf.org or call 1-800-THE-VAFP. Secure donations can be made online at www.vafpf.org or checks can be mailed to the VAFP office.



Family Medicine Physicians Needed in SC and NC Near Myrtle Beach, Florence, Southern Pines

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STUDENT LOAN REPAYMENT!



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2022 VAFP ACADEMY AWARD PRESENTATION

The 2022 Academy Awards were presented during the VAFP 2022 Annual Meeting in Roanoke, Virginia. Dr. Emily Mullet won the VAFP Teacher of the Year Award for 2022. Since Dr. Mullet was not able to be present at the annual meeting, her award was presented at the VAFP 2023 Winter Family Medicine Weekend.

2022 VAFP Teacher of the Year Award

James P. Charlton, MD Teacher of the Year in Family Medicine Award Presented to Emily K. Mullet, MD

In memory of James P. Charlton, MD, a VAFP Past President, each year the VAFP recognizes a physician for this award. Nominees may include teachers of family medicine who



VAFP 2022-2023 President David A. Gregory, MD, FFAFP pictured with Emily Mullet, MD.

participate in teaching at the medical school level, residency faculty level or community preceptorship level.

Dr. Mullet's award reads:

"In sincere recognition of your dedication and perseverance to ensure the Hayes E. Willis Clinic Family Medicine Clerkship is an exceptional learning opportunity and environment for students to acquire needed medical decision-making skills. Your devotion to clinical

teaching and showing students the benefits of team-based care and the patient-centered medical home model was not accomplished without steady and persistent efforts. The impact you have on students is instrumental in helping shape their Family Medicine experience. To be respected and commended by those who you teach and by those who are your associates exemplifies the nature of a truly outstanding teacher of family medicine."

Congratulations Dr. Mullet!



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To our heroes on the frontlines of healthcare for what you are doing each and every day.



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IN MEMORIAM

VAFP PAST PRESIDENT DR. GEORGE R. “BOB” SMITH JR. 1927-2023



Dr. George R. “Bob” Smith Jr., passed away on February 18, 2023, at the age of 96. Bob and his wife, Mildred, stopped in Shawsville, Virginia in 1954, when he was in his last year of residency at Medical College of Virginia, and asked if the town needed a doctor. The rest is history or perhaps divine intervention. After a stint in the U.S. Navy, Bob attended the University of North Carolina and Harvard Medical School. Although forever loyal to those organizations, he gave generously to Virginia Tech for the rest of his life. Go Hokies! Notwithstanding his “Harvard” skills, Bob was most proud of his “country doctor” credentials, founding the Alleghany Clinic in 1955, and welcoming Dr. C.W. Taylor, Jr., to the practice in 1957. He worked tirelessly throughout a 42-year career as a family physician, during which time he commonly made house calls, delivered babies, and conducted countless

free-of-charge physicals for local high school athletes. While he appreciated his peers’ praise, having been elected to lead several prominent organizations and awarded more accolades than his humbleness would allow

us to list, Bob was most proud of the many patients whose lives he personally touched throughout Shawsville and the surrounding counties. Dr. Smith served as the Virginia Academy of Family Physicians President from 1977-78.

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2023 VAFP ACADEMY AWARDS

The Virginia Academy of Family Physicians invites you to nominate a VAFP member for one of the Academy's Prestigious Service Awards. These awards were established to recognize members who have distinguished themselves either as an extraordinary teacher, volunteer or exemplary Virginia Family Physician.

JAMES P. CHARLTON, MD TEACHER OF THE YEAR AWARD

In memory of James P. Charlton, MD, a VAFP Past President, the VAFP awards annually the James P. Charlton, MD Award for excellence in teaching in family medicine. Nominees may include teachers of family medicine who participate in teaching at the medical school level, residency faculty level or community preceptorship level. Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium.

F. ELLIOTT OGLESBY, M.D. VOLUNTEER OF THE YEAR AWARD

"The voluntary gift of one's time on behalf of our profession is one of the greatest gifts one can make."

In honor of former VAFP President F. Elliott Oglesby, MD, the Virginia Academy of Family Physicians' Board of Directors has established the "F. Elliott Oglesby, MD Volunteer of the Year Award." The award is designed to recognize annually a Virginia Family Physicians whose service to his or her profession and/or community exemplifies the true nature of volunteerism. Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium. In addition, the award recipient will be provided a \$1,000 grant to donate in his or her name to the organization of their choice.

VIRGINIA FAMILY PHYSICIAN OF THE YEAR AWARD

Nominees should:

- Provide his/her community with compassionate, comprehensive and caring medical service on a continuing basis.
- Be directly and effectively involved in community affairs and activities that enhance the quality of life of his/her home area.
- Provide a credible role model as a healer and human being to his/her community, and as a professional in the science and art of medicine to colleagues, other health professionals and especially, to young physicians in training and to medical students.
- Be in good standing in his/her medical community.
- Be a member of the VAFP.

Award recipients will receive a commemorative certificate during the 2023 VAFP Annual Meeting, land travel expenses, one night's lodging and a \$100 honorarium.

Please submit your nomination(s) no later than June 1, 2023

Please visit www.vafp.org/awards or call 1-800-THE-VAFP for more information.



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